



# BERRY XTREME

PREMIUM BERRIES FORMULA

## SUPER BERRIES FOR A HEALTHY HEART

Berry Xtreme is a potent blend of superfruits that work together to improve your heart health. The easy-to-use, purple hue powder contains five carefully selected fruits, along with Grape Seed extract, that support your cardiovascular health – Maqui berry, Acerola, Blueberry, Raspberry and Cranberry. These ingredients have the highest antioxidant capacities (highest ORAC scores). The result is a delicious, organic and healthy supplement that contains no artificial flavours, colours, preservatives or added sugar.

Berry Xtreme is an explosion of energising antioxidant goodness!

## THE INGREDIENTS OF BERRY XTREME



### Maqui Berry

They contain super high levels of anthocyanins called delphinidins, which are known for their potent anti-inflammatory activity. It helps prevent the oxidation of cholesterol in the blood, which helps to deter cardiovascular diseases including stroke and cardiac arrest.



### Acerola

It's an Amazonian berry that's a significant source of Vitamin C in the natural form of ascorbic acid, containing as much as 1,000 to 4,500 milligrammes per 100 grammes of edible fruits. Vitamin C is an essential dietary nutrient, playing a strong role in immune system health.



### Blueberry

This cute little North American fruit packs a powerful nutritional punch and provides a good source of Vitamin K. Valued for its high levels of antioxidants to neutralise free radicals, the berry is also loaded with fibre.



### Raspberry

Known as nature's candy, they have been gathered for consumption for thousands of years. With its rich colour, sweet juicy taste, raspberries also contain anthocyanins, which help reduce the risk factors associated with cardiovascular diseases.



### Cranberry

People are raving about this all-star food that has a powerful cocktail of protective phytonutrients to fight infections and bacteria.



### Grape Seed Extract

A powerful cardio protective compound, it can help strengthen your arteries and capillaries, and offer anti-inflammatory protection for your arteries and heart.

Eat  
*Absolutely*

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