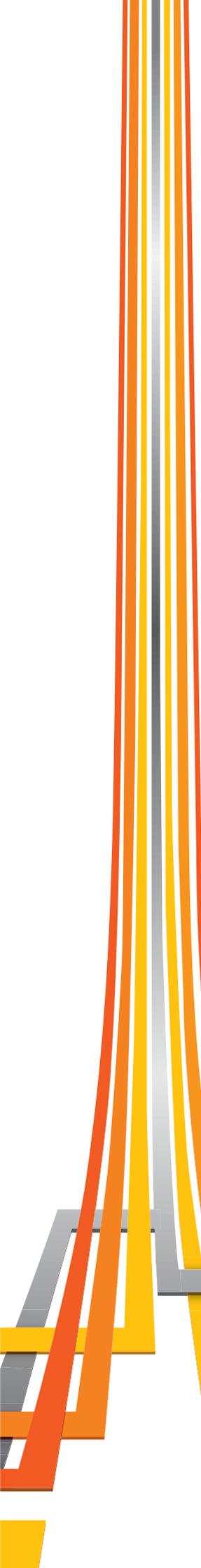


# QNET

PRODUCT PORTFOLIO







# SHOP & EARN

## THE PRODUCTS OF YOUR CHOICE

### **RETAIL. RETAIN. REPEAT. REFER. REWARD.**

Share the borderless benefits of the QNET independent business with others in your neighbourhood, your country, or anywhere around the world... and be rewarded for doing so.

### **THE BEST PRODUCTS IN THE RIGHT BUSINESS**

Your eStore is your supermarket of everyday items; your survival kit of nutritional supplements and wellness products; your high-end department store of exquisite luxury watches and jewellery; your travel agent of worldwide vacations; your telco shop of amazing communication solutions at the most competitive prices around!

As a QNET Independent Representative, your income is based on your sales of these incredible products as well as the sales of those in the organisation you help to create.



**UNLIMITED OPPORTUNITY**  
WORLDWIDE SUPPORT AND SERVICES  
BEST PRODUCTS  
YEAR-ROUND REWARDS  
PERSONAL ONLINE BUSINESS CENTRE  
TRAVEL INCENTIVES  
UNIVERSAL COMMUNITY  
YOUR PERSONAL WEBSITE  
**REPEAT SALES**  
**@QNET**  
RETAIL PROFIT





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# THE BEST PRODUCTS IN THE RIGHT BUSINESS

## PRODUCTS THAT MAKE A DIFFERENCE

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These are truly exciting times for our QNET family. As a leading innovator in the eCommerce and direct selling industry, QNET strives to stay on top of technological developments and to support you in your drive for success. Like you, we are never satisfied with the status quo, and this credo has led us to become one of the world's fastest-growing online shopping and business community with a stellar combination of exclusive products and an attractive compensation plan.

We constantly expand our product lines to cater to what our global customers want and need. Each addition allows us to get closer to you, as we become more integrated into your life and the way you live. We are extremely proud of the fact that QNET products are not only in high demand by millions of customers all over the world, but they are also consistently purchased and personally consumed by our Independent Representatives. This, more than anything, speaks to the quality and high regard that QNET products hold around the world.

QNET is a universal community with unlimited opportunity, and as your partner we are proud to present you with a dynamic offering: an exclusive lifestyle combined with consumable products that will help your business flourish and represent new channels for you to involve your organisation, as well as to enhance your own lifestyle. Our product portfolio represents a platform for performance, so you can achieve personal and business success while transforming lives.

QNET is here to support your every step to success, and our new enhanced product catalogue is one of the many tools that will help you do so!

*JR Mayer*

JR Mayer  
Managing Director

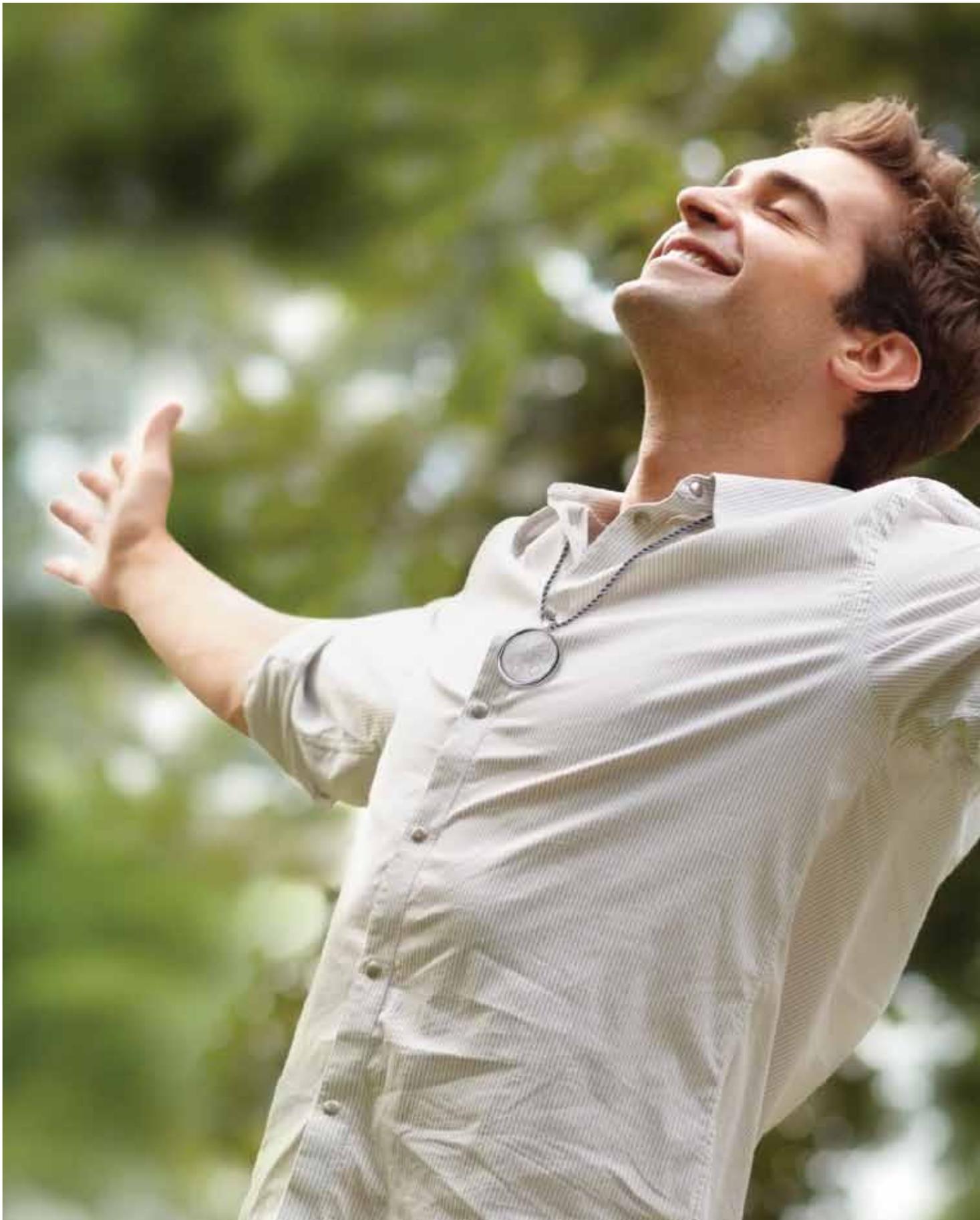


## QNET IS ALL ABOUT CHOICE.

Here at QNET, we believe that every person deserves to have an opportunity to improve the quality of their life. With this mindset, we strive to provide you with the best products in the right business. QNET is all about choice.

We develop life enhancing products and services of the highest quality, exceeding far and beyond the market standard, ensuring that we deliver only the very best to our customers. Boost your wellness by treating your mind and body to our popular range of **Energy, Health & Nutrition** and **Home Care** products; pamper and give yourself the best you deserve with our **Personal Care** products; keep your body in shape with our easy-to-use **Weight Management** products and programmes; indulge even more in the vast range of QNET's life-enhancing products by spending vital relaxation time on **Holidays** at exotic destinations whilst expressing your unique flair for style with our **Fashion Accessories** and **Watches & Jewellery** products; parch your thirst for knowledge by enrolling into our prestigious online **Education** courses and open up your global reach to the world with our revolutionary **Communications** solutions.

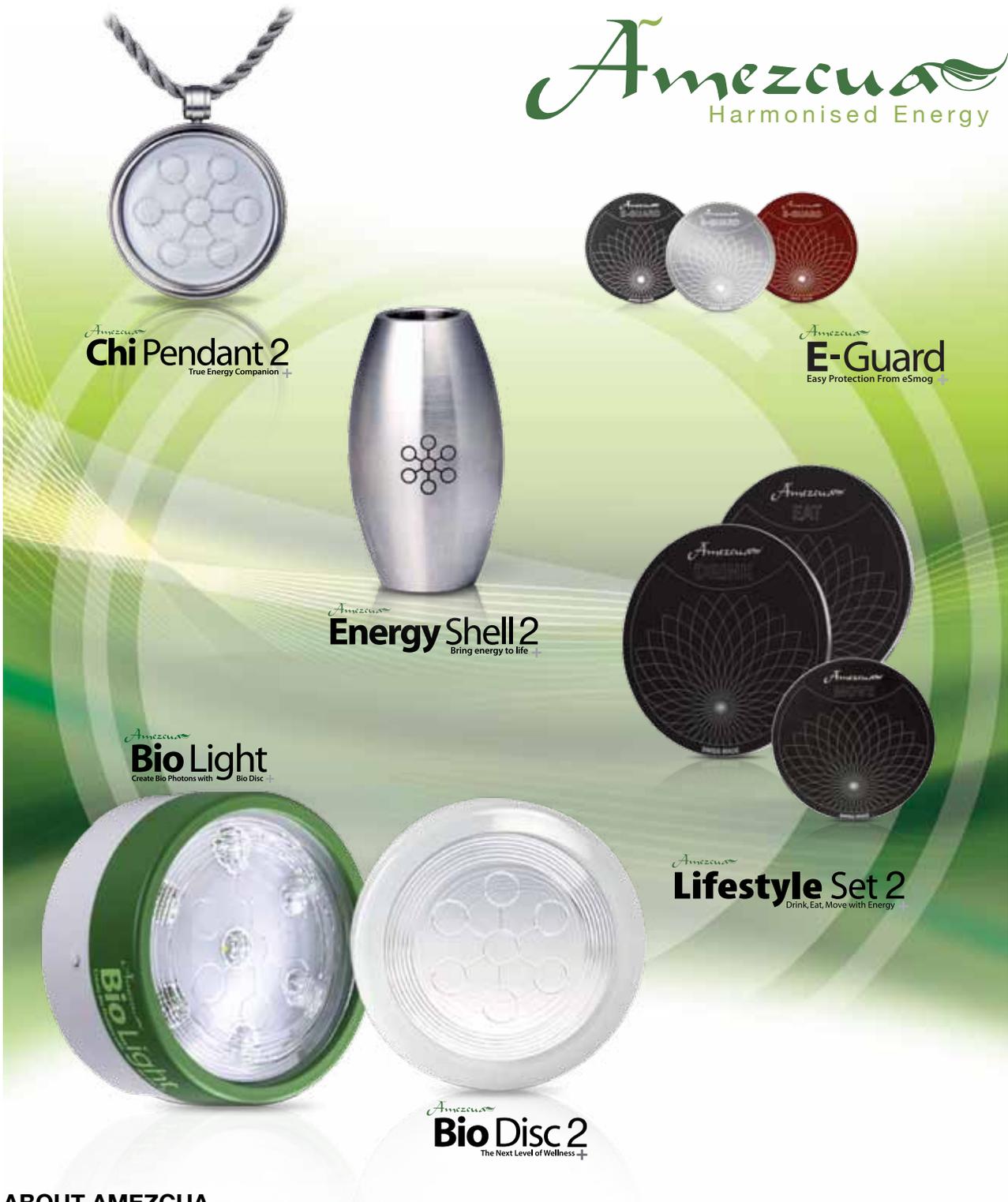
With products that cater to everyone's taste, you are spoilt for choice. Here at QNET, we firmly stand by our goal of helping you to raise yourself to achieve your dreams.





# ENERGY

Innovative and revolutionary products exclusively created to help you achieve and maintain a harmonised and balanced state of mind and body.



# Amezcua

Harmonised Energy

Amezcua  
**Chi Pendant 2**  
True Energy Companion

Amezcua  
**E-Guard**  
Easy Protection From eSmog

Amezcua  
**Energy Shell 2**  
Bring energy to life

Amezcua  
**Bio Light**  
Create Bio Photons with Bio Disc

Amezcua  
**Lifestyle Set 2**  
Drink, Eat, Move with Energy

Amezcua  
**Bio Disc 2**  
The Next Level of Wellness

## ABOUT AMEZCUA

Amezcua is QNET's unique Harmonised Energy product line, designed to increase your harmony and energy levels every day. With ongoing research and development, Amezcua continues to provide quality wellness products promoting a balanced lifestyle and an improved mind, body and soul.

Amezcua offers internationally sought-after and revolutionary wellness products, such as the latest all-new design and efficiency improved Amezcua Bio Disc 2, the portable energy enhancer Amezcua Lifestyle Set, and the everyday e-smog protector Amezcua Chi Pendant 2 and Amezcua E-Guard. With a focus on boosting the natural properties of water as well as the human body's energy systems, Amezcua products are vital companions to those who seek a holistic and healthy lifestyle.



# Amezcua Bio Disc 2

The Next Level of Wellness +

- Amezcua Bio Disc 2
- Amezcua Bio Disc 2 Family Pack

When the Amezcua Bio Disc was introduced to the world in 2006, it heralded a revolution in the way we were able to redefine and harmonise the energy of water, greatly maximising its positive effect on the human body. Over the years that followed, numerous independent scientific tests verified the Bio Disc's ability to positively harmonise energy, while millions of satisfied customers from all over the world shared their own anecdotal evidence of the benefits of this innovative energy enhancer.

Today, representing the next level of wellness and the evolution of the world-renowned Bio Disc, the Amezcua Bio Disc 2 is set to again redefine the way in which we can harness and harmonise the energy of our drinking water.

Better, stronger, easier and more effective, the Amezcua Bio Disc 2 is a new era in harmonised energy.

## BETTER

### Seven wave-form rings

The Amezcua Bio Disc 2 has a greatly enhanced energy field, attributed to the seven wave-form rings on the disc's surface. The seven ribbed rings speed up the biomolecular structure process of liquids poured over the disc, improving the biocompatibility of water molecules with your body more than ever before. The liquids are energised faster and more efficiently via the wave-form produced by the rings.

## STRONGER

### Heat and impact resistance

The Amezcua Bio Disc 2 has a higher resistance to heat and impact, which allows it to retain good physical strength properties even after prolonged exposure to unfavourable environmental conditions. The durability and usability have been greatly enhanced from that of its predecessor.

**Bio Disc shield**

Each Amezcua Bio Disc 2 comes with a high-quality silicone rubber shield to protect it in everyday use. Combined with the disc’s enhanced durability and impact resistance, this Amezcua accessory reduces the risk of potential breakages or damage without affecting the energy properties of the disc.

**EASIER**

**Flat-base design**

A new fusion moulding process creates a user-friendly, flat-base design in the Amezcua Bio Disc 2, making it a reliable and stable base for your beverage containers. Such an improvement to the disc’s functional design means that your drinks – whether in a container, glass, cup, bottle or even a jar – are able to stand on the disc more steadily than before.

**The next level of wellness**

The Amezcua Bio Disc 2 has been designed to further improve, balance and harmonise the energy of the human body through natural concepts created from a high-technological process.

**HOW IS THIS POSSIBLE?**

The Amezcua Bio Disc 2 is made of technically engineered natural minerals that have been structurally bonded in glass at a molecular level using high-heat fusion methods. Through this combination of minerals and fusion techniques, a positive energy field is created, which allows the Amezcua Bio Disc 2 to transfer its energy field to water and the human body, as has been certified through various testing and evaluation processes. Similar to the original Bio Disc but stronger in energy field, it is this transfer of energy that brings out the best in your water.



Tests conducted at the Holistic Competence Center by Dr med. Manfred Doepp have shown that the Amezcua Bio Disc 2 is even more effective than the original Amezcua Bio Disc.

**HYDRATIOUS SIPS**

It is common sense that drinking water is vital, however, there is a way to enhance and improve the biocompatibility of water molecules. Enhancing water’s biocompatibility means that you get more out of every sip while quenching your thirst. There is also a way for your drinking water to increase your energy and harmony levels at the same time. How? By drinking water that has been energised and enhanced by the Amezcua Bio Disc 2.

Therefore, Amezcua Bio Disc 2 is able to make your water more hydratious, harmonise your energy levels, and generally increase the advantages of drinking H<sub>2</sub>O. The process is simple and can seamlessly be incorporated into your usual routine; just place your drink on the disc, or place the disc on top of your drink, and then consume your water as normal. Think of it as either a drink coaster, or a ‘lid’ for your water. Either way, it is working to energise and revitalise your water, and consequently, your body.

Various renowned institutions throughout the world have evaluated the properties and abilities of the Amezcua Bio Discs.\*\* Among the evaluations and certifications is the verdict that the Amezcua Bio Discs can reduce water surface tension value. This, in turn, makes water more hydratious and therefore improves the biocompatibility of water molecules with the body’s cells. Basically, this means your body can absorb more of what it needs from your drinking water. Water treated with Amezcua Bio Discs also produces beautiful and perfectly shaped water crystals, an indication of water with high energy levels and good quality. The beautiful and good water crystals pass through body cell walls easier, enabling the body to deliver and absorb nutrients and minerals into its cells quickly. Further tests have indicated that the disc has a ‘profound positive effect on a person’s energy level’.

\* Tests conducted on some properties of the original Amezcua Bio Disc also apply to the efficacy of the Amezcua Bio Disc 2, as the two products share the same tested manufacturing qualities.

+ Tests conducted on the Amezcua Bio Disc 2 have shown a higher efficacy and effectiveness than results of the same tests conducted on the original Amezcua Bio Disc.



## BEYOND BEVERAGES

The Amezcua Bio Disc 2 energises more than your water. Wash your fruit and vegetables with water treated by the disc and they'll not only stay fresher for longer, but their taste will be truly enhanced. Your plants can benefit in their nutrient uptake from the soil through being energised with water treated by the Amezcua Bio Disc 2. Similarly, beauty creams and cosmetics can be energised to improve their absorption rate.



Double-blind, placebo-controlled tests have measured the efficacy of the Amezcua Bio Discs in balancing energy centres, revealing that it is a very effective method of energising and balancing the human biofield, decreasing energy imbalances, and redistributing pooled energy. What's more, various test results also reveal that the

Amezcua Bio Discs can efficiently increase the energy and harmony levels in those who use the disc or drink water treated with it.

## CARE INSTRUCTIONS

- Handle the Amezcua Bio Disc 2 with care.
- Do not expose the Amezcua Bio Disc 2 to extreme temperatures, both hot and cold.
- Do not place the Amezcua Bio Disc 2 in the freezer compartment of your refrigerator.

## KEY BENEFITS

- Feel refreshed and rejuvenated.
- Drink water treated with the Amezcua Bio Disc 2 to increase your harmony and energy levels.
- Facilitate transfer of nutrients and enhance the biocompatibility of water to get more out of your water.
- Decrease energy imbalances and redistribute pooled energy in your body.

## SPECIFICATIONS

Disc

- **Description:** Round Clear Glass
- **Diameter:** 90 mm
- **Thickness:** 10 mm

Shield

- **Description:** Silicone Rubber
- **Diameter:** 96 mm
- **Thickness:** 19.13 mm

## SUGGESTED APPLICATIONS



- Run water over the Amezcua Bio Disc 2 to instantly enhance your water.



- For an improved absorption rate, place your containers of cream and cosmetics on top of the Amezcua Bio Disc 2.



- Water your plants with water treated with the Amezcua Bio Disc 2 to energise and assist them in their water and nutrient uptake.



- Put the Amezcua Bio Disc 2 in your refrigerator to boost the quality and taste of your food and water.



- Place your drink on top of the Amezcua Bio Disc 2 to energise your drinking water.



- Carry the Amezcua Bio Disc 2 with you to improve your harmony and energy levels.



- Wash your fruit and vegetables with water treated with the Amezcua Bio Disc 2 to energise and keep them fresh longer.



- Shine a 120-Lumen LED light through the Amezcua Bio Disc 2 onto your food or beverages to enhance their taste.

Amezcuas  
**Bio Light**  
 Create Bio Photons with Bio Disc +



- Amezcuas Bio Light

It is well known that plants use energy from sunlight to make food in the process of photosynthesis, but plants are not the only living things that have a complex relationship with, and need for, light. If a human being is deprived of light, growth and biological function is rendered impossible.

As the smallest physical units of light, biophotons are stored in, and used by, all biological organisms – including your body. The research on the purpose of these biophotons is proving more and more important in modern science, and they may very well be in control of virtually every biochemical reaction that occurs in your body – including supporting your body’s ability to function.

Photons – the concept of basic units of light developed by Albert Einstein – and their interaction within and on biological systems is a long established field of scientific study. Amezcuas Bio Light is specifically designed to take advantage of the concept of biophotons. Shining the Amezcuas Bio Light through the Amezcuas Bio Disc 2 helps generate the biophotons to improve the performance of enhancing your energy levels and improving the taste of your foods and beverages.

**KEY BENEFITS**

- Help the Amezcuas Bio Disc 2 generate the biophotons to enhance your energy levels and improve the taste of your foods and beverages.
- Do not interfere with the behaviour of the Amezcuas Bio Disc 2.

**SPECIFICATIONS**

- **Torch:** 7 high-powered white LEDs
- **Description:** ABS, ROHS compliant
- **Diameter:** 97 mm
- **Thickness:** 50 mm

**SUGGESTED APPLICATIONS**

- Place Amezcuas Bio Disc 2 inside the Amezcuas Bio Light compartment.





# Amezcua Chi Pendant 2

True Energy Companion +

**NEW &  
IMPROVED**

- Amezcua Chi Pendant 2
- Amezcua Chi Pendant 2 Family Pack

In a world of pollution and the hustle and bustle of the city, we can hardly refuse the electronic gadgets, vehicles and technological advancements that help us to 'get everything done quicker'. However, we can see when the hidden pollution emitted from those devices affect our body's function until our energy is drained to the point that we can eventually become ill. These are the realities of the life we live and world we live in.

The Amezcua Chi Pendant 2 is an advanced, mineral-based pendant made from thermal-shock resistant glass that has a smooth positive energy field. To combat depleted energy levels, the Amezcua Chi Pendant 2 is a way to provide continuous protection from the effects of a busy and stressful world, to recharge your batteries, and importantly, to allow you to get on with life with added bounce in your step.

Via the seven energy circles, the Amezcua Chi Pendant 2 has a greater enhanced energy field and your harmony and energy levels are improved faster and more efficiently. The Amezcua Chi Pendant 2 also protects you from the electromagnetic fields in your environment. Tests have shown that the Amezcua Chi Pendant 2 is able to neutralise the invisible negative effects of electromagnetic field (electrosmog or e-smog), which is the result of electromagnetic fields created by electronic equipment such as mobile phones, computers, microwave ovens, lighting, air conditioners, etc.

## KEY BENEFITS

- Feel refreshed and rejuvenated.
- Improve your harmony and energy levels.
- Protect yourself from e-smog.

## SPECIFICATIONS

- **Description:** High-temperature Nano-engineered Glass
- **Bezel:** High-grade Stainless Steel
- **Diameter:** 41.5 mm
- **Thickness:** 5 mm

### Note:

Each Amezcua Chi Pendant 2 is unique; a quality that contributes to its attractiveness and personalisation. The intricate and complex manufacturing process of the Amezcua Chi Pendant 2 may result in variations appearing within each piece, which in no way diminish the pendant's wellness properties.

## SUGGESTED APPLICATIONS

- Place the Amezcua Chi Pendant 2 on a cord and wear around your neck. Then, adjust the cord length so that the pendant hangs at the position of your sternum.

### Note:

The usage of the Amezcua Chi Pendant 2 is not recommended for children under nine years of age, pregnant women, and women in their menstrual cycle. Should you experience any discomfort, immediately refrain from using the Amezcua Chi Pendant 2.

# Amezcua Chakra

Your Energy Aligned +



- Amezcua Chakra
- Amezcua Chakra Family Pack

## BODY, MIND AND ENERGY

Modern medicine's approach to health is almost exclusively focussed on the physical body. But those looking to really be – and stay! – healthy know that taking good care of the physical body is not enough. To maintain, or even improve, our overall health and well-being, we must also consider the mind and energy systems. And while people are increasingly aware that a healthy mind is essential to a healthy life, the importance of our internal energy system has been relegated in some cultures.

The energy system flows in pathways or meridians, as blood flows in veins and thoughts in synapses. It travels across our body, sending what is called *prana* or vital-energy force to all parts of our body.

Throughout these energy meridians, there are certain points (like organs in the physical body) that control the flow of energy and the energy levels in specific areas of our body. They're called *chakras*, a Sanskrit word that can be translated as vortex or wheels.

## THE CHAKRAS AND YOUR BODY

Chakra is a system of seven energy centres located along the spine, from the perineum to the crown of your head. These seven energy points are your body's energy ecosystem, associated with multiple physiological functions. Every chakra is visualised through a flower with a different number of petals and a different colour, and is often associated with a sound, also known as *mantra*.

### Your energy, aligned

Amezcua Chakra's unique 7-ring-design forms 12 petals of a lotus, detaining all the goodness of this mystical flower. The rings align the 7 chakras in your body, helping you think clearly, communicate better, stay focussed and live life to the fullest. The triangle in the centre of the disc, also called the *Golden Triangle*, represents the Heart Chakra and helps the body recuperate, enhancing your vitality and energy.

## HEALING YOUR CHAKRAS

Keeping the chakras aligned, unblocked and ultimately 'healthy' is essential in order to keep our spiritual, mental, emotional and physical balance. When our energy is leaking, weak, frozen or blocked, our whole being is affected: we feel physically worn-out, heavy, stuck and it is more difficult to manage emotions, think clearly and find solutions.

But how can we keep our chakras healthy without spending all our savings on expensive energy gurus? Can we achieve a healthy energy system even when we can't dedicate ourselves to yoga and meditation as often as we would need it?

### Introducing Amezcua Chakra, your healing disc

Made of specially engineered glass, Amezcua Chakra is a natural energy-generating device that revitalises your body's energy system, improving your health and well-being – all this thanks to nanotechnology, which involves the manipulation of structures at a molecular level. To make the Amezcua Chakra, 13 minerals are fused and structurally bonded together at the molecular level. This bonding produces a long-lasting natural resonance that is at the same frequency as your body's electrical currents and can be transferred to your body's energy flow.

## THE SEVEN CHAKRAS

	Chakra Name	Position	Element	Objective
	<b>Sahasrara or The Crown Chakra</b>	Top of the head	Thought	Universal identity, oriented to self-knowledge, spirituality, everything that relates to consciousness as pure awareness.
	<b>Ajna or The Third Eye Chakra</b>	Between the eyebrows	Light	Archetypal identity, oriented to self-reflection. It allows us to see clearly, both physically and intuitively.
	<b>Vishuddha or The Throat Chakra</b>	Hollow of the throat	Sound	Creative identity, oriented to self-expression, communication.
	<b>Anahata or The Heart Chakra</b>	Centre of the chest	Air	Social identity, oriented to self-acceptance. It allows us to have a deep sense of peace and harmony with a healthy mind and body.
	<b>Manipura or The Solar Plexus Chakra</b>	Above the naval (Solar Plexus)	Fire	Ego identity, oriented to self-definition and power. It brings us energy, effectiveness, spontaneity, and non-dominating power.
	<b>Svadhisthana or The Sacral Chakra</b>	Below the bellybutton	Water	Emotional identity, oriented to self-gratification. It brings us fluidity, grace and the ability to accept change.
	<b>Muladhara or The Root Chakra</b>	Base of the spine	Earth	Physical identity, oriented to self-preservation. This chakra forms our foundation and brings us health, prosperity, security, and dynamic presence.

## KEY BENEFITS

- Keep your chakras balanced and your energy field charged
- Feel refreshed and rejuvenated
- Improve the energy flow in your body
- Cleanse your body, your mind or your home
- Support your spiritual well-being and growth

## SPECIFICATIONS

**Description:** Round Clear Glass

**Diameter:** 69 mm

**Thickness:** 5 mm

## SUGGESTED APPLICATIONS

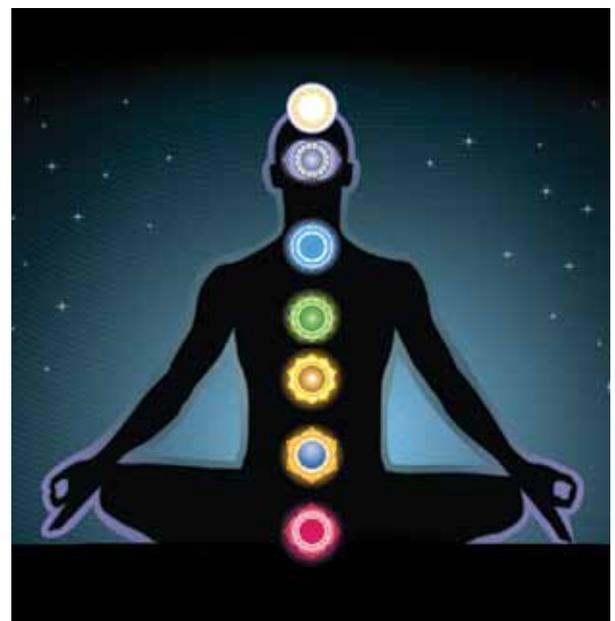
During meditation, hold the Amezcua Chakra in front of each of the body's chakras in order to cleanse them and absorb the chakra's positive energy. This can help you to learn how to keep your life balanced, turning your energy inward to promote vitality in mind and body. Or, by keeping the Amezcua Chakra close to your body, in your pocket for instance, you will keep it focussed on your energies and allow you to think more clearly.

Use the Amezcua Chakra to cleanse a space: use it in your home or office to cleanse the negative energies that can build up in those spaces. Place the Amezcua Chakra in a window or in a place where it will be seen by everyone who walks into the room. That will cleanse the area, teaching you the power of positive energy.

The Amezcua Chakra can also be used to energise your drinking water. Because it is made from augmented minerals that produce a special frequency, the molecular structure of any liquid is reformed to its peak condition, enhancing its biocompatibility, hydration and detox properties.

## CARE INSTRUCTIONS

- Handle with care.
- Do not expose to extreme temperatures.
- Do not place in the refrigerator's freezer compartment.



Amezcua

# E-Guard

Easy Protection From eSmog +



ALSO  
AVAILABLE IN  
SILVER AND  
MAROON



- Amezcua E-Guard
- Amezcua E-Guard Duo Pack

The Amezcua E-Guard is a unique wellness solution that provides protection for your body from the harmful effects of electrosmog exposure from mobile phones, computers, laptops, and televisions. Take them wherever you go by discreetly attaching them to your electronic devices. The Amezcua E-Guard will not only help those affected by electro-sensitivities, but also act as a preventative measure for your future protection.

Radiation consists of travelling energy in the form of waves or particles. It occurs naturally all around us and can be harmless in small doses, although through different types of radiation such as e-smog (electromagnetic radiation), the body can experience adverse effects. Amezcua E-Guard is a proven, functional and effective product that helps absorb problematic radiation frequencies, transforming them into frequencies that are more compatible and safer to your body. Additionally, the Amezcua E-Guard has an energetic value that subtly transmits positive information into your body, further supporting your well-being.

## LIVING IN A HARMFUL FREQUENCY JUNGLE

Today, most of us can hardly imagine a normal day without a mobile phone, a computer or television. According to a study released by the Council for Research Excellence, the average adult usually spends at least 8.5 hours a day in front of screens, including computers and televisions, which both produce a number of static electric fields and alternating electric and magnetic fields at various frequencies. In many countries, over half the population use mobile phones and the market is growing rapidly. CCS Insight, a major market research and analysis body focussing on mobile and wireless sectors, reports that more than 10 billion mobile phones have been sold globally since 1994, including five billion mobile subscriptions since the start of 2011. The unavoidable transmission masts and towers can already be found everywhere and the concern whether mobile phone radiation is dangerous to humans is no longer a myth. These convenient and useful devices have become fully integrated into our lives, where they definitely have their rightful place. Yet there also are problems involved with their usage.

## THE INVISIBLE DANGER OF ELECTROMAGNETIC FIELD RADIATION

Electromagnetic fields (EMF) of all frequencies represent one of the most common and fastest-growing environmental influences, about which anxiety and speculation are spreading. They are present everywhere in our environment but are invisible to the human eye and their effects are much worse than you think. All populations are now exposed to varying degrees of EMF, and the levels continue to increase as technology advances. Numerous scientific studies and experiments show that there are growing numbers of people who are sensitive to the electromagnetic field frequencies emitted by mobile radio antennae, mobile phones, computers and television sets. Exposure to a consistent external frequency for more than a few minutes can cause our body's electrical functionality to be disrupted. It interferes with the body's natural healing process. The sensitive reactions display a variety of symptoms\*, such as insomnia, difficulty in concentrating, anxiety, irritability, headaches, dizziness and similar responses.

\*The indicated symptoms may vary based upon individual and may not be a direct result of exposure to electromagnetic fields.

## PROTECT YOURSELF. BALANCE YOUR ENERGY. REDUCE YOUR STRESS.

Amidst the dynamics of the modern world, maintaining a healthy body requires a lot of time and attention. Taking reasonable precautions is an important day-to-day thought for us all. The Amezcua E-Guard acts as assistance to those already affected by harmful e-smog as well as providing a preventative measure for vital protection to the body. Combining two pioneering technologies in one single chip, the Amezcua E-Guard works well with the characteristics of quartz minerals that helps absorb various radiation patterns transforming these into frequencies that are more compatible with biological systems. An energetic value is additionally integrated into the Amezcua E-Guard to subtly transmit positive information maintaining the well-being of our body.



With its easy-to-use design, attaching the Amezcua E-Guard to your everyday electronic devices allows you to take preventative action by engaging, activating and supporting your own body's natural defenses and energy systems. Your protection goes wherever you go!

## THE COMBINATION OF TWO PIONEERING ENERGY TECHNOLOGIES

**Human Firewall Technology** uses quartz to absorb harmful frequencies and then the frequencies emit back in a neutralised wave form. This field interacts with the human body and transmits certain specific information.

**Energetic Programming** helps enhance the overall effect by having modelled Amezcua E-Guard with information containing an energy value that promotes your well-being.

### KEY BENEFITS\*

- Protect yourself from the negative effects caused by electromagnetic radiation (e-smog).
- Activate and support your body's natural defences and energy systems.
- Feel more focussed and more energised.
- Receive positive informational effects and energy increases everytime your Amezcua E-Guard comes into contact with your skin.

\*As confirmed by Dr med. Manfred Doepp of the Holistic Center of Energy Medicine, Germany.

### SPECIFICATIONS

- **Description:** Aluminium Chip with Laser Engravings
- **Diameter:** 25 mm
- **Thickness:** Seven (7) E-Guards per pack

### SUGGESTED APPLICATIONS

- There are seven E-Guards in total in every Amezcua E-Guard pack. Due to the varying radiation emissions of different electronic devices, it is recommended to use:



One (1) E-Guard for a mobile phone



Two (2) E-Guards for computers, laptops or tablets



Four (4) E-Guards for televisions (small)

- Clean and dry the surface of your device before attaching the Amezcua E-Guard/s.



- Peel off the backing of the adhesive sticker and attach the Amezcua E-Guard to your mobile phone, computer, laptop or tablet and television.



### The Amezcua E-Guard stays effective for a long period of time:

- Mobile phone (1 chip): 2-3 years
- Computers or laptops (2 chips): 3-4 years
- Televisions (4 chips): 5-6 years

# Amezcuas Lifestyle Set 2

Drink, Eat, Move with Energy +



- Amezcuas Lifestyle Set 2 (3x Energy Discs)
- Amezcuas Lifestyle Set 2 Family Pack (2x Amezcuas Lifestyle Sets)

No matter who we are, where we come from, or what language we speak, we all have at least one thing in common – in order to survive, we must all drink, eat and move. To lead a healthy life, we need to drink well, we must eat fresh, and we have to move lively. The best way to achieve this is in a balanced and harmonised manner to ensure that our drinking and eating habits, and the way in which we move, are all serving our bodies at the optimum level.

If you – like most of us – are concerned about your well-being and are looking for an effective, safe and convenient solution to help you maintain your healthy lifestyle, the Amezcuas Lifestyle Set is your soon-to-be best friend! Comprised of three usage-specific discs that are lightweight and durable, the Amezcuas Lifestyle Set is an advanced way of living with harmonised energy as you drink, eat and move.

Amezcuas products provide you wellness benefits that enhance your quality of life. Now, not only is Amezcuas there for you, but Amezcuas is with you as well – at home, in the office, while on vacation, walking down the street, sitting in a café... everywhere and anywhere! This special set has been designed to suit the various activities of your daily life, and to provide you the tools for a healthy lifestyle wherever you go.

The Amezcuas Lifestyle Set contains three energy discs – Amezcuas DRINK, Amezcuas EAT and Amezcuas MOVE – each created with specific energy frequencies that are exclusive to the particular application of each individual disc. Much like the rest of the Amezcuas product line, the positive energy of the Amezcuas Lifestyle Set helps you balance and harmonise your energy levels to leave you feeling refreshed and ready to tackle whatever the day may hold.

Manufactured and energised in Switzerland, the mobility of the Amezcuas Lifestyle Set is supported by its aluminium composition – aluminium is remarkable for its light weight, strength, resistance to corrosion and durability. Each disc is made from aluminium, meaning they are not only lightweight allowing for convenient mobility, but also durable, meaning they are practical for an active lifestyle and a long lifespan.

Use each disc of the Amezcuas Lifestyle Set for its specific benefits, depending on what you are doing: drinking, eating or moving. Bring the Amezcuas Lifestyle Set with you everywhere to ensure your energetic lifestyle is not only maintained, but enhanced!



The Amezcua Lifestyle Set can energise your drinks, enhance your food, and help you move with a bounce in your step!

### AMEZCUA DRINK Enjoy Every Sip

The specific energy frequencies with the Amezcua DRINK are particularly designed for all liquids. Place your beverages on the Amezcua DRINK as if you would with a coaster to allow the transfer of frequencies to it – ensuring you get the most out of what you DRINK!

#### KEY BENEFITS

- Feel refreshed and rejuvenated.
- Improve your harmony and energy levels.
- Improve the taste of beverages.
- Convenient, lightweight and portable so you can take it wherever you go and use it whenever you drink.

### AMEZCUA EAT Savour Every Mouthful

Put the Amezcua EAT in your refrigerator to allow the specific positive energy from the disc to enhance the taste of your food and increase the shelf life of your groceries. You can be sure the disc will impart the correct energy frequency into everything you EAT!

#### KEY BENEFITS

- Boost the quality and taste of your food.
- Increase the shelf life of your groceries.
- Convenient, lightweight and portable so you can take it wherever you go and use it whenever you eat.

### AMEZCUA MOVE Energise Every Step

Carry the Amezcua MOVE in your pocket to improve your harmony and energy levels, while also effectively protecting yourself from electromagnetic fields (e-smog). The Amezcua MOVE is durable, light, and has a wide range of carry options. You will have energy whenever you MOVE!

#### KEY BENEFITS

- Harmonise and improve your energy levels.
- Protect yourself from the negative effects of electromagnetic fields (e-smog).
- Convenient, lightweight and portable so you can take it wherever you go.



## SPECIFICATIONS

### Amezcua DRINK

- **Description:** Round Aluminium Disc
- **Diameter:** 85 mm
- **Thickness:** 3 mm

### Amezcua EAT

- **Description:** Round Aluminium Disc
- **Diameter:** 85 mm
- **Thickness:** 3 mm

### Amezcua MOVE

- **Description:** Round Aluminium Disc
- **Diameter:** 60 mm
- **Thickness:** 3 mm

## SUGGESTED APPLICATIONS



- Place your drinks on top of the Amezcua DRINK.



- Put the Amezcua EAT in your refrigerator.



- Place your food or plate on the Amezcua EAT.



- Carry the Amezcua MOVE with you wherever you go.

## CARE INSTRUCTIONS

- Hand wash only



# Amezcua Energy Shell 2

Bring energy to life +

- Amezcua Energy Shell 2
- Amezcua Energy Shell 2 Family Pack

We use water in every aspect of our daily lives. If you can find a way to instantly energise water to improve the quality of your shower and washing water, this will help boost your well-being as well as keep you refreshed, balanced and harmonised.

The Amezcua Energy Shell 2 is a remarkable scientific breakthrough that provides you with hydrating, energy-enhanced water. You can enhance your drinking and washing water by attaching the Amezcua Energy Shell 2 onto the inlet hose of your HomePure water filtration system, washing machine, or dishwasher.

The energised water carries detergent thoroughly into materials due to its surface tension value being close to that of pure water. This means a more economical way of washing your laundry and dishes as it reduces the amount of detergent used. With less detergent used, wastewater discharged from your washing machine or dishwasher is also more environmentally friendly.

## KEY BENEFITS

- Drink water energised by Amezcua Energy Shell 2 to balance your energy levels and make you feel refreshed and harmonised.
- Improve the quality and effectiveness of water used in your laundry and dishwashing.
- Help make your washing environmentally friendly and economical.

## SPECIFICATIONS

- **Description:** Stainless Steel
- **Diameter:** 60 mm
- **Thickness:** 15 mm

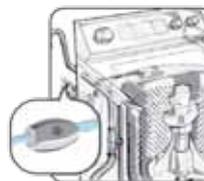
## SUGGESTED APPLICATIONS



- Simply fix the Amezcua Energy Shell 2 to any shower hose or bath tap pipe (up to 15 mm in diameter) with the provided screws and Allen key.



- Install the Amezcua Energy Shell 2 to your HomePure water filtration system, kitchen water pipe or to your water fountain to enhance your domestic drinking water.



- Fit the Amezcua Energy Shell 2 to the supply pipe or hose of your washing machine or dishwasher to instantly boost your washing water.



- Attach the Amezcua Energy Shell 2 to your garden hose to energise water for your plants and flowers.

The Amezcua Energy Shell 2 is also designed for use with a domestic shower and HomePure water filtration system.

## PRODUCT EVALUATIONS & CERTIFICATIONS\*

Evaluator	Country	Scope	Amezcua Bio Disc 2	Amezcua Lifestyle Set			Amezcua E-Guard	Amezcua Chi Pendant 2	Amezcua Energy Shell 2
				Amezcua DRINK	Amezcua EAT	Amezcua MOVE			
The National Research University of Information Technologies, Mechanics and Optics (University ITMO)	Russia	Decreased Energy Imbalances in Human Body; Positive Effect over Water	✓						
		Positive Effect over Water	✓						
Electrochemical Quality Consulting Corporation (EQC)	Germany	Positive Effect on Beverages		✓					
		Positive Effect on Food			✓				
Institute of Electrophotonic	Germany	Positive Influence over Human Body and Water	✓					✓	
Centre for Biofield Sciences	India	Positive Effect over Human Body	✓					✓	
		Balances Chakras and Energy Centres in Human Body	✓					✓	
Dr med. Michael Kucera	Czech Republic	Increased Energy and Harmony Levels in Human Body	✓					✓	
		Decreased Stress Levels in Human Body	✓					✓	
PROGNOS, MedPrevent GmbH & Co	Germany	Positive Energy Fields	✓					✓	✓
Dr med. Manfred Doepp	Germany	Improve Energy Medical Criteria					✓		
		Reduced Impact of Perturbing Technical Radiation					✓		
		Increased Energy Levels in Water and Human Body	✓	✓					✓
		Protection against E-smog				✓	✓	✓	
		Positive Energy Field	✓	✓	✓	✓	✓	✓	✓
		Positive Effect on Beverage		✓					
		Positive Effect on Food			✓				
Dr med. Paul-Gerhard Valeske	Germany	Protection against E-smog				✓			
IAF – Radioökologie GmbH	Germany	Radiation Safety	✓					✓	
Justus Liebig University of Giessen	Germany	Radiation Safety	✓					✓	
National Environment Agency	Singapore	Radiation Safety	✓					✓	
PSB Laboratory	Singapore	Water Surface Tension Value	✓						✓
I.H.M. Institute	Japan	Energy Levels in Water and Water Quality	✓						
SCHOTT AG	Germany	Manufacturing Quality	✓					✓	

\* Refer to page 190 for detailed Product Evaluations & Certifications.



**ENERGISED TITANIUM PERFORMANCE PENDANTS**



- Veloci-Ti Concord Pendant
- Veloci-Ti Cosmos Dynamic Pendant
- Veloci-Ti Cosmos Pendant

## AN ENERGETIC SOLUTION

As an active sportsperson, the desire to succeed must be matched by the ability to run the hard road, the energy to put in the long hours of training and the perseverance to endure the strenuous demands of the sport: tournaments and competitions, early mornings and exhausting days, training and workouts. And that is all just to stay on top of the game. Then, the athlete is still expected to keep up their personal life and spend time with their families and friends.

In addition to the physical requirements of being an athlete, the considerations of well-being, proper diet and doing whatever one can to maintain a peak physical condition are all high on the list of priorities.

The life of a sportsperson is about striking a balance and having energy.

With this philosophy, Veloci-Ti has been created with the active sportsperson in mind.

## THE SECRET BEHIND VELOCI-TI

Veloci-Ti is the range of energised titanium performance pendants that are designed for high-level athletes and active sportspeople, to assist performance energy and help achieve a natural best in any sport.

All Veloci-Ti pendants are energised through Informational Energy Imprinting (IEI) Technology, a cutting-edge technology that utilises the concept of energy waves and information frequency modulation by taking versatile, strong, lightweight titanium and imprinting it with positive energy before adding performance information through frequency modulation. The result is balanced and amplified energy levels and increased physical performance, endurance and agility. These positive effects may help improve various functions of the body to be better equipped to handle the stresses of sports.

The scientist behind IEI Technology is Dr med. Manfred Doepp who is a founding member of the Board of the German Society for Energy and Information Medicine e.V., Stuttgart and a specialist in Nuclear Medicine and Energy Medicine as well as General Medicine. Dr Doepp is also a reviewer of the International Society on Systemics, Cybernetics and Informatics, as well as the International Society on Computer, Communication and Control Technologies. A well-published scientist and researcher, his fields of special interest include frequency distribution analysis; meridian diagnostics; segmentary diagnostics; Heart-Rate-Variability (HRV); vegetative regulation diagnostics; and system sciences.

## MADE FOR SPORTS

Manufactured in Germany and energised in Austria, *Veloci-Ti* pendants are made from light, strong and durable titanium to withstand the vigorous conditions an athlete experiences, making them ideal for active people and athletes to wear while playing sports. *Veloci-Ti* is suitable for all sports including football, basketball, badminton, fitness, aerobics, weightlifting, golf, running, tennis, archery, skiing or surfing.

*Veloci-Ti* pendants are not only practical; but also sleek, contemporary, and futuristic in their design, making for unique accessories. Each piece features a geometric fractal that makes a powerful visual statement, whether in grey and black or with classy gold inlay. No matter which design, each *Veloci-Ti* pendant provides the same benefits as a defining signature piece.

### KEY BENEFITS

*Veloci-Ti* may assist to enhance, balance and increase your:

- Energy levels
- Physical performance
- Endurance
- Resistance
- Agility

### USING VELOCI-TI

*Veloci-Ti* pendants can be worn inside or outside of your clothes during any activity. It is best not to wear *Veloci-Ti* while sleeping because the energy frequency may interfere with your natural sleeping pattern and the relaxed state your body needs to be in to achieve deep sleep.

### YOUR VELOCI-TI PENDANTS

#### CONCORD

Grey and black  
PVD-plated brushed titanium, 18 K gold inlay, 35 mm Ø



#### COSMOS DYNAMIC

Laser-engraved black PVD-plated titanium, 18 K gold inlay, 35 mm Ø



#### COSMOS

Laser-engraved grey and black PVD-plated titanium, 35 mm Ø



## PRODUCT EVALUATIONS & CERTIFICATIONS\*

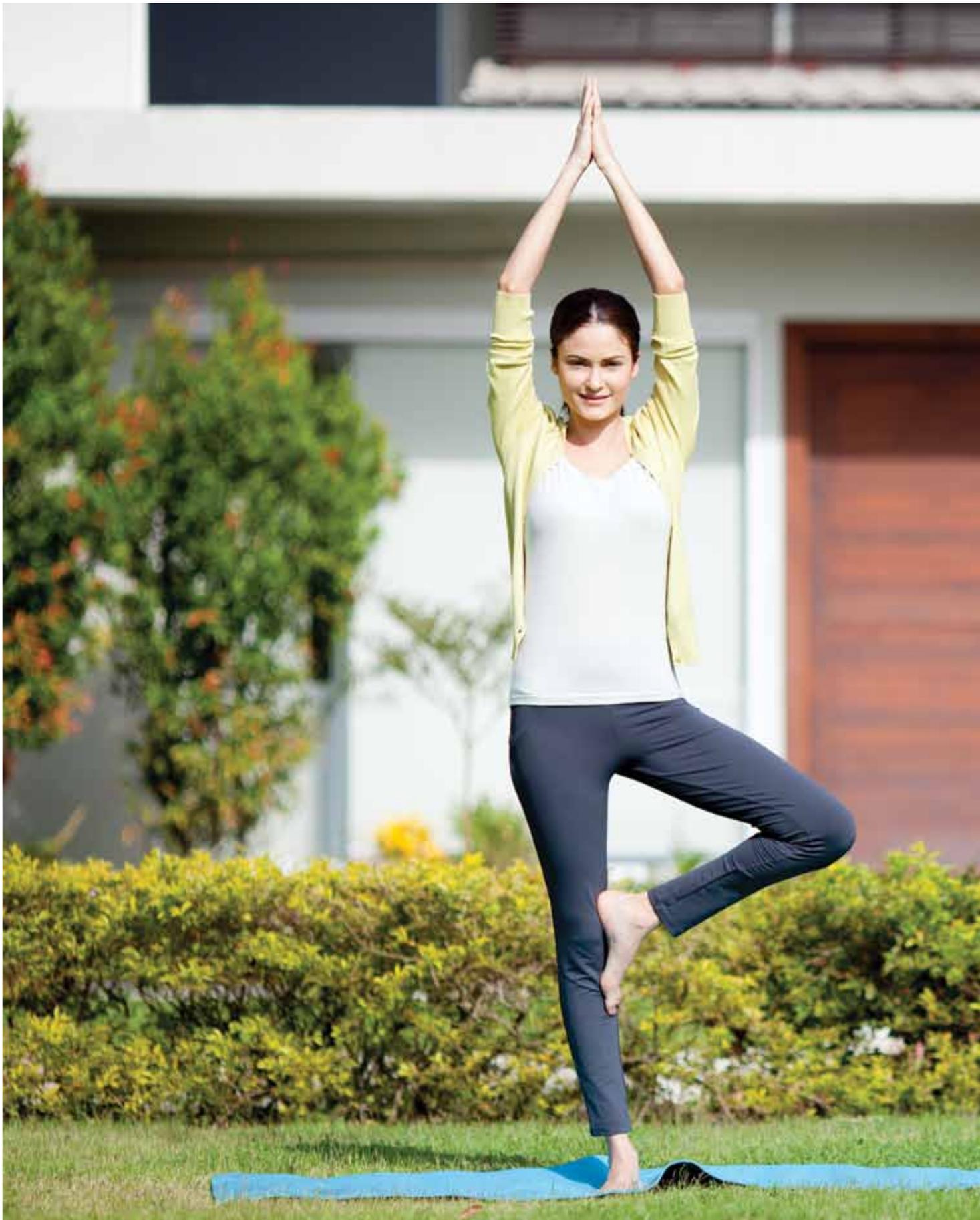
EVALUATOR	COUNTRY	SCOPE
Centre for Biofield Sciences	India	<ul style="list-style-type: none"> <li>• Balanced Energy Dynamics of Human Body</li> <li>• Increased Physical Performance and Energy Levels</li> </ul>
Saint Petersburg Research Institute of Physical Culture  The Ministry of Sport, Tourism and Youth Policy of the Russian Federation	Russia	<ul style="list-style-type: none"> <li>• Increased Physical Performance</li> <li>• Accelerated Recovery after Physical Performance</li> </ul>
Institute of Electrophotonic	Germany	<ul style="list-style-type: none"> <li>• Positive Influence over Human Body and Water</li> </ul>
Dr med. Manfred Doepp	Germany	<ul style="list-style-type: none"> <li>• Positive Energy Fields</li> <li>• Improved Harmony Levels</li> <li>• Improved Stress Index</li> </ul>
National Environment Agency	Singapore	<ul style="list-style-type: none"> <li>• Radiation Safety</li> </ul>

\* Refer to page 190 for detailed Product Evaluations & Certifications.

### Disclaimer

*Veloci-Ti* pendants should not be considered as an alternative to professional medical devices or intended as a substitute for professional medical opinion and/or a cure or substitute for any medical treatment of any nature whatsoever. The buyer and/or user are advised to seek their own professional medical advice in the event they have any doubts in connection with the use of this product prior to its use. Should the buyer and/or user experience any contraindication of any nature whatsoever or feel that they may, the buyer and/or user should immediately consult their medical practitioner or physician and seek professional medical advice. It is the responsibility of the buyer and/or user to ensure that this product's use is appropriate for any particular application.

The information contained herein has been compiled from sources believed to be reliable but no warranty, expressed or implied, is given that the information is accurate. All such warranties are expressly disclaimed and excluded. All information contained therein may be changed without notice at any time. All liability howsoever arising from any error in or omission herein and for all consequences of relying on it is expressly disclaimed.





# WEIGHT MANAGEMENT

A variety of weight management solutions that best suit your lifestyle.  
Now you can easily achieve the shape you have always dreamed of.  
Feel confident about yourself and take control of your health!



# INSHAPE



- InShape Toning Belt
- InShape Toning Gel
- InShape Meal Shake – Chocolate Flavour
- InShape Meal Shake – Vegetable Soup Flavour
- InShape Health and Wellness Courses



## FOR A HEALTHIER, HAPPIER YOU!

Are you looking for a simple yet effective way to ensure you are living a smarter, healthier and happier lifestyle?

Integrating the most cutting-edge science and technology, InShape offers you weight-management solutions to suit your lifestyle.

### **InShape Toning Belt and InShape Toning Gel:**

Strengthen and tone your abdominal muscles.

### **InShape Meal Shake:**

Ensure that you consume an appropriate number of calories and optimal nutrients for your health and energy levels.

### **InShape Health and Wellness Courses:**

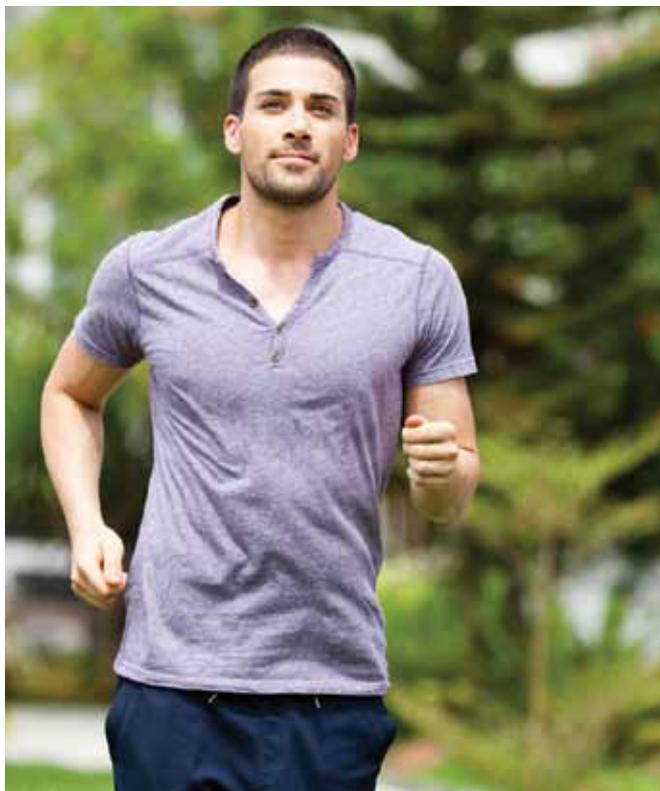
Provide you with a variety of digital content written by health and nutrition experts.

It's time to take control of your health. Discover how our revolutionary products can help you do just that!

## WHY WEIGHT MANAGEMENT?

Everyone wants to look good and feel better with their body. Today's lifestyle of working long hours, eating high calorie meals, and having less time to exercise prevents us from achieving our ideal body shape. Excess weight and obesity not only increase the risk of developing diseases, but also reduce the quality of your life and the simple joy of living.

To get in shape, calorie intake must be balanced with physical activity. InShape can help you achieve your goals!





## INSHAPE TONING BELT

### From Flab to Firm

#### Get the Abs You've Always Dreamed of!

Do you find yourself looking in the mirror and wishing that your stomach were more toned and tighter?

The InShape Toning Belt is a portable and revolutionary 3-in-1 abdominal toning belt which helps you achieve the abs you have always dreamed of!

#### The 3-in-1 Smart Toning Belt

While most slimming belts on the market use vibration stimulation to improve circulation and toning, InShape Toning Belt integrates three of the latest technologies to provide you with even MORE! With the digital controller and its LCD display, you can easily choose your preferred function, timing, intensity and temperature level.

Now it's time to learn about and enjoy the benefits of each function!

**Did you know that the EMS function mimics crunches and sit-ups which help strengthen your abdominal muscles?**

#### EMS

InShape Toning Belt uses Electrical Muscular Stimulation (EMS) technology to create strong, deep, yet comfortable contractions in your muscles. When turned on, the belt will oscillate against your skin, delivering electronic impulses to stimulate the nerves and contract your abs; moving them in the same way as if you were performing crunches or sit-ups. What's more, the EMS function can activate muscles that are more difficult to reach with conventional exercise.

**Did you know that the FIR function can burn hundreds of calories?**

#### FIR

The InShape Toning Belt uses the advanced Far Infrared Radiation (FIR) heating system to deliver FIR waves deep into the body's tissue, raising the body temperature and consequently breaking bigger and lifeless water molecules into smaller clusters. This heating method also helps promote the absorption of nutrients, while flushing out and eliminating unwanted fat and toxic waste from the body through perspiration.

**Did you know that the vibrating massage function can relax your body and mind, as well as boost your energy level?**

#### VIB

The Vibrating Massage (VIB) function use a massage method to stimulate nerves in your entire abdominal area. This forces your muscles to naturally contract and relax. With an adjustable 3-speed function to suit your personal preferences, InShape Toning Belt not only massages away pressure, stress and fatigue, but also burns calories, increasing your metabolism, blood circulation and lymphatic drainage – which in turn remove toxins faster. The vibrating massage function also increases serotonin levels, which in turn increases your overall energy levels.

### KEY BENEFITS

- Strengthens and tones abdominal muscles
- Reduces and dissolves fat
- Increases metabolism and burns calories
- Promotes the excretion of toxins
- Improves blood circulation
- Relaxes muscles and increases flexibility
- Reduces stress and fatigue

### GET IN SHAPE NOW!

Ready to experience a whole new you?

Begin using the InShape Toning Belt now and enjoy improvement in the shape and strength of your abs, as well as your overall wellness. Equipped with a rechargeable battery and combined with a fashionable design, this portable abdominal toning device can be used anywhere, anytime – because it's cordless! You can use it while working, driving, watching TV, or even sleeping.

For maximum results, wear the InShape Toning Belt for at least 15-45 minutes a day, together with the InShape Toning Gel. By incorporating a healthy and well-balanced diet and a healthy lifestyle; you will be able to see visible results in 6-8 weeks.

It is never too late. Enjoy a firmer and tighter body today!



**INSHAPE TONING GEL**

**For Fast, Flat Abs!**

**Get the Flat Abs You've Always Wanted!**

Want to get rid of the excess fat and achieve a more defined and toned body, faster and more effectively than ever before?

Designed to be compatible with the InShape Toning Belt, the InShape Toning Gel enhances your abdominal toning and firming capabilities and promotes better looking skin.

**PHYTOSONIC™:  
THE ULTRASOUND-LIKE EFFECT**

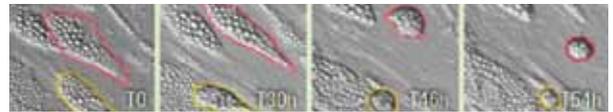


InShape Toning Gel contains Phytosonic™, a complex active ingredient which carries the same function as ultrasound wave fat-dissolving technology. Composed of three synergistic natural herbal extracts, including *Glaucium flavum*, *Euglena gracilis* and *Vegetal caffeine*, Phytosonic™ helps ultrasound waves penetrate deep into the fat layers under the skin, stimulating the body's natural fat burning process. This process breaks down fat tissues into consumable energy, clears toxins and reduces the amount of fat in the body. The results? Inches off your waistline, and a more defined and toned appearance!

**A CLINICAL STUDY SUPPORTS  
THE EFFICACY OF PHYTOSONIC™**

In vivo study conducted by Sederma laboratories with 27 female volunteers, approximately 35 years of age, applied a cream containing 3% Phytosonic™ twice daily to their bodies. Routine ultrasound measurements demonstrated a decrease of 55% triglyceride storage in mature adipocytes after nine days of application. In other words, Phytosonic™ significantly eliminates fat cells and decreases the thickness and volume of fat tissue. The test results also show that Phytosonic™ can restore the mitochondrial activity and increase cell energy by 28%.

**TRIGLYCERIDE STOCK REDUCTION  
AND ADIPOCYTE SHEDDING**



**MAIN INGREDIENTS**

Purified Water, Phytosonic™, Caffeine, Essential Oils, Guarana and LRS Conductive Ions Mix

**WHY DOES OUR INSHAPE TONING GEL  
WORK BEST WITH THE TONING BELT?**

- Conducts infrared light
- Heat resistant
- Enhances the Toning Belt's efficacy in fat removal

**EFFECTIVE, SAFE AND RELIABLE  
ULTRASOUND FAT MELTING TREATMENT**

- GMO- (Genetically Modified Organism) Free
- Alcohol-free
- Fragrance-free
- No animal extracts
- R&D by the renowned Laboratories Schwartz in France

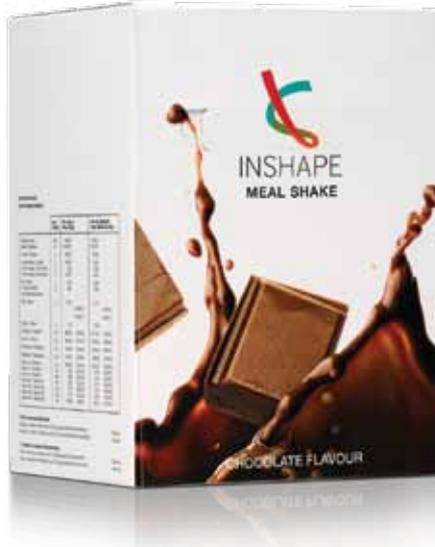
**KEY BENEFITS**

- Reduces excess body fat
- Reduces cellulite
- Softens, nourishes and hydrates your skin
- Increases metabolism and blood circulation
- Strengthens skin elasticity

**LOOK FABULOUS. FEEL CONFIDENT.**

To achieve the best results, it is strongly suggested that you regularly use the InShape Toning Gel together with the InShape Toning Belt, while maintaining a balanced diet and including light exercise or walks in your daily routine.

By doing so, you can achieve the sculpted body you have always desired.



## INSHAPE MEAL SHAKE

Your Low-Calorie, Nutritious Meal On-The-Go

### CURB APPETITE, BURN FAT AND LOSE WEIGHT!

Introducing the InShape Meal Shake, a scientifically balanced meal replacement drink that assists with fat cell regulation. It helps you achieve your weight loss goals faster and more efficiently, without the yo-yo effect (losing and gaining weight quickly).

Available in chocolate and vegetable soup flavour, the InShape Meal Shake contains everything your body needs that you may not get from your normal diet, including health-promoting essential fatty acids, vitamins, micronutrients, sodium and other natural ingredients which aid in weight loss and fat mass reduction. These ingredients act together to regulate fat cells and enhance mitochondrial function for increased efficiency in fat burning. Daily consumption of the InShape Meal Shake can help you get your body in gear, and reduce the potential health risks associated with being overweight and obese.



### MAIN INGREDIENTS:

Vegetal Proteins, Fat Cell Regulation Mix, Stevia, Fatty Acids, Garcinia cambodgia, Ascophyllum nodosum, and Green Tea Extract

### WHY INSHAPE MEAL SHAKE?

- Reduces cravings
- Supports weight loss (without the yo-yo effect)
- Burns fat
- Increases energy
- Great taste
- Quick and easy to prepare

### YOUR NUTRITIOUS DRINK ON-THE-GO!

InShape Meal Shake is perfectly designed to be your nutritious drink on-the-go. Simply mix InShape Meal Shake with 150-180 ml of water, stir well and enjoy the delicious taste! You can drink it any time of the day, from morning to evening. Feel confident that what you are putting into your body contains no sugar, no artificial sweetener, and is GMO free. To achieve optimal health and your desired weight loss goals, it is recommended to consume 1 or 2 servings of InShape Meal Shake each day, in addition to regular exercise.



## **INSHAPE HEALTH AND WELLNESS COURSES** **Stepping Stones to a Healthy Lifestyle**

Introducing InShape Health and Wellness Courses – your powerful online platform that will turn you into a nutrition and fitness expert!

The InShape Health and Wellness Courses provide you with in-depth courses and a variety of articles written by well-known gurus in fitness, nutrition, health and wellness. The intensive and interesting lessons in each course serve as stepping stones that will help you reach your weight management goals.

With this online platform, you can widen your knowledge anywhere, anytime. Once you complete the course, you will be rewarded with a certification.

Join the InShape Health and Wellness Courses now.  
Take the first step to a healthier, happier you!





## INSHAPE NUTRITION

Are YOU eating right? Does your body get the right amount of nutrition, minerals and vitamins to maintain your good health and active lifestyle, especially in today's busy world where late nights and early mornings are the daily routines of most people?

As they say, prevention is the best cure; you can simply save yourself from sickness by making sure your body is well taken care of. With the InShape Nutrition course, you will be introduced to vital nutritional facts, allowing you to make wise food choices.

Broken down into 6 easy-to-follow modules and a quiz at the end of each topic, you will learn everything from basic information about nutrients, what you can get from food, what your body needs, to the roles of nutrients in optimal health and other health-related issues that will allow you to become a nutrition expert.

What are you waiting for? Take a step towards a healthier you!

### Topics Covered:

- All about nutrition
- What you get from food
- The role and importance of vitamins, minerals, phytochemicals and water



## INSHAPE FITNESS

In recent years, a life on a crazy schedule is becoming the norm rather than the exception. That is why staying fit and strong is one of the major issues concerning people today. How can you find the time for exercise and staying healthy when you are constantly running at a frenzied pace filled with jam-packed meetings, chores and other social calls? How can you change your lifestyle to pave the way for a fitter you?

Well, InShape Fitness course can help turn you into a fitness guru. Learning and staying fit has never been easier and more fun. Guiding you from the fundamentals of fitness to professional training programmes, the courses will introduce you to a happier and more active lifestyle.

Broken down into 6 easy-to-follow modules, InShape Fitness courses are comprehensive guides to staying fit! You can find exercise regimes that can be easily incorporated into your hectic schedule... no more worries about paying gym memberships that you never have time to utilise! InShape will bring out the new you!

### Topics Covered:

- Fundamentals of fitness
- Effective exercise programmes
- Resistance programmes
- Relaxation and flexibility programmes
- Cross-training modules





# WATCHES & JEWELLERY

A remarkable world-class selection of traditional and modern high-quality timepieces and divine jewellery works of art.





## *Umayal Collection*

The beauty of Nature is evident everywhere. If we only choose to look, we will find inspiration from the simplest things in the forests and the seas. A tree branch laden with bright berries, colourful corals from the deep blue ocean, the changing seasons – all these and more have proven to be the inspiration for thousands of artists and designers over the millennia.

Enamoured of the natural beauty she has seen on her travels around the world, Datin Sri Umayal Eswaran was inspired to put together a collection that would reflect nature in all its splendour.

“We often take the beauty of nature for granted. The brightness of a blade of grass, the soft velvety touch of a rose petal, and the filigreed silhouette of the sea fan coral are all examples of the creativity nature displays. The greatest tribute we can pay Her is to attempt to emulate Her ingenuity. The Umayal Collection is our own ode to nature,” says Datin Sri Umayal.

“Combining my own love for our natural heritage with my appreciation for the fine things in life, this collection is designed to be simple yet elegant, and will add a distinctive touch to the wearer’s sense of style. I know it will connect with the hearts and souls of discerning women around the world.”

Inspired by the rustic beauty of tree branches and the intricate lacey designs of corals from the sea, the pieces in the Umayal Collection are artfully fashioned from silver and ornamented with delicate gemstones. Each piece is handmade with the utmost care by skilled craftsmen, ensuring its uniqueness and quality. Created to emulate nature at its best, the Umayal Collection is one that will appeal to those with a passion for nature.

As an executive member of RYTHM Foundation, Datin Sri Umayal adheres to the fundamental philosophy of the Foundation – RYTHM, an acronym derived from the precept ‘Raise Yourself To Help Mankind’, based on the idea of being the change you want to see in the world. A portion of the earnings from the sale of the Umayal Collection will be donated to RYTHM Foundation, for further use in its charity work across the globe, giving help to those who need it most.

### **ABOUT RYTHM FOUNDATION**

*RYTHM Foundation was created to reflect the fundamentals on which the QI Group has been built since 1998. The mission of RYTHM Foundation is to build opportunities and care for those in need. It aims to create decent living conditions and to protect the environment to facilitate sustainability. It also strives to ensure our children – the symbol of our future – are safe and supported, now and tomorrow. RYTHM Foundation is the corporate heartbeat of the QI Group, keeping alive the employees’ social conscience and serving as a constant reminder of the Company’s core purpose.*

*To learn more about RYTHM Foundation, visit [www.rythmfoundation.org](http://www.rythmfoundation.org).*





Irene Steffen  
Mrs Asia International 2013  
QNET Product Ambassador





## Peacock Baroque Set



*Pendant: Silver 925/-, Chrysocolla, blue Sapphire, blue Topaz, 17.27 g; silver 925/- chain*



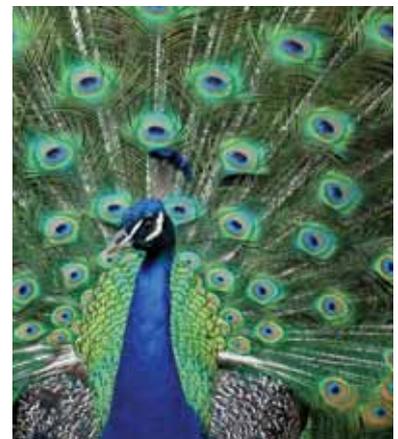
*Earrings: Silver 925/-, Chrysocolla, blue Sapphire, 12.76 g*

The elegance of the Peacock Baroque Set pays tribute to the sovereign beauty of this stunningly luxuriant king of birds. The peacock is the epitome of nature's true beauty with its richly coloured feathers of captivating design. The real grandeur of this majestic creature is truly set free through the flare of blue sapphires and topaz gems alongside the mysterious allure of the Chrysocolla stones; set against the striking shimmer of silver, these peacock feather-inspired necklace and earrings can adorn any outfit. Worn separately or together as a set, this remarkable collection exudes charm and delicacy perfect for any stunning look.

### Inspiration

The male peacock, known as the most majestic creature of the bird kingdom, parades its supreme beauty through the exhibitory fanning of its iridescent blue-green tail plumage, in hopes of charming a mate.

In Babylonia, the peacock was believed to be the guardian of royalty, their images often found in decorative engravings on thrones.







## *Floret Empress Set*



*Pendant: Silver 925/-with rose, yellow, black gold plating, orange Sapphire, 9.5 g; silver 925/- with black gold plating chain*



*Earrings: Silver 925/- with rose, yellow, black gold plating, orange Sapphire, 11.5 g*

With an essence of gold hinting through a tapestry of rose, yellow and black-gold colours, the Floret Empress Set marries tradition with new-age fashion. Its beautifully intertwined design gives an air of strength, protecting the fragility of the inner empress, whilst emanating a celebration of new life with delicate blossoms placed on its surface. Its intricately woven design is reminiscent of a protective haven, the silk cocoon, shown through both the pendant and matching earrings. Sprinkled with orange sapphire gemstones, a sparkle emerges from this artistic arrangement, encompassing the very heart of the wearer from birth to new life.

### **Inspiration**

As nature's protector from whatever the elements may bring, the silk cocoon represents a solid and safe haven for a life lived, ready for a deeper transformation. Being the very chamber of metamorphosis, the silk cocoon allows its inhabitant to shed its old life, bringing in new, symbolising the faith to embrace changes in one's life and merge with new found wisdom and joy.







# Glacier Leaf Set



*Pendant: Silver 925/-, rose gold plating, blue Sapphire, 9.8 g; silver 925/- chain*



*Earrings: Silver 925/-, rose gold plating, blue Sapphire, 8.5 g*

The beauty of the Glacier Leaf Set lies in its rare and refined appearance, reminding us of the eternal richness of Mother Nature, the giver of all life. Symbolising happiness, strength and protection, these beautifully delicate pieces can complement any look or outfit, leaving you with the choice of mixing and matching to your mood.

An intricate work of gleaming silver sets a stunning background for the blue sapphire gemstones intertwined with a splash of rose gold. Celebrate your love for the essence of nature and life.

## Inspiration

The unique shape of the Glacier leaf gives it a delicate beauty that can be compared to no other. This intricately designed leaf consists of a vast network of veins supplying water, nutrients and food to other parts of the plant, essential for its survival. The leaf also helps the plant absorb vital light from its surroundings, in the form of photosynthesis, allowing the plant to create new and healthful energy.

As energy flows through the Glacier leaf's veins, it connects each part of the plant to each other, bearing a sense of peace and happiness and restoring Mother Nature's will.







## *Viola Coral Set*



*Pendant: Silver 925/-, Amethyst, 14.7 g;  
Complimentary black cloth chain*

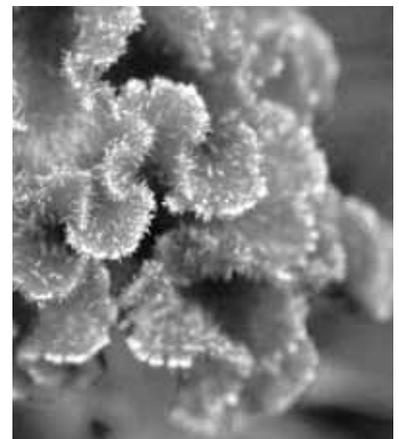


*Earrings: Silver 925/-, Amethyst, 9.2 g*

With its shapely and textured curves, the Viola Coral Set portrays honour and esteemed accolade to one of the most revered creatures in the marine world, the mushroom coral. Representing the strength and extravagance of the mushroom coral, the Viola Coral Set fuses the vivaciousness of the purple Amethyst with a shimmering silver backdrop, revealing a harmonious unity between the seascape and its vast sea life. Let this masterpiece of the ocean bring you into a world of unique elegance.

### **Inspiration**

The depth of the ocean and the beauty of its treasures is seemingly endless. The spectacular mushroom corals, known for their extravagant fantasia of colours and sparkle, signify strength, dignity and perseverance due to their tenacious nature and coral-reef building abilities. Leaders of a strong foundation, these exceptional creatures not only create a breath-taking seascape, but also provide a maze of protection to the mysterious sea life that resides in the depths of the ocean.







## *Rowan Set*

The Rowan Set is inspired by the mystical appeal of the rowan tree. Handcrafted from sterling silver, the set comprises a pendant, ring and a pair of earrings. Each piece is fashioned to look like a silver branch, adorned with an oval ruby and a faceted garnet, while the pendant also features a freshwater button pearl. Given an anti-tarnish coat to preserve its delicate beauty, this set has a regal elegance worthy of a princess.

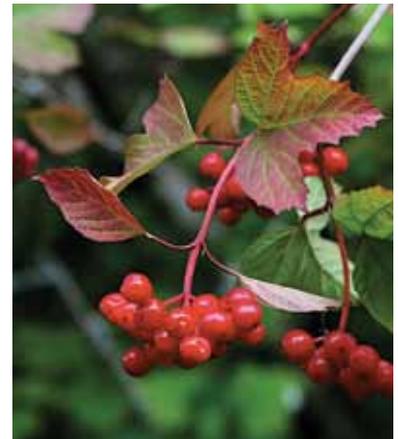
*Pendant: Silver 925/-, Ruby, Garnet, freshwater Pearl, 13.17 g; silver 925/- chain*

*Ring: Silver 925/-, Ruby, Garnet, 9.55 g*

*Earrings: Silver 925/-, Ruby, Garnet, 7.26 g*

### **Inspiration**

Considered the mother of all trees and plants, the graceful rowan tree represents strength and protection; the ancient druids valued its sturdy wood, and the tree's sprigs and brilliant red berries were woven into necklaces and used as protective charms in times past.







## *Nautilus Set*

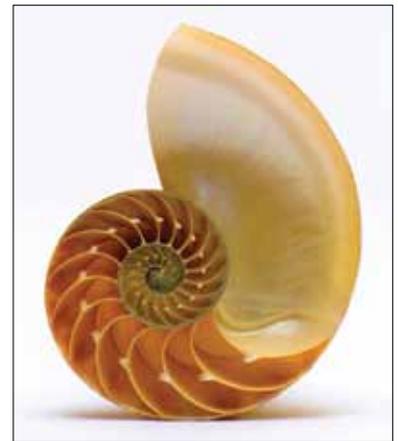
The transcendent beauty of the nautilus shell is reflected in the charismatic design of the Nautilus Set, which is set off by the sublime green of the peridot. The contrasting textures of polished and raw peridots combine to give the pieces a depth that's exciting, yet elegant. The set offers versatility through a spectacular pendant that can be worn as a brooch; both options match perfectly with a pair of earrings that look equally stunning worn on their own.

*Pendant: Silver 925/-, faceted and raw Peridots, 8.0 g; Complimentary black cloth chain*

*Earrings: Silver 925/-, raw Peridots, 7.6 g*

### **Inspiration**

As far back as the ancient Greeks, the shell of the chambered nautilus has been a symbol of perfection. Its perfect spiral geometry and pearlescent sheen have captivated artists and designers through the ages, inspiring them to reproduce striking likenesses of this almost-mystical cephalopod.







## *Ice Queen Set*

The splendour of shimmering snow-laden trees in winter is the inspiration for the Ice Queen Set. The delicate beauty of stark, crystalline branches is captured in polished silver and accentuated with stunning freshwater pearls that create a perfect focal point for each piece. Evoke the beauty of a winter's day with the exquisite icy magnificence of the pendant and earrings in this matchless set.

*Pendant: Silver 925/-, freshwater Pearls, 11.2 g; silver 925/- chain*

*Earrings: Silver 925/-, freshwater Pearls, 6.8 g*

### **Inspiration**

There are those who believe that winter is the season of renewal – a time when the earth goes to sleep and heals itself. And yet, though the land is gripped with cold, there is still a timeless beauty to be seen: in the shimmer of fresh snow in sunlight, the glitter of icicles on the end of a branch, or the delicate tracks upon the landscape of creatures born to revel in a winter wonderland.







## *Sylvan Set*

The Sylvan Set embodies a love for the forest with its whimsical loops and swirls that are evocative of leafy vines trailing down from trees. This two-piece set, consisting of a pendant and earrings, is cleverly crafted from silver to give the pieces a vintage look. Accentuating the pieces are gemstones of blue topaz and raw apatite, their luminous colour reflecting clear blue skies. The refined grace of the set can complement a variety of outfits and moods.

*Pendant: Silver 925/-, blue Topaz, raw Apatite, 12.68 g; silver 925/- chain*  
*Earrings: Silver 925/-, blue Topaz, raw Apatite, 11.62 g*

### **Inspiration**

In mythology, Sylvans were the spiritual guardians of the forest, keeping watch over the woods and protecting it with their lives. Some even made their homes within the trees they were sworn to protect. Their love for all living creatures, as well as the plants and trees around them, helped keep the forests safe.





BERNHARD H. MAYER

DEPUIS 1871

## THE SPIRIT OF A FAMILY TRADITION

In 1871, when the small town of Pforzheim or *Goldstadt* (City of Gold) was just seeing its humble beginnings as the centre of Germany's jewellery and watchmaking industry, the Mayer family set up shop and began manufacturing and selling dies (tools for minting coins).

The independent family-owned business expanded into minting and soon they were producing collectible and commemorative coins from precious metals which were highly valued all over the world. The Mayer Mint GmbH Germany consequently became a key player in the numismatic field.

With the turn of the 19<sup>th</sup> century, embossed and engraved covers of quality pocket watches were becoming indispensable accessories to enthusiasts; a significant fashion and reputation statement that signified the owner's taste, wealth and family heritage.

Great grandfather Mayer took on the hobby of engraving watch covers, and it was this leisurely interest that later turned out to be the birth of a passion, style and a newly found tradition which laid the foundations for Bernhard H. Mayer® watches.

As time went by, watches became strongly associated with the Mayer business. When the family decided to acquire a watch production facility in Switzerland, it was only a matter of time before the Bernhard H. Mayer® brand would become recognised as a genuine manufacturer of Swiss watches.

The vision to enrich the eternal value of precious metals and gemstones and render high-quality watches and jewellery for discerning customers steadily built the Bernhard H. Mayer® name in the global luxury goods.

After 140 years of ceaseless production and five generations of Mayer watch making, the rich heritage of more than a century of unrivalled knowledge, experience and skill in every aspect of the numismatic, jewellery and watchmaking art continues.

Bridging past and future, Bernhard H. Mayer® master artisans remain faithful to the spirit of tradition that began in 1871 while embracing innovation with every new decade to guarantee that the legacy of excellence started by the Mayer forefathers will continue onto succeeding generations.

## MANUFACTURING EXCELLENCE

By owning a Bernhard H. Mayer® premium item, one enters the circle of those who share the philosophy of excellence held by the Mayer family, and who wish to express this through objects worthy of such distinction.

The supremacy in which each jewellery piece or watch is handled – from the initial concept, to design and final production – reveals the utmost care, exacting skill, and meticulous attention to detail exerted by our master artisans to produce items of the highest standard and value.

This demanding approach brings together a rare combination of time-honoured techniques, advanced research, cutting-edge technology, and powerful technical resources – all in strict accordance with established industry standards and guidelines.



## **BERNHARD H. MAYER® TIMEPIECES**

The prestige and reputation that Bernhard H. Mayer® has acquired amongst watch connoisseurs worldwide is not solely due to the resources of technical knowledge and exceptional skills contained in its horological workshops – the perfection of each timepiece stems from the consistency with which the Mayer family business has applied its philosophy of excellence ever since its foundation in 1871.

Offering an impressive collection of simple and complicated models designed with the look and functions appropriate for every style of dress or activity, a Bernhard H. Mayer® timepiece is a testimony of its owner's high standards in terms of reliability and aesthetics.

All Bernhard H. Mayer® watches are Swiss-made in accordance with Swiss standards of quality and assurance.



## **CLASSICS**

To create a watch that is new but eternal, modern but timeless – such is the challenge and inspiration for our designers.

Defined by perfect proportions and refined simplicity with subtle details, Bernhard H. Mayer® classic timepieces withstand the passing of time with designs that will never go out of style.

Each wristwatch communicates an elegance as enduring as the precious movements they enclose.



**La Royale** | A Class on Its Own

*Date indicator | PVD gold-plated case | Sapphire crystal with antireflective coating | Black croco-print leather strap | Swiss Automatic-ETA movement | Diameter 40 mm | Limited edition 1,999 pcs*



**Ouranos** | Withstanding the Test of Time

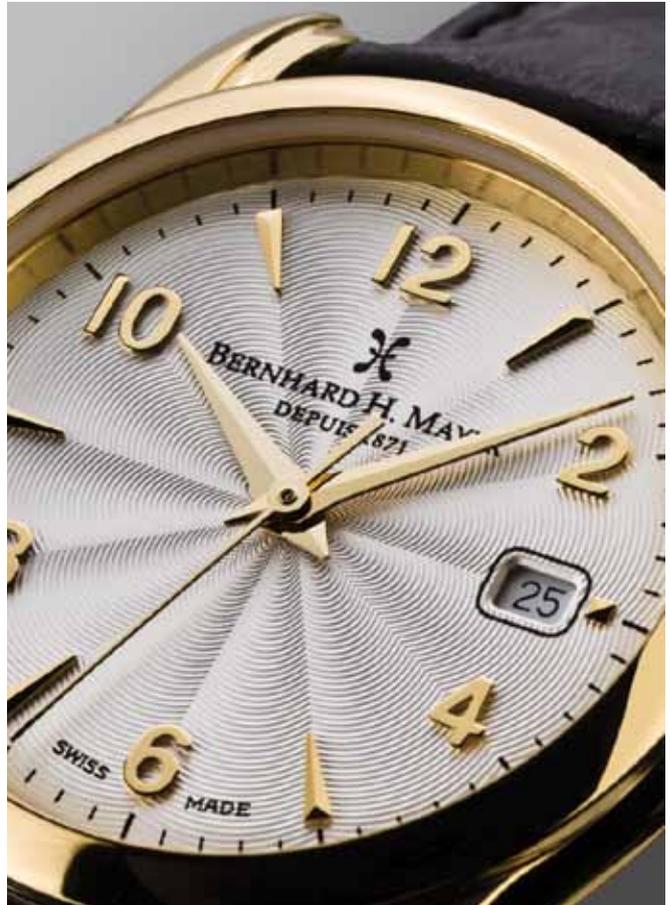
*End-of-life indicator | PVD gold-plated case | Sapphire crystal with antireflective coating |  
Black croco-print leather strap | Swiss Quartz-Ronda movement | Diameter 38 mm*





**Diamond Starlette** | Desire to Glitter

*Date indicator | Polished stainless steel case with 0.35 ct full cut diamonds | Black mother-of-pearl dial | Genuine leather strap | Swiss Quartz-ETA movement | Diameter 34 mm*



**Lady Moonbeam | Striking Simplicity**

*Date indicator | PVD gold-plated case | Blue cabochon crown | Sunray silver dial | Swiss Quartz-Ronda movement | Diameter 28 mm*





**Stella** | Confidence is Your Accessory

*Date indicator | Stainless steel | Sapphire crystal with antireflective coating | Black croco-print leather strap | Swiss Quartz-Ronda movement | Diameter 32 mm*



## **SPORTS**

Creating a precise instrument with complicated movements is not the only way our artisans demonstrate their exceptional skills.

To design a timepiece that communicates class and style whilst meeting the criteria of technical robustness and supreme performance is a demanding challenge.

Bernhard H. Mayer® sports watches combine the best of both worlds – style and strength. Great companions suited for the active or athletic individual who also possesses natural glamour and elegance.



**Spitfire | A Courageous Soul**

*Press-fit stainless steel caseback with engraved Spitfire plane | Sapphire crystal with antireflective coating | Black aqua leather strap with green/orange stitching | Swiss Quartz-Ronda movement | Diameter 41 mm*



**Nauticus | Riding the High Tide**

*Date indicator | Stainless steel | Stainless steel caseback with mineral crystal glass | Sapphire crystal with antireflective coating | Swiss Automatic-ETA movement | Diameter 43 mm | Limited edition 4,999 pcs*

**Nauticus Lady | The Artful Explorer**

*Date indicator | Stainless steel | Stainless steel caseback with mineral crystal glass | Sapphire crystal with antireflective coating | Swiss Automatic-ETA movement | Diameter 37 mm | Limited edition 4,999 pcs*



**Chronomax** | Exceed the Crowd

*Chronograph | Big date window | Sapphire crystal with antireflective coating | Stainless steel | Genuine leather strap | Push-button clasp | Swiss Quartz-Ronda movement | Diameter 41 mm*



**Virtus | Uncompromised Performance**

*Alarm | Date indicator | Sapphire crystal with antireflective coating |  
Stainless steel | Dark brown croco-print leather strap or  
stainless steel bracelet | Swiss Quartz-Ronda movement |  
Diameter 41 mm*





## **FASHION**

A timely blend of aesthetic and technical beauty, fashion timepieces are conceived to fit modern men and women who have a natural air of distinction for character and style.

An asset in any wardrobe situation – whether to complement a charming day ensemble or an elegant evening attire – a fashion wristwatch completes your look with perfection and refinement.



**La Vida Ceramic\* | Glamour & Sparkle**

*Small second subdial | Date indicator | Sapphire crystal with antireflective coating | 36 zirconias | White croco-print leather or pink aqua leather or ceramic bracelet | Swiss Quartz-ETA | Diameter 41 mm*

*\*La Vida Ceramic comes with one wrist strap of your choice.*





**Serenade** | An Elegant Statement

*Cabochon crown | Screw-in caseback | Stainless steel | Domed sapphire crystal with antireflective coating | Mother-of-pearl silver dial | Genuine deep blue leather strap | Swiss Quartz-ETA movement | Dimensions 23 x 31 mm*





**Belleza Magnum** | Your Overseas Companion

*Date indicator | Second time zone | Stainless steel | Sapphire crystal with antireflective coating | Black croco-print leather strap | Push-button clasp | Swiss Quartz-Ronda movement | Dimensions 45 x 36.3 mm*



### **La Rétrograde II Gold | A Golden Time**

*Day retrograde | Date indicator | Domed sapphire crystal with antireflective coating | PVD gold-plated case | Black croco-print leather strap | Push-button clasp | Swiss Quartz-Ronda movement | Dimension 51 x 42 mm | Limited edition 1,999 pcs*

### **La Rétrograde II | More than Meets the Eye**

*Day retrograde | Date indicator | Domed sapphire crystal with antireflective coating | Stainless steel | Black croco-print leather strap | Push-button clasp | Swiss Quartz-Ronda movement | Dimension 51 x 42 mm | Limited edition 4,999 pcs*



## GENT CROCO LEATHER STRAP



Gent Croco Leather Strap B60-02	La Royale Watch
Gent Croco Leather Strap B60-08	Ouranos Watch Force Ultimate Watch
Gent Croco Leather Strap B60-10	La Grande Classique – Series II (Brown)
Gent Croco Leather Strap B60-14	Belleza Magnum Watch Belleza Watch La Rétrograde II La Rétrograde II Gold
Gent Croco Leather Strap B60-48	Ultra Slim Grande Watch Ultra Slim Watch – Series II
Gent Croco Leather Strap B60-63	Ultra Slim Watch Ultra Slim Watch Gold
Gent Croco Leather Strap B60-147	Chronomax Watch
Gent Aqua Leather Strap B60-499	Spitfire Watch – Orange
Gent Croco Leather Strap B60-502	Chrono Compressor Watch Apollo Chronograph Watch Apollo Galaxy Watch
Gent Croco Leather Strap C60-08	Imam Ali Palladium Coin Watch



## LADY CROCO LEATHER STRAP



Lady Croco Leather Strap B60-05	Lady Moonbeam Watch Venus Watch
Lady Croco Leather Strap B60-498	Stella Watch
Lady Croco Leather Strap B60-498 XL	Stella Watch
Lady Croco Leather Strap B60-503	Flamingo Watch – White Strap Flamingo Noir Watch
Lady Croco Leather Strap B60-503 XL	Flamingo Watch – White Strap Flamingo Noir Watch
Lady Croco Leather Strap B60-505	Flamingo Watch – Black Strap
Lady Croco Leather Strap B60-505 XL	Flamingo Watch – Black Strap
Lady Croco Leather Strap B60-605	Serenade Watch – Deep Blue Strap



## **BERNHARD H. MAYER® JEWELLERY**

For centuries, people have fallen under the spell of sparkling jewels, diamonds, gold, and the like. Thanks to the knowledge and love for these precious stones and metals, Bernhard H. Mayer® has captured and immortalised these valuable objects into timeless symbols of wearable luxury.

Displaying characteristic creativity and enthusiasm, our master craftsmen and designers have created varying collections of fascinating and enchanting jewellery items, each possessing distinctive style and individuality to suit the personal tastes of wearers.

At Bernhard H. Mayer®, values such as discernment, delight, charisma, authenticity and imagination really count. These attributes, combined with our reputation for outstanding quality, support us in our constant quest to create exceptional jewellery of rare beauty.





- Left **Cironica Diamond Pendant | Circle of Life**  
*18 K yellow gold with rhodium plating, 0.045 ct diamonds, H, SI, 2.45 g; Complimentary gold-plated chain*
  
- Middle **Golden Key Pendant | Lock of Mystery**  
*18 K yellow gold, 0.015 ct diamonds, H, SI, 1.37 g; Complimentary gold-plated chain*
  
- Right **Lorelle Gold Pendant | Halo de l'Amour**  
*18 K yellow gold, 0.04 ct diamonds, H, SI, 1.45 g; Complimentary gold-plated chain*



Left **Adonia Diamond Pendant | Eternal Love**  
*18 K yellow gold, 0.25 ct diamonds, H, SI, 1.83 g; Complimentary cloth chain with 18 K white gold clasp*

Middle **Pallavi Diamond Pendant | The Elegance of Mother Nature**  
*18 K yellow gold, 0.06 ct diamonds, H, SI, 4 g; Complimentary gold-plated chain*

Right **Amandier Diamond Pendant | Springtime of Your Love**  
*18 K white and yellow gold, 0.04 ct diamonds, H, SI, 3.37 g; Complimentary gold-plated chain*



Left **Forever Diamond Pendant** | High Fashion in Love  
*18 K white gold, 0.115 ct black and white diamonds, H, SI, 3.06 g; Complimentary rhodium-plated chain*

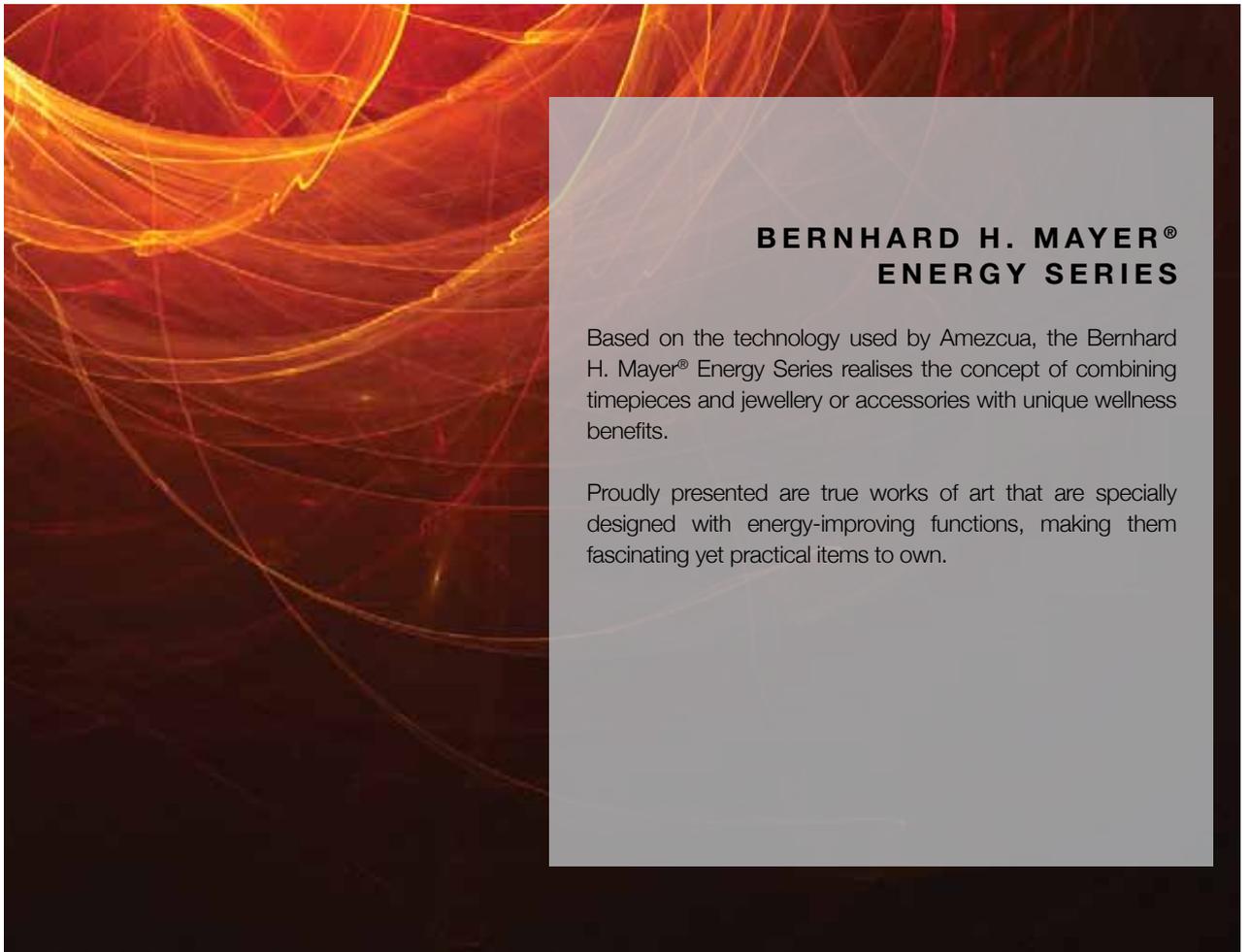
Middle **Amelia Diamond Pendant** | Leafy Spike Art  
*18 K white and yellow gold, 0.05 ct diamonds, H, SI, 2.75 g; Complimentary gold-plated chain*

Right **Pandora's Pendant** | Combining Elegance with Whimsical Design  
*18 K white and rose gold, 0.06 ct diamonds, H, SI, 2.57 g; Complimentary rhodium-plated chain*



Left **Allah Akbar Diamond Pendant | God is Great**  
*18 K yellow gold, 0.015 ct diamonds, H, SI, 2.3 g; Complimentary gold-plated chain*

Right **Hamsa Diamond Pendant | Charm of Protection**  
*18 K white gold, 0.07 ct diamonds, H, SI, 2.60 g; Complimentary rhodium-plated chain*



## **BERNHARD H. MAYER® ENERGY SERIES**

Based on the technology used by Amezcua, the Bernhard H. Mayer® Energy Series realises the concept of combining timepieces and jewellery or accessories with unique wellness benefits.

Proudly presented are true works of art that are specially designed with energy-improving functions, making them fascinating yet practical items to own.



### **Force Ultimate & Force Ultimate – Stainless Steel** Timepiece of Breakthrough Innovation

Featuring a contemporary design characterised by a black square-patterned dial face, this handsome gentleman's timepiece accentuates bold masculine style with its large stainless steel case matched with black croco-print leather strap for the Force Ultimate, or a stainless steel bracelet for the Force Ultimate – Stainless Steel. The built-in energy crystal possesses positive energy forms proven to improve and harmonise energy levels of the wearer.

*Date indicator | Energy crystal | Stainless steel with energised glass caseback | Sapphire crystal with antireflective coating | Black croco-print leather strap or stainless steel bracelet | Swiss Quartz-Ronda movement | Diameter 41 mm*





- Left **Nova Bracelet** *Braided black leather strap with stainless steel magnetic clasp | 21 cm*
- Middle **Emery Gent** *Stainless steel with black silicon | 21 cm*
- Right **Emery Lady** *Stainless steel with black silicon | 19 cm*

### Emery Set | Ultimate Power on Your Wrist

The Emery Set is specially designed to accommodate and benefit the modern lifestyle of men and women. Wearing this eye-catching bracelet helps to greatly increase your energy and harmony levels.



#### Nova Bracelet | A Burst of Energy

The Nova Bracelet gives the wearer a burst of energy and increases harmony levels. With braided black leather strap and a simple yet stylish magnetic clasp engraved with the Bernhard H. Mayer® logo, the Nova Bracelet is one of the perfect accompaniments you can't afford to miss.





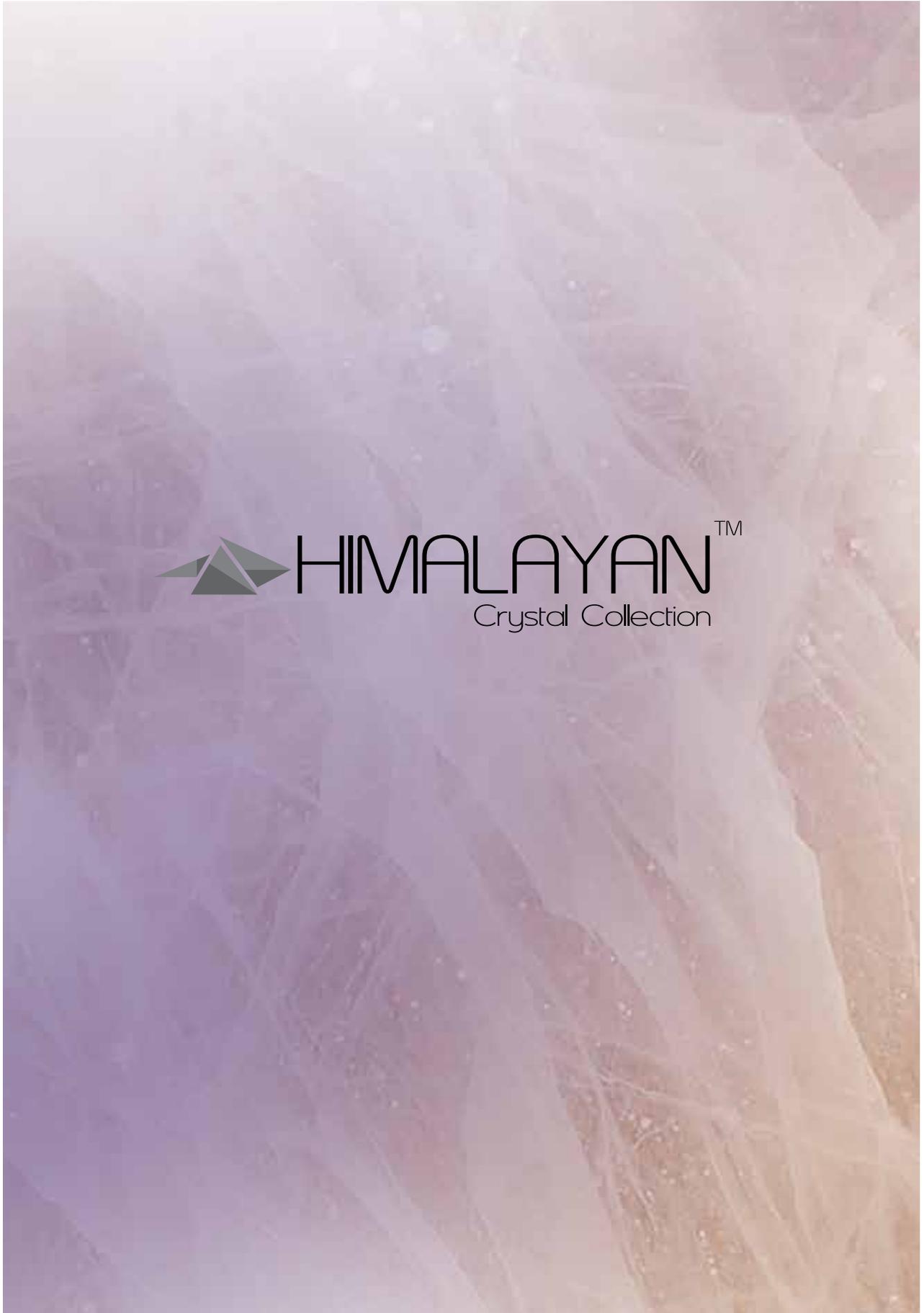
Left **Allah Chi Pendant**  
Middle **Om Chi Pendant**  
Right **The V Chi Pendant**

### **Jewellery Chi Pendants | Live Well with Style**

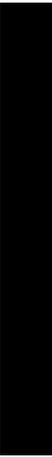
Bernhard H. Mayer® Jewellery Chi Pendants are made of technically engineered natural minerals which have been structurally bonded in glass at a molecular level, using high fusion methods.

The combination of minerals and fusion techniques creates a unique and positive energy field. Apart from improving the harmony and energy levels of the users, the Bernhard H. Mayer® Jewellery Chi Pendants also provide protection against the negative effects of electro-smog.

*Sterling silver 925/- bezel with rhodium plating; High-temperature nano engineered glass, 38 mm Ø, 5 mm thickness*



 **HIMALAYAN**<sup>TM</sup>  
Crystal Collection





## **200 MILLION YEARS OF NATURAL ENERGY CAPTURED IN FINE JEWELLERY**

Those involved in the study of crystals believe that crystals can assist in conducting and transferring energy to the user, and also contribute to an increase and balance in people's energy levels.

From the sacred tops of the highest mountains in the world, the Himalayan Crystal is credited with possessing the highest and most rare form of this energy-conducting ability. The ancient origins and delicate, laborious hand excavation of the Himalayan Crystal ensures it is forever cherished as an exceptional 'master' of the crystal family and saved for precious and romantic purposes.

According to literature by crystal experts, the Himalayan Crystal amplifies energy, possesses a high-energy vibration, and is much sought after by many crystal lovers as the most versatile 'well-being' crystal in the mineral kingdom.



## ORIGIN & SELECTION

The Himalayan Crystal is among the rarest and most treasured crystal on Earth, hailing from a region renowned for its natural offerings. Himalayan Crystals have been exposed to nature's elements for more than 200 million years, which enhance higher natural energy reserves over other crystals.

Each Himalayan Crystal is hand mined and individually selected from the peaks of the Himalayas in Nepal, 3,000 metres above sea level. The valuable crystals are carefully carried on a seven-day trek down dangerous mountain terrain. Such a loving but difficult endeavour of naturally gathering these crystals means they are among the rarest in the world, and their pristine origin results in the purest quartz crystal known to man.



## SECRET CRAFTING TECHNIQUE

The Himalayan Crystal Collection™ is the first and only brand to capture the natural energy and pure beauty of these ancient quartz crystals. The climax of the 200 million-year-old crystal creation and the delicate crafting process is opulent, luxury jewellery creations that embrace 18 K white or yellow gold, diamonds and sterling silver 925/- with 5 micron rhodium plating.

The pieces of exquisite jewellery that comprise the Himalayan Crystal Collection™ have been meticulously and individually hand crafted; a process that demands many man hours by highly skilled jewellers. Achieving the mystique of a diamond appearing within the perfect crystal without damaging or scarring the glass-like surface, is an extremely delicate and difficult crafting technique. This technique is a tightly guarded secret and allows the precision inlay of precious stones and metals into the crystal.

Only the creators of the exclusive Himalayan Crystal Collection™ have mastered the technique.



*Himalayan Crystal, Sterling silver 925/- with 5 micron rhodium plating*



## Tri Angle Pendant

*Optimise and Restore Your Body's Energy Equilibrium*

The Earth is made up of many triangular energy grids; each triangle is isosceles in nature and presents two identical  $51.51^\circ$  angles. This specific angular degree is also the degree of the base angles of the mysterious energy-conducting Great Pyramids of Egypt.

The energy-enhancing Tri Angle Pendant replicates this exact triangular precision in the attempt to recreate and harness the natural energy of the Himalayan Crystal to its full potential. A highly specialised 'lens cut' could help optimise or restore the body's energy equilibrium.

Equally as beneficial and stylish for both ladies and gents, the Tri Angle Pendant is embraced by sterling silver with 5 micron rhodium plating, creating beautiful jewellery pieces with the natural properties of the Himalayan Crystal.



Himalayan Crystal, Sterling silver 925/- with 5 micron rhodium plating, Zirconias



## Pendulum Pendant

*A Dramatic, Customisable Jewellery Piece for Energy Harmonisation*

Experience the wondrous balancing energy of ancient Himalayan Crystals with the Pendulum Pendant. Set on a long silver chain with a delicate adjustable clasp, this intriguing Pendulum Pendant is made of rhodium-plated sterling silver, with the cone-shaped pendant housing refined Himalayan Crystals with 200 million years of natural energy captured inside. A circular band of sparkling zirconias gives the piece an opulent aesthetic. The Himalayan Crystals bring about a harmonised balance of energy, enhancing the wearer's body equilibrium and optimising well-being. The Pendulum Pendant also features an adjustable clasp, which allows creative freedom in wearing the pendant – it can be utilised as a loose necklace, a double-stranded choker, or even looped about the wrist in a multi-layered silver bracelet, with the pendant becoming a delicate charm.



Himalayan Crystal, Sterling silver 925/- with 5 micron rhodium plating

## World Pendant

*Whimsical Refinement to Complement Your Style*

Crafted from sterling silver, the World Pendant taps into the harmonising power of refined Himalayan Crystals, helping to create a balanced energy force for the wearer. With its endearing, whimsical design, the pendant features a delicate ball that rotates along a diagonal axis, encompassed within two silver spheres. This brilliant balance of design and energy creates a captivating jewellery piece and ensures that the World Pendant is a unique and eye-catching accompaniment to individual style.



◀ Himalayan Crystal – 27 Beads

◀ Himalayan Crystal – 33 Beads

## Prayer Beads

*Focus Your Mind, Calm Your Spirit, and Awaken Your Senses*

The close union of the Himalayan Crystal Prayer Beads with Himalayan Crystal natural energy takes your mind back to your thoughts and intentions, and helps you to achieve your inner silence and introspection. The chain of beads can reach far beyond itself, bonding your mind with a higher power. When held in your hands, the Himalayan Crystal Prayer Beads keep your faculty occupied whilst you experience a moment of enlightenment and a touch of the divine.



## LOVE COLLECTION

*Customise Your Look While Enhancing Your Energy Levels*

The Love Collection empowers its wearer with natural energy under the universal sign of enduring passion. Designed with love for the eloquent lady, this collection of Himalayan Crystal, diamonds and 18 K white and yellow gold adorns the ear, the neck and the wrist through finely designed earrings, pendants and charms. A diamond emblem of veritable love is crafted in the shape of a heart and carefully inlaid in the centre of the Himalayan Crystal. The three types of jewellery are able to improve energy and harmony of the body. The customisable Love Collection allows various wearable uses from its interchangeable collection. The Love Collection represents constant companions of symbolic love to be worn in many ways for many occasions.



### Love Pendant – Diamond

*Himalayan Crystal, 18 K white gold, 0.19 ct diamonds, SI clarity, H colour, 23 mm Ø*



### Love Pendant & Earrings

*PENDANT: Himalayan Crystal, 18 K white gold, 0.03 ct diamonds, SI clarity, H colour, 17 mm Ø, interchangeable pendant/charm*

*EARRINGS: Himalayan Crystal, 18 K white gold, 0.07 ct diamonds, SI clarity, H colour, 17 mm Ø*



### Love Diamond Pendant & Earrings – Deluxe\*

*PENDANT: Himalayan Crystal, 18 K yellow and white gold, 0.16 ct diamonds, SI clarity, H colour, 23 mm Ø, removable bezel*

*EARRINGS: Himalayan Crystal, 18 K yellow and white gold, 0.20 ct diamonds, SI clarity, H colour, 17 mm Ø, removable bezel*

*\*Available in the Redemption eStore*

#### **One Piece, Two Styles**

*Remove the bezel to create another elegant look.*



**PRODUCT EVALUATIONS\***

Evaluator	Country	Scope	Tri Angle Pendant	World Pendant	Pendulum Pendant	Love Collection
Institute of Electrophotonic	Germany	Positive Influence over the Human Body and Water	✓			
		Harmonise Energy Level of the Human Body		✓	✓	✓
Centre for Biofield Sciences	India	Positive Effect on the Human Body	✓			
		Balances Chakras and Energy Centres in the Human Body	✓			
Dr med. Manfred Doepp	Germany	Positive Influence over the Human Body	✓	✓	✓	✓
		Optimise and Restore the Body's Energy Equilibrium	✓	✓	✓	✓
National Environment Agency	Singapore	Radiation Safety	✓	✓	✓	✓

\* Refer to page 190 for detailed Product Evaluations & Certifications.



# CHAIRIOS

## THE INNOVATIVE SPIRIT IN TIME

Establishing its own understated, timeless style, CHAIROS® watches are both high-precision instruments for measuring time and aesthetic creations whose elegance reflect technical perfection.

The CHAIROS® collection is a harmonious combination of personality and function to serve a variety of styles ranging from fashion to sporty. Masterly design, fine materials and superb performance make these timepieces the perfect companions to an active lifestyle.



**The Racer Watch | Speed & Stealth**

*Chronograph | Date indicator | Stainless steel with red bezel | Scratchproof sapphire crystal | Swiss Quartz – ISA | Diameter 43 mm | Limited edition 9,999 pcs*



### **Exagon | Time Redefined**

*Day, Month and Second time zone sub-dial | Stainless steel with partial IPG gold-plated or stainless steel with IPG rose gold-plated case | Scratchproof sapphire crystal | Stainless steel with partial IPG gold-plated bracelet or brown leather strap | Swiss Quartz – ISA movement | Dimension 46 mm x 54 mm*



### **Alpine Chronograph | Withstanding the Test of Time**

*Chronograph Alarm | Date indicator | Two-tone stainless steel and IPG gold-plated case | Two-tone stainless steel bracelet or genuine leather strap | Swiss Quartz – Ronda movement | Diameter 44 mm*



**Lynette Watch** | Beauty & Time

*Chronograph / Day and Date indicator / Black ceramic with Swarovski crystals / Scratchproof sapphire crystal / Swiss Quartz – Ronda / Diameter 41 mm*



**La Belle** | For the Woman with Substance

*Day, Date and Second time zone sub-dial | Stainless steel | 80 Swarovski crystals | Scratchproof sapphire crystal | White leather strap or pink leather strap or stainless steel bracelet | Swiss Quartz – ISA movement | Diameter 32 mm*



# CHAIROS T R E N D Z



## Trendz Enerjii Watch | Energy in Style

The new CHAIROS® Trendz Enerjii Watch with far-infrared, negative ion and magnetic technologies helps you deal with challenges of modern day living. Negative ions have an invigorating effect on the human body and created naturally by energy associated with rolling surf, waterfalls and lightning. Wearing the watch is a way of having a source of negative ions within a city environment where one doesn't typically have access to natural sources. Far Infrared (FIR) is the invisible band of energy from the sun's spectrum that we feel as warmth. The watch absorbs energy from various sources and releases it for gentle warming to help support circulation.

Trendz Enerjii Watch by CHAIROS® will boost your energy in style.

*Date indicator | Black silicon bracelet with Far-Infrared & Negative Ion powder inside metal pieces | 2 pieces magnetic on each loop back | Japan Quartz – AL32 | Diameter 30.6 mm*

## Enerjii Bracelet Set | A Passion for Fashion with Well-Being

A modern piece with powerful style combined with wellness benefits, the CHAIROS® Enerjii bracelet brings you the most advanced wellness technologies; negative ion-infused silicone, neodymium magnets and far infrared inserts. Innovative and bold design makes Enerjii bracelet the must-have accessory.

**Gent** *Stainless steel with black silicone, 21 cm*  
**Lady** *Stainless steel with pink silicone, 19 cm*





# FASHION ACCESSORIES

Enchanting yet affordable, fashion accessories offer the perfect accompaniment to dress up your style and dazzle admirers with a sophisticated look that exudes effortless beauty and charm.



# ADIVA DIVINE

## DRAPE YOURSELF IN THE DIVINE

Adorn yourself in glamour and drape yourself in the divine with this gorgeous range of costume jewellery. Adiva Divine brings a glistening statement of individuality to highlight absolutely any outfit with ease and flair.

Whether work or play, Adiva Divine costume jewellery offers the perfect accompaniment to glam up your dressing style and dazzle admirers with a sophisticated look that exudes effortless beauty and charm. Only the best quality is found in the Adiva Divine range, including genuine Swarovski crystals to ensure ultimate glamour and the utmost highest quality.

Each Adiva Divine collection and piece presents its own unique attitude to fashion that enhances the wearer's personality and personal style.

*\*All Adiva Divine costume jewellery pieces are crafted with your health and wellness in mind. You can rest assured that each piece is set in yellow gold or platinum-plated, lead-free based metal.*

*\*Earrings, necklaces, brooches and bracelets in Adiva Divine sets may also be purchased individually.*



# DESIRE COLLECTION

Beauty is one of the most sought-after qualities since the beginning of time. The Desire Collection pushes the boundaries of lust and passion, rendering them into unique sets of costume jewellery with different moods, emotions and styles. Find the type of artistic flair that suits you most with Adiva Divine's Desire Collection.



The paragon of beauty inspired by symmetry comprises of polished green crystals entwined in geometric squares. Choose between the Bridgette Set's allure of chic and stylishness or the luxurious and polished feel of the Bridgette d'Or.



## BRIDGETTE D'OR SET

- Adiva Divine Bridgette d'Or Bracelet
- Adiva Divine Bridgette d'Or Earrings
- Adiva Divine Bridgette d'Or Necklace
- Adiva Divine Bridgette d'Or Set



## BRIDGETTE SET

- Adiva Divine Bridgette Bracelet
- Adiva Divine Bridgette Earrings
- Adiva Divine Bridgette Necklace
- Adiva Divine Bridgette Set



## AUDREY SET

A mesmerising shade of Montana sapphire set on twirls of platinum evokes the glamorous beauties that once graced the red carpet of Hollywood.

- Adiva Divine Audrey Bracelet
- Adiva Divine Audrey Earrings
- Adiva Divine Audrey Necklace
- Adiva Divine Audrey Set



## ADIYA SET

Making you feel like a princess, the exquisite design of the Adiya Set's golden foliage represents a portrait of glamour and royalty that is grand and yet versatile.

Dress for success by adding flair to the magnificence of the Adiya Set with Adiya Brooch's alluring citrine-coloured Swarovski centrepiece.

- Adiva Divine Adiya Brooch
- Adiva Divine Adiya Bracelet
- Adiva Divine Adiya Necklace
- Adiva Divine Adiya Set (Necklace and Bracelet only)



## AMBROSIA SET

The mystical blue of Swarovski crystals combined with a sweet and silvery touch draw its wearer into a realm of delicate charm.

- Adiva Divine Ambrosia Earrings
- Adiva Divine Ambrosia Necklace
- Adiva Divine Ambrosia Set



## PENELOPE SET

The Penelope Set emits a sophisticated countenance yet also a flirtatious and fun aroma with its rendition of brilliant leaves of lime green set on platinum oval plates.

- Adiva Divine Penelope Earrings
- Adiva Divine Penelope Necklace
- Adiva Divine Penelope Set





# AMARANTHINE COLLECTION

Exquisite jewellery, just like true beauty, is timeless and eternal. Adiva Divine's Amaranthine Collection captures and freezes time by meticulously rendering them into each separate jewellery set and piece. Acquire lasting charm and flair by complementing any outfit with your favourite Amaranthine costume jewellery.



## ALLEGRA SET

Attractive, unique and glamorous, the Allegra Set elicits the feeling of elegance and grace while lending a strong sense of class to the wearer.

- Adiva Divine Allegra Earrings
- Adiva Divine Allegra Necklace
- Adiva Divine Allegra Set



## SABRINA CHAIN

Worn a dozen ways to suit a dozen occasions, the platinum-plated Sabrina Chain brings with it a romantic and womanly charm.

- Adiva Divine Sabrina Chain



## COSTUME JEWELLERY NEEDS SPECIFIC CARE, JUST AS YOUR OTHER FINE JEWELLERY

Fine jewellery and fashion jewellery should not mix whether you are wearing them, cleaning them, or storing them. Therefore, never keep real gold and costume jewellery together. Always store separately.

To avoid your costume jewellery from quickly tarnishing or becoming rusty or pitted due to moisture, keep them in a plastic bag. Wrap them loosely inside the bag and store in boxes, drawers, or plastic containers.

Always use big containers to keep jewels; do not jumble them together in small containers.

While cleaning your costume jewellery, do not immerse it in water or any cleaning solution. Doing so will cause a change in the colour of the stones and dissolve the material used to set the stones. Instead, use a damp, soft cloth to wipe the jewellery.

Never apply perfume, deodorant, oil, body lotion or hairspray while wearing the jewellery as the chemicals will tarnish the plating on the jewellery. Spray the perfume or hairspray first and then wear the jewellery.

Avoid wearing jewellery when bathing, going to bed, swimming, or when exercising.

Do not bend or apply excessive pressure to delicate jewellery. Bracelets or necklaces should be stored in a flat manner with stones turned upward to prevent them from coming loose and to maintain the shape of the jewellery piece.





# EDUCATION

An invaluable learning experience in a professional yet informal education setting, designed for networkers and entrepreneurs to develop their skills and abilities needed to succeed in their business.





## Knowledge at Your Fingertips

“ Is studying online as good as going to a physical classroom? ”

“ But, what value do I get out of a course that won't give me a degree? ”

“ Why should I study when I'm already making more than enough money? ”

“ Isn't it too late for me to go back to school? ”



## **MAKE A MARK IN THE WORLD** BE YOUR OWN BOSS, CALL YOUR OWN SHOTS!

### Online courses

-  Mini MBA
-  eCommerce
-  Entrepreneurship
-  Performance Management
-  Business English
-  Presentation and Communication Skills
-  Career Design
-  Marketing
-  The Art of Management
-  Wealth Management

### Subscription Service

-  Online Library

Those who achieve the most in life are always learning. They are students of life, students of their mentors, students of their peers, and students of their experiences. Their **'cups are empty'**, always ready to learn. They seek to improve themselves at every turn. Following the concept of RYTHM, they strive to raise themselves in every way, for the benefit of themselves and those around them.

At the Swiss eLearning Institute, courses are designed for these types of people; both those who aspire to achieve and those who are already achieving. The thirst for learning and personal development lives in everyone, but is especially evident in networkers. Investing in your future goes beyond financial gain. Investing in your future is investing in yourself; enhancing your personal knowledge and continuing education.

The framework of the Swiss eLearning Institute is based on the concept of 'continuing education'; a post-secondary education programme that is set up to provide further enrichment, whether professionally or personally.

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**Where is the Swiss eLearning Institute based?**

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The Swiss eLearning Institute is located on an advanced web-based platform powered by Switzerland's leading global online business school.



Anybody can benefit from continuing education, but the informal and flexible nature of continuing education courses provides a particular advantage to those whose professions are constantly evolving, especially networkers. When we first develop ourselves, other aspects surrounding our lives improve also. A healthy mind leads to a healthy body, which leads to a healthy, wealthy life.

Yet, when do you have the time to go back to basics and build on your core skills? How can busy, determined networkers suddenly drop everything they're doing to attend school?

And after all, the power of network marketing is in its ability to be taught and duplicated, without a prerequisite of a university degree or a piece of paper that says 'diploma'. Yet, what is life if we are not learning?

This is where QNET has blended together the skills that make a successful networker, with the academic experts and leading professors at Switzerland's leading online university. The Swiss eLearning Institute recognises that a strictly structured, tightly framed environment like that of a traditional university or classroom setting is not the most suitable for the fast-paced, dynamic and progressive life and busy schedules of networkers. Unlike a normal classroom, eLearning offers a flexible and an informal educational environment tailor-made for professional development. The Swiss eLearning Institute offers well-developed courses, from beginner to advanced to niche, for the modern networker.

**Improve yourself today** and watch the results in your business. Invest in your own human capital, that of your own and of your team. Invest in your own future, and help improve those around you.

**WHAT MAKES A NETWORKER?**

- Dynamic and progressive lifestyles
- Flexibility and adaptability to change
- A desire to make a difference
- A yearning passion to evolve and change one's life

**WHAT MAKES AN ELEARNING STUDENT?**

- Active and productive lifestyles
- A desire to expand knowledge
- Adaptation and versatility
- Seeking a way to improve oneself

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**How are the courses offered?**

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All courses provide learners with an intuitive online-learning environment. You will follow a self-paced asynchronous learning path through the curriculum. At all times, you will be guided by progress indicators that allow for easy self-assessment and progress control.

**ENJOY LEARNING**

Well-developed, interesting courses steered towards self-development



Flexible schedules



No commuting to physical campuses



Tailor-made curriculums designed by networking professionals and academics



A learning environment in the comfort of wherever you wish



A Certificate of Achievement once you finish your course

**THE WORLD'S LEADING ONLINE INSTITUTE**

Courses at the Swiss eLearning Institute are created by globally renowned academics, scientists and field professionals from Switzerland's leading online university, the SMC University. SMC University is QNET's education partner, ensuring the integrity of the academic foundation of the Swiss eLearning Institute, which in turn allows the provision of courses that result in first-hand skills and tools that can be immediately applied in everyday life and business. The Swiss eLearning Institute offers a web-based learning portal that provides courses developed specifically for those with a busy schedule and a dynamic lifestyle. Your enrolment and completion will enhance your skills in each respective field and add weight to your overall competence. Once you have passed all requirements for your course, you will be awarded with a Certificate of Achievement from the Trustees of the Swiss eLearning Institute, equipping you with both a professional and personal strategic advantage for your future.

**MINI MBA**

Give yourself an edge in the increasingly competitive world. Rather than stressing out with the time-consuming journey of equipping yourself with the necessary knowledge that you would do on your own, wouldn't it be better to take a course that prepares you for what it takes to truly succeed in the business industry? Who knows how long it will take to go blindly improving yourself in the necessary fields of business? Pick up business administration skills in order to start your own business with the Swiss eLearning Institute's Mini MBA course, which gives you a bundled package of knowledge in necessary fields. Learn the basic conceptual framework of business – business management, leadership skills, human capital management, finance and accounting, marketing and sales... just to name a few!

Justify your long-term goals. Choose Swiss eLearning Institute's Mini MBA course.

**Topics covered:**

- Strategic insights of an MBA
- Leadership in a new era
- Managing human capital
- Finance and accounting
- Contextual ethics
- Complexities of the legal environment
- Negotiations and conflict resolution
- Corporate Social Responsibility
- Marketing and sales
- Empowerment of your career

**Available languages: Arabic, English, French, Russian**

**Disclaimer:**

This is not an academic course, the Mini MBA is a basis of teaching the concepts of an MBA. No academic degrees will be given with this course.



“ **How much time does it take to complete a course?** ”

All courses are built on a modular design that allows for flexible and self-paced progress through the individual chapters or topics. By investing around eight hours of study a week, the average course duration will be around eight weeks.



## ECOMMERCE

Business models across the world continue to change drastically with the emergence of eCommerce. Nowadays, eCommerce has become an important business tool for businesses worldwide. The world is heading towards the future and is much more connected. Make sure you jump on the wagon and don't get left behind. Be the leader in change, not the follower!

Utilise the Internet to maximise your business! Introducing you to the electronic marketplace and the rapidly developing field of eCommerce, the Swiss eLearning Institute's eCommerce course allows you to understand the basics that are needed to develop your skills to build a successful Internet business in online marketing. This course is designed to familiarise individuals with current and emerging eCommerce technologies and then guide them through the various techniques such as email marketing, capitalising on the marketing phenomenon of social media, and online marketing solutions. Learn the tips and tricks that will push your business to another level!

### Topics covered:

- Online marketing basics
- Online advertising and promotion
- Online public relations
- Enhancing your business through social media
- Identifying and capturing online target markets
- RSS feeds, email marketing, auto responders

**Available languages: Arabic, English, French, Russian**



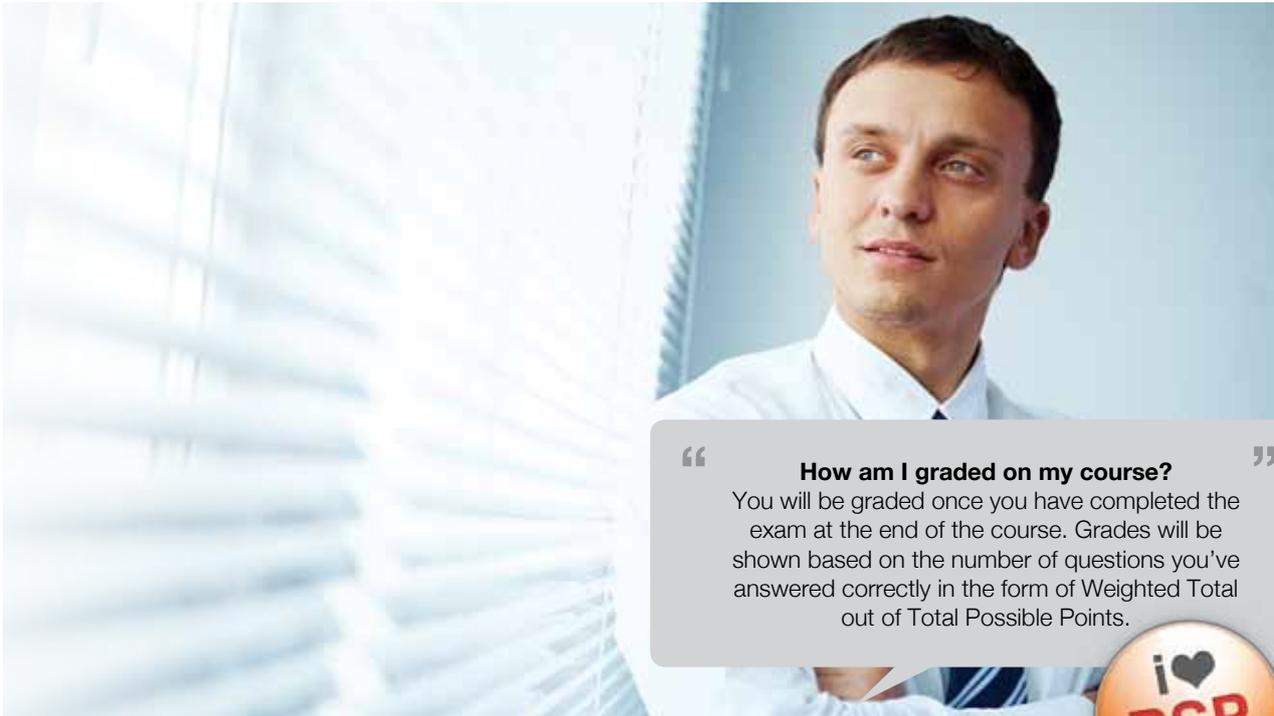
## ENTREPRENEURSHIP

Take a chance! Are you a risk-taker? Do you have high expectations for yourself? As a savvy networker, it is essential to have these qualities. All you need is to channel your energy in the right direction. Passion is important for the business venture – it's the key to living in today's challenging world. Without the 'know-how', passion alone can't help you to become successful. What you need is to combine passion and knowledge to get the right balance for your life and your career path. The Swiss eLearning Institute understands what it takes to get you there. We offer the dynamic Entrepreneurship course which provides insight into proven business strategies. The Entrepreneurship course allows you to channel your creativity and ambitions in a successful way. Be the boss and don't get beaten. Learn the ropes to managing your own business empire. Brush up on your entrepreneurial skills and embrace the life of a true entrepreneur.

### Topics covered:

- Building a successful enterprise
- Business & marketing plan
- Opportunity and risk analysis
- Entrepreneurial marketing
- Entrepreneurial finance
- Entrepreneurial leadership

**Available languages: Arabic, English, French, Russian**



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**How am I graded on my course?**

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You will be graded once you have completed the exam at the end of the course. Grades will be shown based on the number of questions you've answered correctly in the form of Weighted Total out of Total Possible Points.

**PERFORMANCE MANAGEMENT**

To ensure that your goals are consistently being met in an effective manner, you need to have efficient performance management skills. Not only high-level managers, but everyone, especially high achievers with a dynamic lifestyle like networkers, can also benefit from applying these skills to increase the productivity and the profitability of an organisation. In order to successfully and efficiently manage your network to enhance your business, you need to understand the aims of performance management, to identify the standards of performance and to conduct the reviews of performance. More than just managing your network, Swiss eLearning Institute's Performance Management course provides techniques and tools to enhance your skills and also help you manage your own performance, set goals and meet them in an organised and systematic matter.

**Topics covered:**

- Framework for development and improvement
- Clarity on your network's overall goals
- Network empowerment and coaching
- Leadership management style
- Enhancing and measuring team performance

**Available language: English**

**BUSINESS ENGLISH**

For business professionals, especially networkers, the ability to express yourself and your ideas are essential. Today, more than a billion people worldwide speak English, making up one-seventh of the world's population all speaking a common language. A billion people makes a billion business opportunities. This is why language skills, especially in English, the internationally recognised business language, are of utmost importance.

Bad grammar, wrong or misused idioms, and mispronunciations immediately stand out, resulting in detrimental misunderstandings, frustrations, or even missed opportunities. This is why the Swiss eLearning Institute brings you this revolutionary Business English course. Broken down into three professionally planned learning sections, the Business English course is more than just your average language class. Forget your childhood experience of memorising vocabulary and chanting grammar rules – this course will seek to build a true foundation from which you can expand your communication skills in English, with a specific focus on language used to get ahead in business situations. Continue your education, raise yourself, and widen your network with the Swiss eLearning Institute.

**Topics covered:**

- Recapping your business English skills
- Strengthening your grammar skills
- Expanding your vocabulary
- Enhancing your writing skills
- Improving your business interactions

**Available language: English**



“

**Is the course certificate a degree or a diploma?**

The courses at Swiss eLearning Institute are non-degree courses. Upon positive completion you will be granted a Certificate of Achievement, certifying that you have successfully met all academic requirements of the course. Your enrolment and subsequent completion will enhance your skills in the respective fields and add weight to your overall competence, formalised in your curriculum vitae.

”

**PRESENTATION AND COMMUNICATION SKILLS**

The Swiss eLearning Institute's Presentation and Communication Skills course introduces aspiring leaders and entrepreneurs to their most important companion on their road to success: effective communication. Of particular value and application to networkers, the mastery of interpersonal communication is a prerequisite to any favourable – and successful – business interaction.

Every single working day holds challenges that involve influencing others' thinking and actions – moments that demand special skills and consideration. By advancing through the course curriculum, proven communication, persuasion and negotiation concepts and strategies become essential tools in each participant's skill set. Based on a modular design provided by leading communication experts and trainers, each unit provides key concepts using a fresh, practical approach that is highly adaptable to individual needs. Graduates of this course are better and equipped for daily, hourly interactions in both business and social situations.

**Topics covered:**

- The nature of communication
- Key elements of communication
- Internal vs. external communication
- Oral and written communication secrets
- Introduction to persuasion
- Successful communication in teams

**Available languages: Arabic, English, French, Russian, Turkish**

**CAREER DESIGN**

The Swiss eLearning Institute's Career Design course offers vital support to those who have arrived at decisive points in their professional life. Personal crossroads, desire for new challenges, emerging entrepreneurial spirit, or additional education have one thing in common: the need for careful planning and consideration. Together with leading executive coaches and personal trainers, the Swiss eLearning Institute has created a modular mentorship concept that will pave the way for sustainable pursuit of your goals.

The Career Design course will help participants master their personal change and overcome fears, identify untapped potential, and provide dedication and commitment.

**Key elements considered:**

- Your career values and drivers
- Your personality structure
- Your journey in life
- Your strengths and weaknesses
- Personal assessment and analysis

**Topics covered:**

- A framework for personal and career reflections
- Personal values, skills, and major goals
- Planning, motivation, adherence to timelines and achieving goals
- Guide to decision-making

**Available languages: Arabic, English, French, Russian, Turkish**



## **MARKETING**

The Swiss eLearning Institute's Marketing course is designed for entrepreneurs who are ready to reach out to new audiences and markets. Using invaluable hands-on insight from business owners that have successfully mastered their initial marketing challenges, the Swiss eLearning Institute has created a highly practical and accurate course that covers the most important aspects of the trade: identifying, building and managing customer relations, building and managing a strong brand, and effectively utilising Web 2.0 marketing means.

Throughout the course, a broad scope of core concepts as well as the latest major trends will be covered, reflecting the forces that are impacting this ever-changing field, leaving you with the key tools to succeed at what you do best.

### **Topics covered:**

- Introduction to customer segmentation
- Basics of consumer behaviour
- Mastering the four 'Ps': Product, Price, Place, Promotion
- Online marketing
- Viral/Social media marketing

**Available languages: Arabic, English, French, Russian, Turkish**

## **THE ART OF MANAGEMENT** Winning Concepts and Strategies

The Swiss eLearning Institute's The Art of Management course was created for those seeking profound managerial insight and understanding. Created together with leading academic and professional management experts, the course puts a strong emphasis on building and strengthening your very own potential.

All topics covered throughout the modular course are related to the daily challenges in the life of an entrepreneur, ensuring that those winning concepts and strategies immediately apply. The Art of Management course is geared towards building experience and skills to support your management needs, which can be applied very well to your own network.

### **Topics covered:**

- Risk management
- Personnel management
- Strategic management concepts
- Financial management
- Operations management

**Available languages: Arabic, English, French, Russian, Turkish**



## WEALTH MANAGEMENT

Today, it is not enough to simply work hard and make money. You must also put your hard earned money to work so that it sets you on a path towards the wealth and security you desire.

An essential ingredient of success in today's competitive economic environment is financial know-how. Without it, most struggle to make the important strategic and day-to-day decisions that allow them to accumulate wealth.

Swiss eLearning Institute's Wealth Management course is a comprehensive financial programme that begins by establishing the three critical concepts of financial planning, debt and savings. The course then examines advanced topics such as investments, tax liabilities and insurance issues.

Choose Swiss eLearning Institute's Wealth Management course and move toward financial stability and success today.

### Topics Covered:

- Measuring your financial health
- Establishing and achieving goals
- Dealing with debt
- Trimming your debt
- Important investment concepts
- Investing in funds
- Retirement funds
- Investing in real-estate
- Insurance
- Working with financial planners
- Using a computer to manage your money
- Tactics to thwart identity theft and fraud.

**Available language: English**

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**Where can I go to find more information on the Swiss eLearning Institute?**

For more information on the Swiss eLearning Institute, go to [www.swisselearninginstitute.com](http://www.swisselearninginstitute.com).

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**ONLINE LIBRARY**

Tracking down and getting your hands on the right books and finding credible academic sources can be a difficult, expensive and laborious task! Ordering them online may also mean that you will be charged for shipment fees and taxes, and after receiving your purchased books you may find that they don't even cover the topics you want! What if you only need them for a one-time read? Imagine if we could migrate from library shelves across the world to an online library... a place where you can enjoy access to an incredible variety of sources and information from wherever you are, 24 hours a day, 7 days a week. Think of the wealth of knowledge you can receive and share all at the tips of your fingers. Well... there IS such a place.

The Swiss eLearning Institute brings you its Online Library, a platform of business-related tools containing over 500 eBooks, videos, MP3's, MP4's, journals and more! With a monthly subscription fee, you can have all the information you want with just a few clicks, minus the long queues and dreary waiting time. Expand your business, gain more knowledge and improve your life. Subscribe to the Swiss eLearning Institute's Online Library... and change your life today!



**ENHANCE YOURSELF TODAY!**  
[www.swisselearninginstitute.com](http://www.swisselearninginstitute.com)

Go to your eStore now to take one of our courses! It's so simple to get started on a course of success – just follow these **3 easy steps!**



**ENROL**

Visit your eStore and purchase the course(s) of your choice. Your purchase is your ENROLMENT. You will then receive a welcome letter from the Swiss eLearning Institute, which will include your login details for your course.



**ACTIVATE**

Click on the activation link found on the lower left-hand side of your Virtual Office to ACTIVATE your course(s).

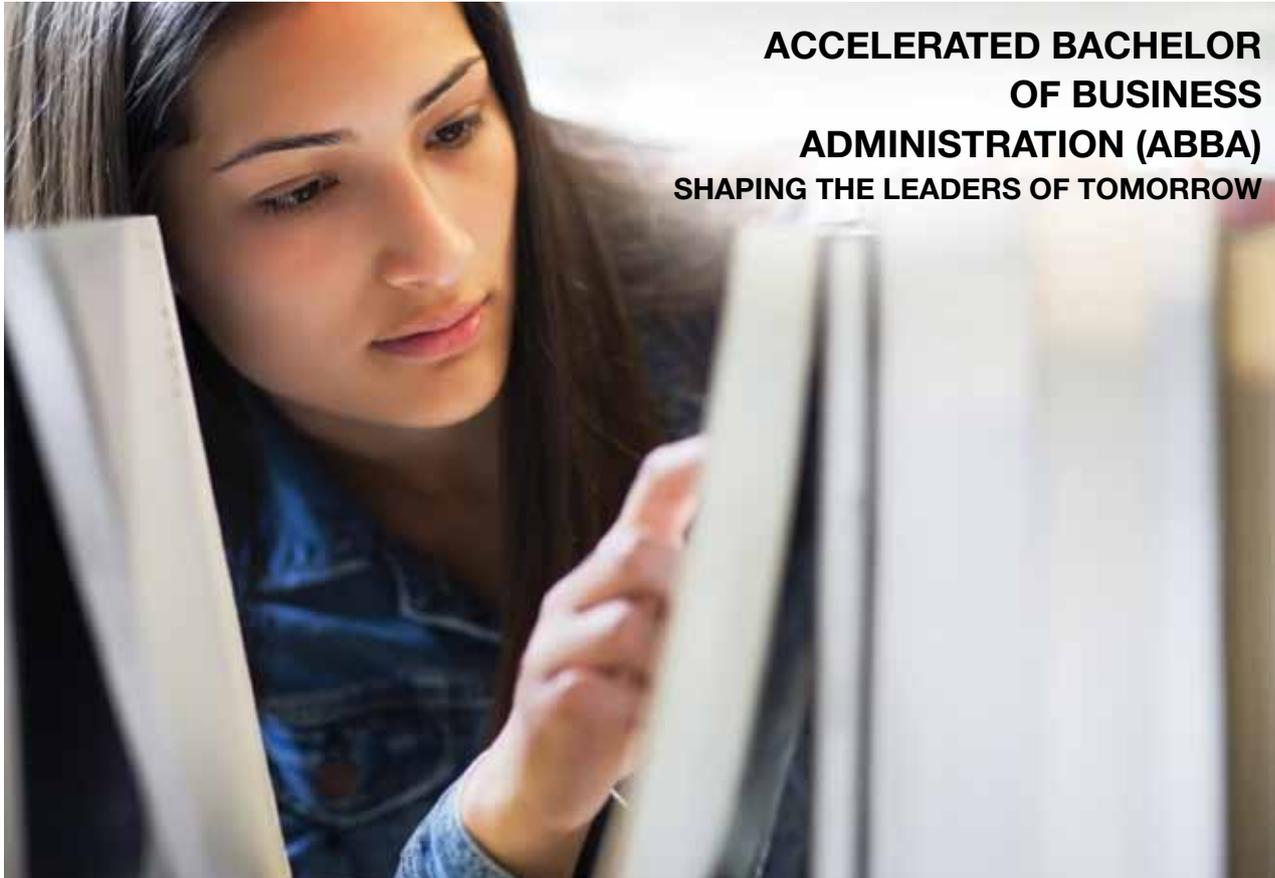


**ACCESS**

ACCESS your course(s) today by logging into [www.swisselearninginstitute.com](http://www.swisselearninginstitute.com).



# SMC UNIVERSITY



## **ACCELERATED BACHELOR OF BUSINESS ADMINISTRATION (ABBA) SHAPING THE LEADERS OF TOMORROW**

- Accelerated Bachelor of Business Administration (ABBA)

In the fast-paced, hyper-changing world of today, intuition and past experience alone are no longer enough to strive and thrive in the business world of hotshots and entrepreneurs. However, combining these qualities with a solid academic foundation in business management can go a long way in terms of success.

Through the Accelerated Bachelor of Business Administration (ABBA) programme, we offer a portfolio of broad-based classes, exponential learning, business competence and leadership skills to give the graduates a marked competitive advantage in business management positions. We aim to create the leaders of tomorrow by providing a comprehensive skill set that will become the basis for self-improvement and business initiatives.

Our Accelerated Bachelor of Business Administration (ABBA) programme is a degree that aims to develop a thorough understanding of business in its manifold aspects within an accelerated time frame. With the highest standard of academic integrity, the programme's graduates will be able to develop extensive knowledge in industry-related fields and adapt them to practical applications.

Accredited only by SMC, the Accelerated Bachelor of Business Administration (ABBA) can be used as a qualification to apply for SMC's Master of Business Administration (MBA) programme, an internationally recognised educational degree.



## DURATION

The Accelerated Bachelor of Business Administration (ABBA) programme is designed to provide you the flexibility you need. By investing around eight hours of study a week, the average course duration will be around 6 months.



## CURRICULUM

### Business Cultures and Protocol

The increased cultural diversity in business and the global environment of today require successful managers to develop their cultural awareness in both domestic and international markets. This course enhances your communication skills to help improve business relations within an intercultural context, focussing on cultural and cross-cultural management.

### Business Law

Business Law is the study of different legal systems with an emphasis on the law's relationship to business. The course aims to introduce the principles of law and to create the basis for establishing sound legal relationships in business. The course will help you enhance your understanding of legal processes so that you can use those processes more effectively and efficiently in business decision making.

### Business Policy & Strategy

This course is the basis for a solid understanding of management decision-making, the present business environment and ethical considerations in business. At the end of the course, you will be able to examine business practices, strategies for building, extending, and sustaining competitive advantage, corporate culture, vision, mission and strategy.

### Financial Management

This course extensively explores the issues and concepts of successful financial management and aims to enhance the knowledge of finance when dealing with the complexity of making financial decisions in a management environment. Emphasis will be given on how to maximise the assets of a company and obtain financial results, examining the trade-offs that are necessary and decisions on financial maximisation.

### Fundamentals of Accounting

The course is an introduction to the field of accounting for business. Upon completion of this course, you will have a thorough understanding of accounting principles, business analysis, and be able to prepare financial statements. You will also recognise the accounting characteristics of the different forms of business organisations.

### Entrepreneurship

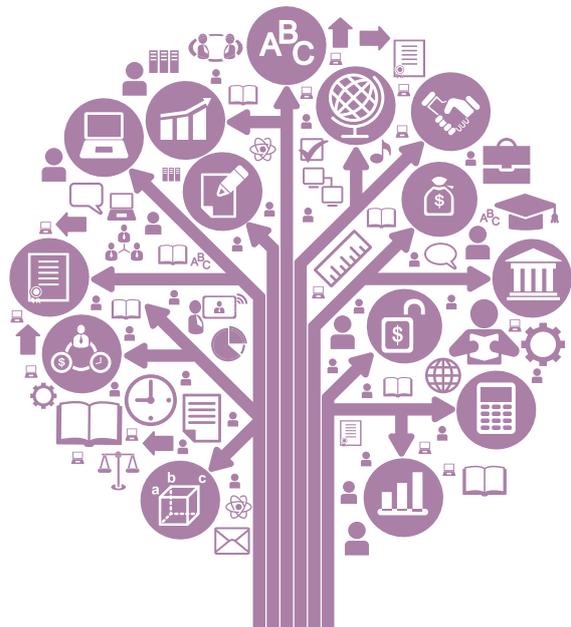
Learn the theory and the practice of managing and owning a private business, problems of running a family business and how new businesses are started. The subject explores the entire process of creating and running operations, from planning to execution. It gives you a thorough perspective of the process of building and presenting business plans.

### Fundamentals of Marketing

This course examines the different skills needed in order to be an effective marketing person, including the processes of analysing the market, applying the 4P's, the specifics of marketing products and services and the differences in selling them, focussing on contemporary marketing trends.

### HR Management

Examines and provides a solid ground for understanding human behaviour, human resources and their development, and the challenges that impact companies. The course creates an analytical horizon for issues in team building, motivation and satisfaction, dynamics of communicating, leading, counselling, and individual development.





### **International Business & Trade**

The course examines the process of international financing and development, with the roles of different types of lenders, domestic and foreign government assistance programmes, different methods of payment, identifying and managing risk in the international financial arena and tax considerations. You will also explore the most common methods of international payment and collections, including letters of credit, forfeiting, consignment and countertrade.

### **Management & Business**

Learn the basics of the management process, the different approaches to it and the external factors of influence. You will examine the functions of planning, delegating, decision-making, job design, human resource management and communication. The course will specially emphasise external and internal information systems, as well as the strategic, management and operational needs of a business.

### **Management Information Systems**

This course develops a clear understanding and breadth of knowledge within the theoretical principles and concepts of information technology. You will be introduced to the role of Information Systems (IS) within a professional business environment. The unit builds a basic understanding of the value and uses of information technology in information systems for business operations, managerial decision-making, and strategic advantage.

### **Micro- & Macroeconomics**

#### **• Microeconomics**

Discusses the topics of supply and demand, consumer theory, competition, market structures, market factors and market failure case studies of subsidies, control, protectionism, pollution and welfare programmes. You will have the chance to participate in contemporary policy debates concerning the roles of government and the market, and will create applied economic analysis.

#### **• Macroeconomics**

Concentrates on building a solid base of the different economic theories and their development and evaluation against empirical evidence. The course will examine supply and demand, aggregate demand, market equilibrium, Gross Domestic Product (GDP), national savings and various other key macroeconomic topics.

### **Presentation & Communication**

The course examines the seven aspects of a dynamic presentation, shows methods of structuring, visualising and delivering messages. It aims to teach you how to improve vocal variety and how to use verbal and nonverbal signs in order to improve body movement, facial expressions, eye contact and countenance. It also illustrates techniques on dealing with questions and debate.

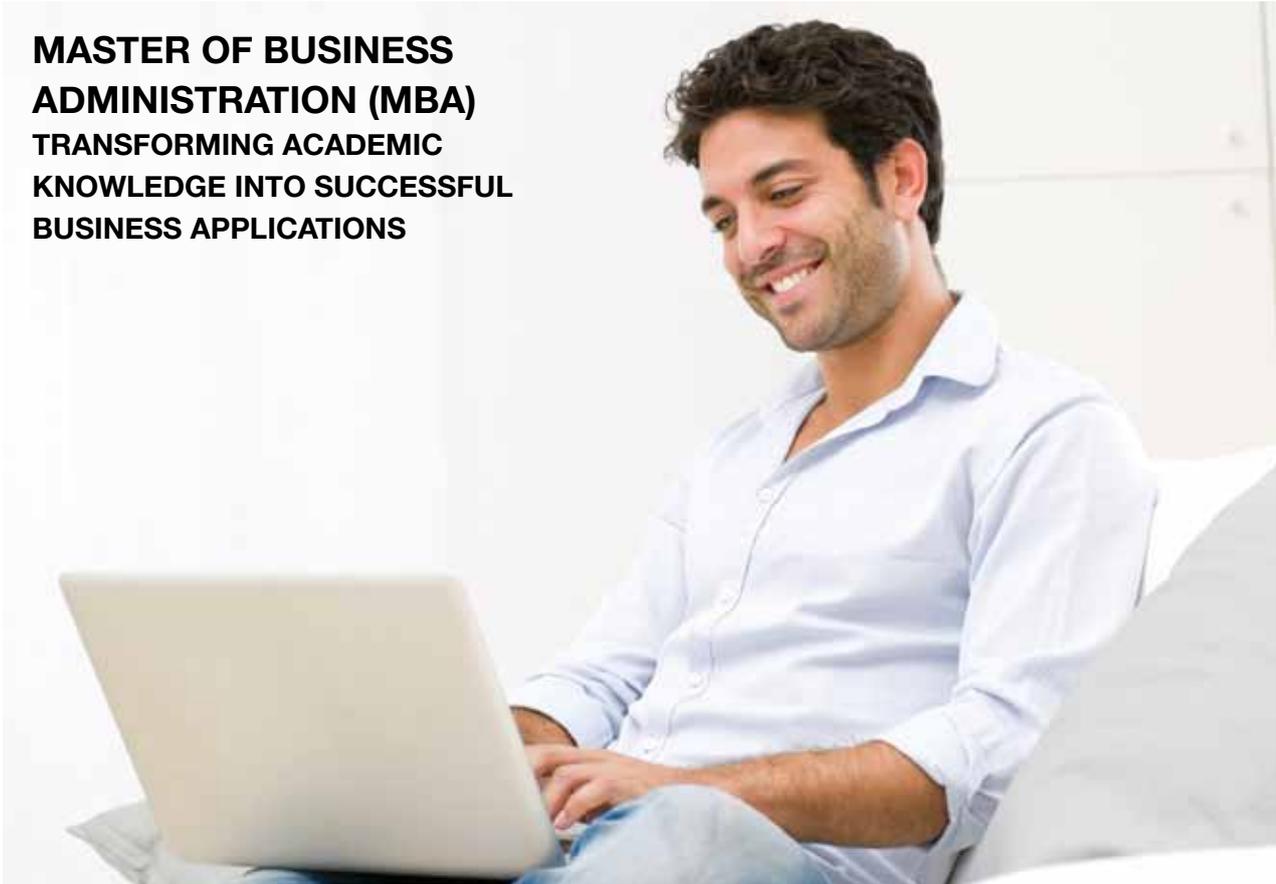
### **Purchasing & Supply Chain Management**

The course will aim to give you a solid base of the field of purchasing and supply management. To finish the course, you have to understand the important of purchasing and the concept of supply management; have the ability to apply various methods in managing and improving the purchasing process as well as the ability to use relevant tools for measuring purchasing and supplier performance.

### **Sales Management & Consumer Behaviour**

This is a hands-on introduction to selling and sales management. The course aims to develop your sales skills and sales techniques, allowing you to gain expertise in your sales territories and build successful sales and management teams.

## MASTER OF BUSINESS ADMINISTRATION (MBA) TRANSFORMING ACADEMIC KNOWLEDGE INTO SUCCESSFUL BUSINESS APPLICATIONS



- Master of Business Administration (MBA)

As an internationally accredited academic programme, SMC's Master of Business Administration (MBA) offers an assiduous research-based curriculum, emphasising experiential knowledge and real-life applications.

Using real-world case studies, the programme provides you with the skills you need to reach your goals as leaders, innovators, and entrepreneurs.

For those who aim to advance to the top, whether playing a role in top senior management or becoming a renowned entrepreneur, the programme offers a top-notch opportunity for its students to equip themselves with the tools needed for career advancement and personal growth.

The courses will teach you not only to recognise opportunity, but also how to create one, an essential ability in a constantly evolving business environment. Improve your chance of success and strive for the top with SMC's Master of Business Administration.



### ADMISSION REQUIREMENTS

Candidates must meet the following requirements:

- An undergraduate degree from an internationally recognised academic institution or the SMC's Accelerated Bachelor of Business Administration (ABBA) programme certificate
- A minimum of three (3) years working experience in middle management or equivalent, respective to the profession
- Proof of English proficiency



### DURATION

The programme duration depends on your individual progress and time committed to the course. Students and their dedicated professor construct a preferred schedule and start the course at any convenient time.



## CURRICULUM

### Management

This course aims to help the student develop a basic understanding of the essentials of management and the nature of complex organisations. Topics include basic theories, principles, concepts, etc. of management and organisations, attempting to develop rational and systematic techniques of analysis and enquiry as well as endeavouring to interface theory with practice.

### Marketing Management

This course is designed to enhance understanding of marketing as a social science and a business field. It builds upon four major marketing themes: building and managing profitable customer relationships, building and managing strong brands to create brand equity, harnessing new marketing technologies in the digital age, and marketing in a socially responsible way around the globe. Revealing insights to modern marketing, the course also discusses the major trends and forces that impact this dynamic and ever-changing field of business.

### Managerial Finance & Accounting

This course is designed to teach students to handle budgets and other finance and accounting tools, while emphasising the critical thinking skills necessary to interpret results and outcomes in order to lead a business into financial soundness.

### Business Research

This course is designed to provide a strategic view and understanding of business environments. Business research is necessary in helping to fully understand business strategies and to create a solid understanding of how decisions may affect the business.

### Managerial Economics

This course involves the application of economic theory to managerial issues. Elements of managerial economics will be covered, including all aspects of business activities, such as production, pricing, financing, management and strategy.

### Human Resources Management

This course introduces contemporary issues in the field, both from a global and a strategic perspective. It provides the basis for understanding labour relations, compensation and benefit schemes as well as the role of HR within an organisation.

### International Business and Trade

This course provides a framework for analysing decisions made by firms in an international context. This framework provides the basis for formulating strategies that will enable businesses to succeed in the international business environment.

### Business Development Management

This course introduces you to the issues, strategies, and relationships that correlate with developing sustainable revenue through well-managed sales and business development activities. Special emphasis is put on developing a sales force programme, managing strategic account relationships, team development, diversity in the work force, sales force automation, problem-solving skills, and financial issues.

### Case Studies – The F1 Art of Leadership

This course provides you with an exclusive training and action experience, focussing on the business side of motorsports and sports sponsorship. Special emphasis is put on analysing and discussing the field of Formula 1 motor racing, including leadership, marketing, logistics, and sponsorship management. The students will be given insights into the racing world, applicable to Formula 1 and any other high-performance sport and business.



## GRADUATION CRITERIA

The Master Degree is granted following the successful completion of the subjects, the accumulation of a minimum of 90 (with a 4-year Bachelor) to 120 (with a 3-year Bachelor) ECTS credits (or less, in accordance to the undergraduate degree credits) and the completion of a capstone project presented to the Swiss Management Center. To graduate and receive degree certification, students should achieve a minimum overall GPA of 2.7.



“QIUP is not a degree mill but a university that provides wholesome and holistic education.”

Dato' Sri Dr Vijay Eswaran  
Chairman of University Council

- Foundation in Business
- Foundation in Science

## ABOUT QIUP

Quest International University Perak (QIUP) is a private and comprehensive research-led university. With a belief in the power of knowledge and values in the qualities of an inquisitive mind, QIUP provides the highest facet of knowledge and learning environment, striving to inspire a knowledge-seeking mindset in all their students and peers, as well as equipping them with the best skill set needed to succeed in their life goals.

QIUP's students are always the top priority. We believe in blending theory and practice in education and that's why our programmes are industry-relevant, using motivational teaching methods which have proven highly effective.

## TOP 5 REASONS TO CHOOSE QIUP

### ✓ International Standards

QIUP's primary mission is to inculcate excellence and creativity, embrace diversity, promote impacting research and foster engagement with society with well-articulated policies and action plans.

### ✓ Convenient Location

Its interim campus is only a two-hour drive from Kuala Lumpur, Penang and East Coast, and located away from the hustle and bustle of inner city life. This, together with the proximate location of student accommodation, translates to a lower cost of living as compared to other major cities in the country.

### ✓ Conducive Learning Environment

Equipped with good security, Wi-Fi and comfortable accommodation, QIUP caters to all the needs of a student by providing a conducive learning environment and a home away from home.

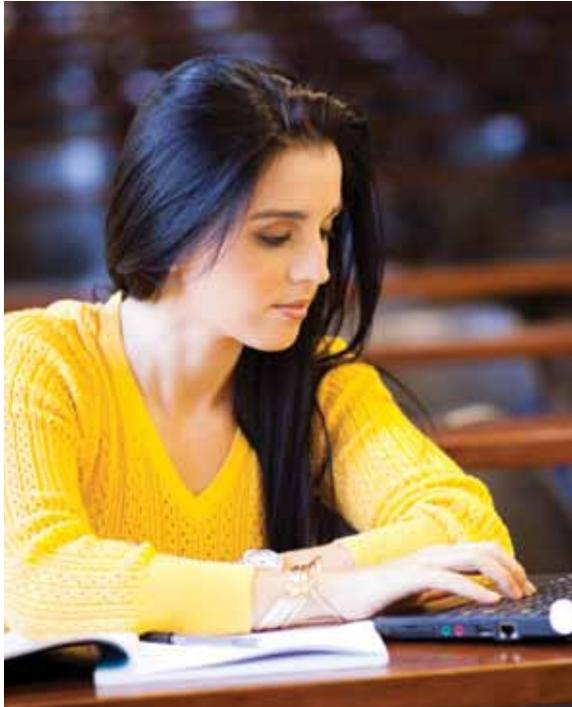
### ✓ Character Building

QIUP understands the importance of independent learning, creativity, communication skills, team spirit, respect for diversity and leadership. It continuously strives to instil these in students through its holistic educational approach in all of its academic programmes.

### ✓ 'Job Ready' Students

Ready to handle diversity and change, QIUP's students learn through involvement in real-life work situations, as every course is hands-on and relevant to the working world.

## OPTIMISED FOR LEARNING, CREATIVITY AND COLLABORATION



### STUDY FACILITIES AND SUPPORT

- Library
- Computer Labs
- State-of-the-Art Science Labs
- Student Lounge
- Multidisciplinary Labs
- Clinical Skills Lab
- Anatomy & Pathology Resource Centre
- Air-Conditioned Classrooms

### RECREATIONAL FACILITIES

- Table Tennis
- Basketball Court
- Squash Courts
- Badminton Courts
- Football Field
- Netball Court
- Hockey Field
- Tennis Courts
- Swimming Pool
- Playing Field

## FOUNDATION IN BUSINESS (FIB)

The Foundation in Business (FIB) programme provides a general understanding of business organisations and their structures along with wider considerations such as environments, markets and processes and how all these work together to contribute to organisational success. The programme will enable students to analyse how businesses are organised, strategies are developed, decisions are taken, and how these factors impact competitiveness in business and commerce.

Combining programmes in Business and Management with IT, English and Social Studies, the Foundation in Business gives students a solid foundation in Business Studies as well as opening their minds to other related and relevant knowledge. Such exposure to a wider spectrum of academic material will provide students with an integrated learning experience of how each and every one of these related disciplines relates to the business environment.

The Foundation in Business programme is a foundation of knowledge REQUIRED when pursuing bachelor-level degrees with QIUP. Students will NOT receive an academic degree upon completion of the programme. With the foundation in Business programme, students are eligible to further their educational career with the following courses – Bachelor of Business Administration (Hons), Bachelor of Accountancy (Hons) and Bachelor of Computer Science (Hons), depending on each degree's minimum entry qualification.

### PROGRAMME CORE CURRICULUM

- Business Essentials
- Elements of Business Mathematics
- Elements of Business Statistics
- Elements of Accounting
- Introduction to Microeconomics
- Introduction to Macroeconomics
- English Skills 1
- English Skills 2
- Foundations in Sociology
- Foundations in Psychology
- Information Technology Skills
- Computer Applications

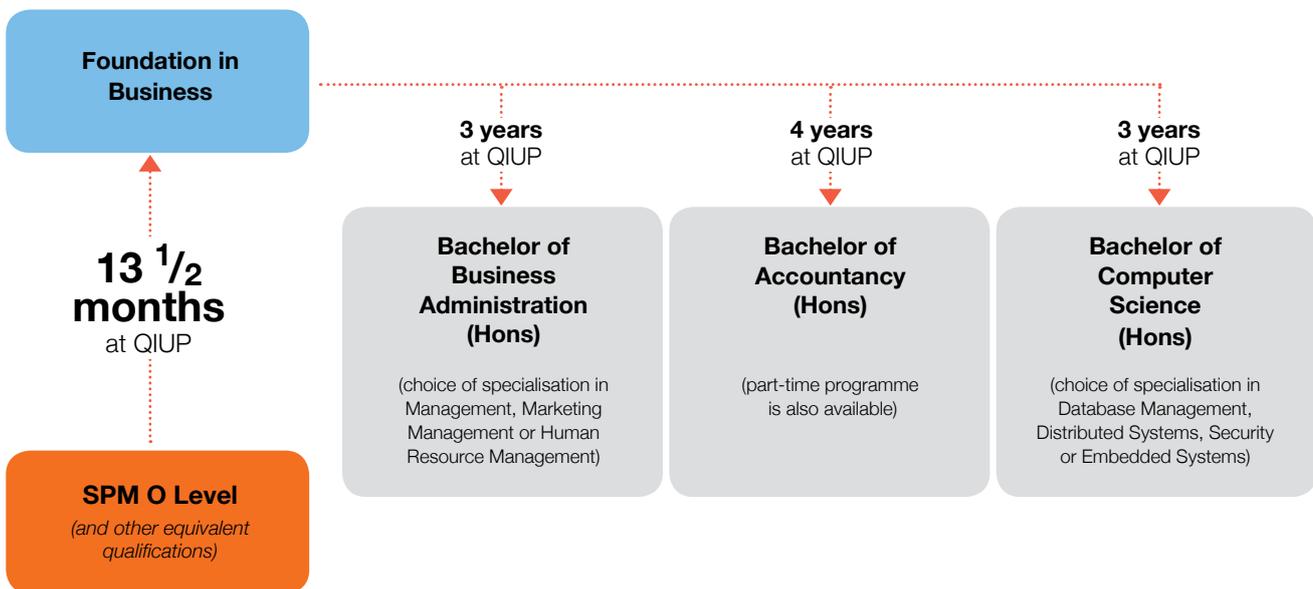
## DURATION

Three full semesters of full-time study.

## ASSESSMENT

Students' ability is gauged through continuous assessments and a final semester examination. The continuous assessment component comprises a combination of tests or quizzes, mid-term examination, laboratory related reports, essays, presentations and projects or assignments which account for an allocation of 30-50 points depending on the course. The balance of points is allocated for the final examination.

## ACADEMIC OPTIONS AFTER FOUNDATION IN BUSINESS



## FOUNDATION IN SCIENCE (FIS)

The Foundation in Science (FIS) programme is a stepping stone for students who wish to pursue a challenging academic path in the medical and health or the pure and applied sciences faculties. Basic science subjects such as Biology, Chemistry, Physics and Mathematics form the main thrust of this programme. However, subjects such as Computer Applications, English and Sociology have also been incorporated into the programme to give students an opportunity to develop essential skills and to give them a perspective on issues relating to the social world. Such exposure to other academic courses will provide students with essential knowledge of the wider world as well as develop in them transferable intellectual skills.

Once the students have achieved the minimum standards set for the respective programmes, they are eligible to embark upon their chosen field of study in the science and technology disciplines provided.

The Foundation in Science programme is a foundation of knowledge REQUIRED when pursuing bachelor-level degrees with QIUP. Students will NOT receive an academic degree upon the completion of the programme. With the foundation in science programme, students are eligible to further their educational career for Bachelor of Business Administration (Hons), Bachelor of Accountancy (Hons), Bachelor of Computer Science (Hons) or Bachelor of Medicine and Bachelor of Surgery, depending on each degree's minimum entry qualification.

## PROGRAMME CORE CURRICULUM

- Biology 1
- Biology 2
- Chemistry 1
- Chemistry 2
- Physics 1
- Physics 2
- English Skills 1
- English Skills 2
- Mathematics 1
- Mathematics 2
- Computer Applications
- Foundations in Sociology

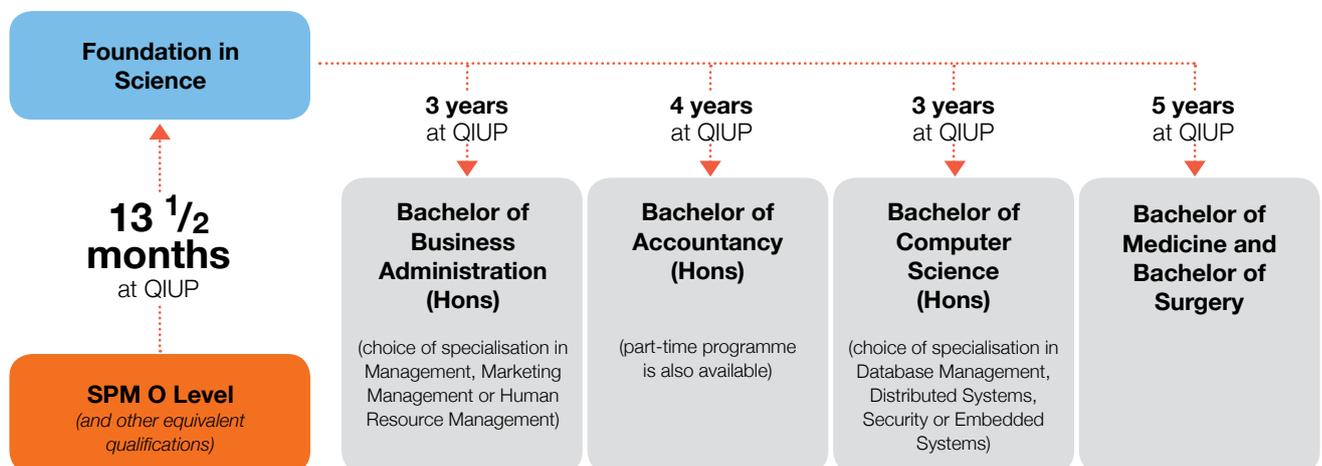
## DURATION

Three full semesters of full-time study.

## ASSESSMENT

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## ACADEMIC OPTIONS AFTER FOUNDATION IN SCIENCE



## ENROLMENT

Go to your eStore to make payment for your Registration Fee, then download the QIUP Registration Form from your Virtual Office.

For the enrolment process, the following documents are required:

- Completed registration form
- Certified copy of academic qualification certificates (e.g. O Level, A Level, CIMP, SAM, others)
- Proof of English language proficiency (e.g. IELTS, TOEFL) if applicable
- Two (2) certified copies of passport (all pages, including empty pages) (Validity of passport must be at least one (1) year)
- Eight (8) passport-sized photographs (white background)
- Financial statement form for foreign students
- Letter of Attestation Declaration from a Commissioner of Oaths/Embassy Official in support of any discrepancy in name or date of birth on the passport and academic transcript
- Certified medical health examination report form
- No-objection certificate from Ministry of Education

Applicants MUST submit certified photocopies of all supporting documents along with the completed Registration Form. They are necessary for consideration of your application. Please note that meeting the minimum requirements does NOT guarantee your acceptance into QIUP's academic programmes. You are required to meet a certain set of requirements listed in each programme.

If for whatever reason(s) you are NOT accepted into QIUP, you can apply for either a cash refund for your Registration Fee within seven (7) days after rejection date or a replacement product of the Swiss eLearning Institute's Mini MBA course\*.

\*A replacement product of the Swiss eLearning Institute's Mini MBA course will be automatically applied to your account if you do not apply for a cash refund within the designated date.





# NUTRITION

Scientifically researched and developed to provide wellness benefits, QNET health and nutrition products are carefully designed to replenish your body with many of the important nutritional elements that are lacking from a modern diet.



# Olé

Olive Leaf Extract

- Olé (1 x 500 ml)
- Mini Olé Triple Pack (3 x 100 ml)
- Olé + Mini Olé Triple Pack (1 x 500 ml + 3 x 100 ml)



## YOUR NATURAL BODYGUARD

Without a sufficiently performing immune system, your body is vulnerable to any sickness, disease or illness that comes its way. But while your immune system is busy protecting your body, what is protecting your immune system?

Olive leaf extract is widely considered the ultimate natural defender of your immune system, containing 400% greater antioxidant capacity than Vitamin C, and up to 40 times more polyphenolics than extra-virgin olive oil.

## THE ROLE OF HERBAL ALTERNATIVES IN MODERN MEDICINE

Of recent concern is that the widespread use, and possibly over use, of current antibiotics and prescription drugs – once hailed conventional medicine's most powerful weapons – is actually causing the targeted microbes to become more resilient, resulting in mutating illnesses that elude the effect of antibiotics.

The natural aspect of the medicinal potential in plants, such as the olive leaf, makes their use complementary and advantageous to a healthy lifestyle.

## ANTIOXIDANTS AND THE FIGHT AGAINST FREE RADICALS

Free radicals are molecules that have lost one of their electrons, therefore rendering them unbalanced and highly reactive. These free radicals then cause damage to our bodies, called oxidative damage. On top of this, poor diet, excessive exposure to the sun, pollution, and substances such as alcohol and cigarettes also create free radicals that further damage cells.

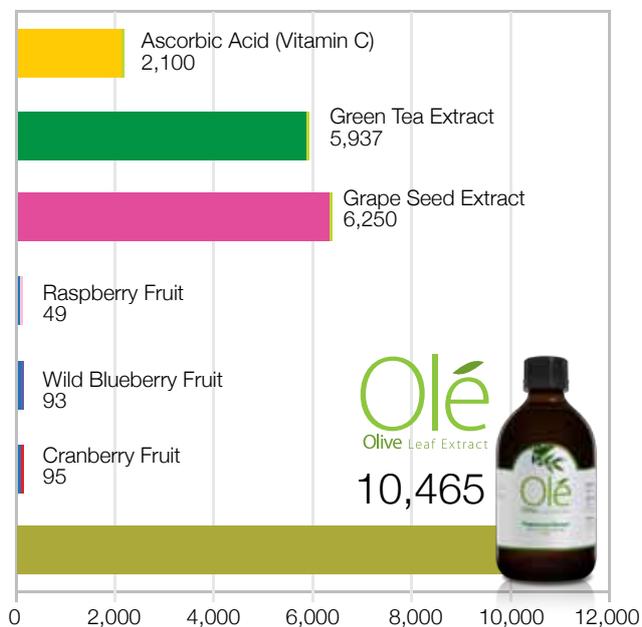
Antioxidants prevent or slow the oxidative damage to our body and also repair cell damage. They also help prevent the signs of ageing by reducing cell degradation and by assisting in the prevention of a number of degenerative diseases.

Olive leaf extract has almost double the power of Green Tea Extract and Grape Seed Extract, which are both well known as popular sources of antioxidants. Further, fruits that are generally associated with being high in antioxidants, such as cranberry and raspberry, contain only a minute fraction of antioxidant power when compared to fresh-picked olive leaf extracts.



## COMPARISONS WITH ANTIOXIDANT SUPPLEMENTS & FRUITS

Oxygen Radical Capacity (ORAC)  $\mu\text{mol TE/gram}$



Hydrophylic Assay-ORAC  $\mu\text{mol TE/gram}$  (dry weight)

## POLYPHENOLIC ANTIOXIDANTS AND FLAVONOIDS

Olive leaf extract contains a broad spectrum of polyphenolic antioxidants, which have very strong free radical-fighting properties. The main phenol in olive leaf extract, oleuropein, has been found to strengthen the immune system, and research shows it has a positive hypotensive effect in vivo (in body) and displays strong antioxidant activity. Combined with the many phenols in olive leaf extract are flavonoids, the most active being the antioxidant-strong rutin, catechin and luteolin.

## ANTIMICROBIALS

Among the many phenols found in fresh-picked olive leaf extract is hydroxytyrosol, which is a catechol derivative of oleuropein. Both oleuropein and hydroxytyrosol are powerful antimicrobial agents against a variety of viruses, bacteria, yeasts and fungi. Hydroxytyrosol in particular is known for its wide spectrum of antimicrobial effects.

## THE HERXHEIMER EFFECT

Sometimes when people start taking cleansing supplements that fight free radicals and microbes, they may experience unwanted, but harmless short-term symptoms, such as fatigue, mild headaches, muscle or joint pain, or minor rashes. This is because the supplement is 'cleansing' the body and killing off unwanted pathological microbes. The body has begun its natural healing process to get rid of these toxins with the help of the supplement. It is when this load of toxins is too great for the body's organs of elimination to handle, that people may experience these short-term, undesirable symptoms. This is called the 'healing effect', or the 'Herxheimer Effect'.

Not everyone will experience the Herxheimer Effect, but for those who do, it is important to remember that it is completely normal and will not last long. These symptoms simply indicate that the supplement has begun its work and is effectively eliminating some of the causes of ill health.

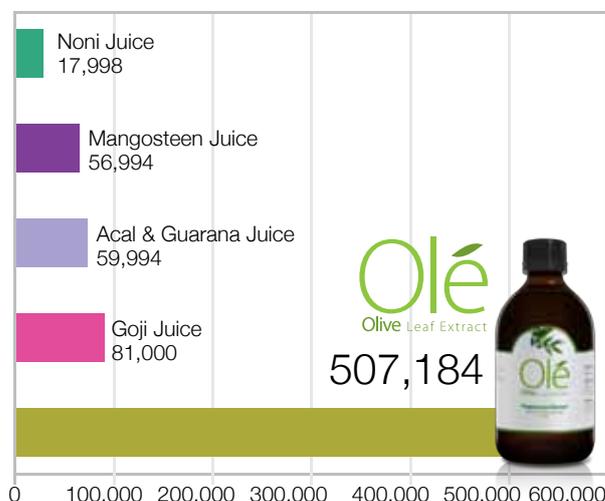
Many health practitioners recommend drinking plenty of water in between doses of the supplement, especially in the first couple of weeks. This helps keep the lymphatic system and the kidneys functioning properly and makes them more capable of handling the excess toxins.

## WHY 'PICK' OLÉ OLIVE LEAF EXTRACT?

- **Over 500% more TAC than the leading fruit juices**  
The Total Antioxidant Capacity (TAC) of Olé is 500% greater than the leading antioxidant super juice.

## COMPARISONS WITH ANTIOXIDANT 'SUPER JUICES'

Total Antioxidant Capacity (TAC)  $\text{TAC} = \text{Hydrophylic ORAC} + \text{Lipophylic ORAC}$  ( $\mu\text{mol TEL/Litre}$ )



Total Antioxidant Capacity-(TAC)  $\mu\text{mol TE/Litre}$

### • Pure and Natural Ingredients

Olé contains no artificial flavours, colourings, preservatives, alcohol, sugar, lactose, starch, yeast, gluten, or animal products.

### • Quality Control Recognition

Recognition, listing and/or certification by a number of governing bodies, including:

- o Good Manufacturing Practice (GMP)
- o Australian Register of Therapeutic Goods (ARTG)
- o WHO Guidelines on Good Agricultural and Collection Practices of Herbal Medicines (GACP)
- o Halal-Certified Facility by Gold Coast Halal Certification Services

## KEY BENEFITS

- Supports your immune system.
- Minimises free radical damage to your body's cells caused by pollutants, prolonged exposure to the sun, poor diet, and substances such as alcohol and cigarettes.
- Assists the maintenance of good health year round with daily doses.
- Lessens the damage caused by oxidation, which occurs whenever we breathe in oxygen.

## SUGGESTED APPLICATIONS

Adult: 1 teaspoon (5 ml) 2 to 3 times a day with meals.

Child: ½ teaspoon (2.5 ml) 2 to 3 times a day with meals.

- Pour Olé onto a teaspoon and consume straight from the bottle for quick and easy consumption.
- Mix one teaspoon of Olé with your fruit juice or other beverage; mix only half a teaspoon for children.
- Store below 30°C to ensure the integrity of Olé.
- Drink plenty of water in between your doses of Olé.



“The natural power of Olé promotes overall health...”



### DR ZAITUN SULAIMAN, PHD PSYCHOLOGY

Practising Psychotherapist  
Board Certified in Anti-ageing (A4M)

Dr Zaitun Sulaiman holds a PhD in Theocentric Psychology from La Salle University, USA. She is board certified in Anti-Ageing from the American Board of Anti-Ageing & Regenerative Medicine (A4M) and pursues certification in hormone therapy. Dr Sulaiman is also a CEO for Complementary Therapies Academy (Asia) Sdn Bhd and a course facilitator specialising in providing soft skills training in the art of managing people for the corporate and government sectors since 1994. The academy also offers professional qualifying and upgrading training programmes for health practitioners in the field of complementary medicines.

“Our bodies need large doses of Vitamin C to alleviate the body's normal response to stress and we need it from the food we eat. We are very lucky to have Olé Olive Leaf Extract containing various trace elements that are essential to good health!”

“One of the best things about Olé Olive Leaf Extract is that it comes in liquid form which helps your body to absorb minerals, vitamins and nutrients into the blood stream more effectively than any capsule or tablet form that are sold in the market. Olé is definitely the right product for you. Even I myself also use Olé as my natural bodyguard!”



### Warning

Do not exceed suggested quantities. If you are pregnant, nursing, or if you have any chronic or recurring symptoms or illness, please consult a health care professional or your medical practitioner before using this product.

### Disclaimer

This product is intended for use in conjunction with a healthy diet and sufficient exercise to maintain general good health. It is not intended for use in the treatment, cure or prevention of any illness or disease. This product is not meant to replace the advice of any physician, doctor or medical practitioner. If you experience any discomfort from using this product, immediately consult your doctor.



# NutriSky



- NutriSky® Single Pack (1 Box)
- NutriSky® Triple Pack (3 Boxes)



## VITALITY WHEN YOU NEED IT

NutriSky® is a botanical beverage mix containing *Swietenia macrophylla*, a fruit with a high concentration of flavonoids and saponins. These two exceptional groups of nutrients blend together with a synergistic effect to enhance stamina and vitality by improving blood circulation, while also invigorating and fortifying the body.

## THE ORIGINS OF SWIETENIA MACROPHYLLA

For more than 1,000 years, *Swietenia macrophylla*, a rare tropical fruit rich in flavonoids and saponins, has been consumed by natives for its healing and vitality properties. By the 1990s, a five-year research effort eventually succeeded in processing the fruit into a concentrated health food extract.

*Swietenia macrophylla* is the fruit of an evergreen tree belonging to the *Melia* family, and grows in tropical countries such as the Solomon Islands, where the climate is ideal and free from environmental pollution. *Swietenia macrophylla* also offers a valuable blend of natural proteins, vitamins, carbohydrates, enzymes, dietary fibres, fats, minerals, and various essential nutrients that can be readily assimilated by the human body to give remarkable benefits.



### KEY BENEFITS OF SAPONINS

- Improves your vitality.
- Enhances your immune system.
- Strengthens the function of your heart.

### KEY BENEFITS OF FLAVONOIDS

- Improves blood circulation and stamina.
- Provides protection against oxidative and free-radical damage.
- Lowers fat build-up in the blood stream.

### PROMOTES BLOOD CIRCULATION AND BOOSTS YOUR VITALITY

*Swietenia macrophylla* is the most important ingredient in NutriSky®, which has beneficial effects due to saponins and flavonoids, acting in synergy to promote your vitality and stamina.

Saponins have demonstrated in vitro anti-elastase and anti-hyaluronidase activities, useful for the protection and treatment of vein insufficiency. Saponins inhibit the hyaluronidase activity in a non-competitive, dose-dependent way. The stimulating action of saponins on blood circulation

is reinforced by the flavonoids. The main activity attributed to flavonoids is that they act as vein active agents, namely that they reduce the permeability and increase the resistance of blood capillaries. This results in a boost to your vitality.

### INGREDIENTS

Maltodextrin, Fructus *Swietenia macrophyllae*, Psyllium Husk, Vege Powder, Permitted Flavouring, Frutafit, Soluble Fibre, Lemon Juice Powder and Stevia (12 g per serving).

### SUGGESTED APPLICATIONS

- ½-1 sachet when needed.
- Mix with 200 ml of water.
- Stir and serve.

#### Pathman Senathirajah

Managing Director  
The V

“My professional calling as international trainer and speaker entails hours of running events and being on stage, compounded with transatlantic travels. I have been doing this for nearly a decade and there have been countless times when my body has succumbed to exhaustion and the usual physical wear and tear. And then I discovered NutriSky®. Packed with natural energy-boosting ingredients, NutriSky® has greatly improved my stamina and endurance. Today, not only do I feel twice as energetic when I go onstage, I still have energy to spare for golf.

NutriSky® is an unbelievable product by which I and a lot of people swear by. If you want vitality on the go, all you need is a pack of NutriSky®.”





- FibreFit Single Pack (1 Box)
- FibreFit Monthly Pack (3 Boxes)



FibreFit is a 100% natural soluble dietary fibre that is made from an organic plant source called Gum Acacia. It is rich in prebiotics that help our intestinal stimulation of friendly bacteria, thus maintaining a healthy digestive system. With its high calcium content, FibreFit also helps promote stronger bones and teeth, hence being an all round dietary winner.

## AN ESSENTIAL PART OF A HEALTHY DIET

There are two types of dietary fibre that are important for good health.

- **Soluble fibre.** This type of fibre dissolves in water to form a gel-like material. There is some evidence that soluble fibre may lessen heart disease risks by reducing the absorption of cholesterol into the bloodstream. You can find a percentage of soluble fibre in whole oats, peas, beans, apples, citrus fruits, carrots, barley and psyllium.
- **Insoluble fibre.** This type of fibre promotes the movement of material through your digestive system and increases stool bulk, so it can be of benefit to those who struggle with constipation or irregular stools. Whole-wheat flour, wheat bran, nuts and many vegetables are good source of insoluble fibre.

## HEALTH BENEFITS OF A HIGH-FIBRE DIET

- Helps prevent constipation.
- Lowers your risk of digestive conditions.
- Helps lower blood cholesterol levels.
- Helps control blood sugar levels.
- Assists in weight management.

## ARE YOU GETTING ENOUGH FIBRE?

How much fibre do you need? Through extensive research, scientists have determined that an average person should consume approximately 25-38 grams of fibre per day (or 10-13 grams per 1,000 calories), of which at least 5-10 grams should be soluble fibre. According to the Dietary Guidelines for Americans, eating fibre is important for efficient bowel function and can reduce symptoms of chronic constipation, haemorrhoids, and other digestive disorders such as diverticulosis. There is even some evidence to suggest that a high-fibre diet can reduce the risk of certain types of cancer, such as colon cancer.

## FOOD SOURCE

Soluble Fibre Comparison\*



**3** sachets  
(Daily dosage for adults\*\*) =  
**Soluble Fibre: 15.06 g**



### More Soluble Fibre Than

<b>10</b> Bowls of Oatmeal	<b>6</b> Cups of Broccoli	<b>15</b> Apples
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### More Soluble Fibre Than

<b>44</b> Dried Prunes	<b>150</b> Cups of Iceberg Lettuce	<b>50</b> Slices of Whole Wheat Bread
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\* Adapted from Anderson JW. *Plant Fiber in Foods*. 2<sup>nd</sup> ed. HCF Nutrition Research Foundation Inc, PO Box 22124, Lexington, KY 40522, 1990.  
\*\* 2 sachets in the morning and 1 sachet in the evening.

## ADD FIBREFIT TO YOUR DIET

FibreFit contains exudates of Gum Acacia Senegal and Acacia Seyal trees of the Savanna that are about 85% (by weight) soluble fibre. FibreFit provides you the daily soluble fibre your body needs. FibreFit is 100% natural soluble dietary fibre that has no added sugar, artificial sweetener, colours, flavours or additives.

Besides being high in soluble fibre, FibreFit is high in calcium that helps to support development of strong bones and teeth.

FibreFit is made from Gum Acacia, a natural plant source that is rich in prebiotics. Prebiotics are responsible for stimulating growth and activity of beneficial bacteria within the intestinal flora. This is crucial for overall pH balance and maintenance of a healthy digestive system.

## SUGGESTED APPLICATIONS



- FibreFit dissolves faster in warm liquids and is also soluble in cold water, fresh citrus juices, coffee, and milk.



- To be sure FibreFit fully dissolves, add 1 or 2 sachets into your drink while stirring briskly.



- FibreFit is tasteless, odourless and does not thicken. FibreFit can be easily introduced into a variety of foods, without any texture or taste modification in the finished product. Simply sprinkle FibreFit on your meal to increase your fibre intake.



- FibreFit is highly heat resistant, which makes it suitable for pastry, confectionary, etc. It is also resistant to yeast fermentation, therefore it can be used when baking breads, cakes, etc. It keeps its nutritional properties intact during the process and throughout its shelf life.



- To retain the integrity of this product, store in a cool dry place and see side of pack for expiry date.



### Disclaimer

If you have intestinal problems or diabetes, consult your doctor before adding a fibre supplement to your diet. Also, ask your doctor or a pharmacist whether a fibre supplement may interact with any medications you take.

FibreFit is Halal Certified.



- nutriplus™ – Real Mixed Fruit Flavour
- nutriplus™ – Plain Vanilla
- nutriplus™ Kids – Real Mixed Fruit Flavour
- nutriplus™ Kids – Exotic Chocolate

### WHY DO WE NEED PROTEIN?

Protein is vital for every cell and all fluids in our bodies. It serves as building blocks for muscles, cartilage, skin, blood, tissue production, and other cellular structures. Consuming and absorbing enough protein is essential to maintaining good health. Protein helps repair tissue and provides energy for the body to prevent us from fatigue, while helping the body fight against illness.

So how much protein do we need each day? It depends on our age, size, and activity level. The standard method used by nutritionists to estimate our minimum daily protein requirement is to multiply the body weight in kilogrammes by 0.8. So if your weight is 60 kg, you are required to take a minimum of 48 g of protein daily.

### ***nutriplus*™: BUILDING BLOCKS FOR YOUR BODY**

Unfortunately, many protein sources such as red meat, cheese, eggs, and whole milk contain high levels of saturated fat, which is one of the major risk factors for heart disease and some types of cancer if taken in excess. The body cannot acquire enough protein and proper nutrition from a vegetarian diet to maintain good health, as some vegetarian dishes are often overcooked or reheated. This common practice destroys micro-nutrients and vitamins that produce antioxidants, which are good for overall health. Hence, we need to find the right protein that is a nutritious alternative to meats and dairy products. Scientifically researched by Solae, the world leader in developing innovative soy-based technologies and ingredients, nutriplus™ is a great-tasting, high quality, 100%

vegetarian source of protein from soy which serves as the building blocks to keep your body developing and functioning at an optimal level.

### WHY SOY PROTEIN ISOLATE?

nutriplus™ is specifically formulated with high quality soy protein isolate, a complete protein with all the amino acids (which cannot be produced by the human body) essential for enhanced nutrition and good health. nutriplus™ is very low in saturated fat and cholesterol, making it an attractive alternative protein ingredient for meat- and dairy-based products.

The following table clearly illustrates why soy protein isolate is an excellent source of protein and is ideal for those who want to live a vegetarian and healthy lifestyle.

Type of Protein	Meats & Dairy Products	Soy Protein Isolate
Contains 9 Essential Amino Acids	Yes 😊	Yes 😊
Vitamins & Minerals	High 😊	High 😊
Saturated Fat	High 😞	Low 😊
Cholesterol	High 😞	Low 😊
Absorption & Digestion Rate	Slow 😞	Quick 😊

## DID YOU KNOW?

### Soy Protein Isolate Reduces the Risk of Several Chronic Diseases

Soy protein isolate contains phytochemicals, which have strong antioxidant properties to prevent oxidative damage caused by free radicals to our DNA and cells. Researchers believe phytochemicals may help lower your risk of developing certain types of cancers, cardiovascular diseases, and osteoporosis.

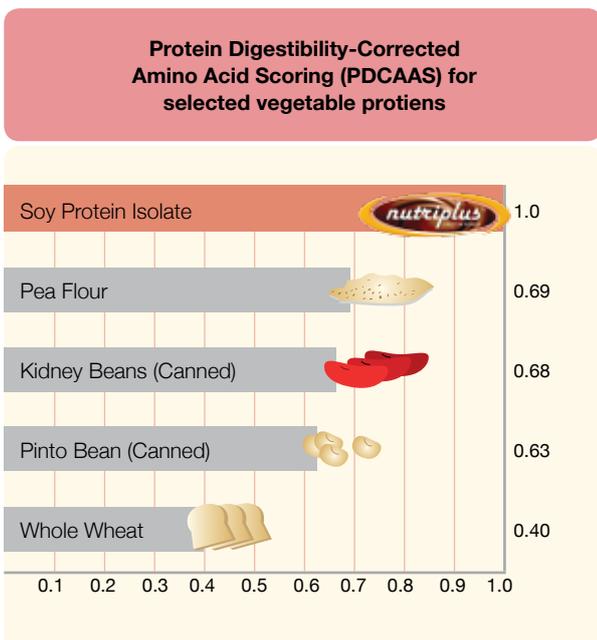
### Soy Protein Isolate promotes Lean Muscle Mass and Healthy Bones

Your body's muscle mass must be maintained to help burn calories and maintain a healthy metabolism. However, if your body has insufficient protein, it will absorb protein from your muscles. Daily consumption of nutriplus™ can help your body maintain lean muscle mass and promote healthy bones.

## WHY *nutriplus*™?

### Highest World Standard Protein Quality

The soy protein isolate formulated in nutriplus™ is an excellent vegetarian source of protein that provides an ideal balance between protein and nutrition. It achieves the maximum Protein Digestibility-Corrected Amino Acid Score (PDCAAS), the world standard method of evaluating protein quality based on both a human being's amino acids and his ability to digest them. Soy Protein is a high-quality, complete protein that can help you meet your bodily protein needs.



PDCAAS



## SPECIALLY FORMULATED FOR YOU AND YOUR KIDS

nutriplus™ Kids is a major source of protein for children. Apart from containing all essential amino acids and many vitamins and minerals, nutriplus™ Kids contains Docosahexaenoic Acid (DHA) which is a polyunsaturated omega-3 fatty acid, considered a beneficial fat. According to the National Institute of Health, DHA is critical for the optimal development and function of the brain, retina of the eye, and central nervous system during infancy and childhood.

## DIFFERENT WAYS TO ENJOY *nutriplus*™!

There are numerous ways to enjoy a delicious and healthy nutriplus™ drink. You can try the following recipes!

### nutriplus™ Shake

Add one scoop of any flavour of nutriplus™ protein powder to soy, rice, almond, or non-fat milk and shake well.

### nutriplus™ Yoghurt Smoothie

Pour 1 or 1.5 cups of soy, rice, almond, or low-fat milk into a blender. Add one scoop of any flavour of nutriplus™ protein powder and three heaped teaspoons of natural unsweetened yoghurt. Add half a cup of ice cubes. Turn on the blender for a few seconds until all ingredients are thoroughly mixed and blended. Then pour this smooth, tasty drink into a glass and enjoy your healthy drink!

### Give Your Body a Boost with nutriplus™

nutriplus™ is a convenient and effective way to increase your daily protein intake while helping you to reduce unwanted calories and fat in your diet. To achieve maximum results, make sure that you balance your diet with adequate exercise and regular good rest.

Enjoy every delicious sip of nutriplus™ now to meet your healthy living goals!

\* nutriplus™ is only available in India and Malaysia.

# POMELIN

YOUR NATURAL PROTECTOR



• Pomelin Duo Pack (2 x 5 ml)

## ABOUT POMELO

Indulge in the endless source of nutritional goodness of the pomelo fruit, the king of the citrus family. Low in calories and containing enzymes that help to break down proteins and fats, the pomelo is considered a perfect dietary food, full of nourishment.

Considered a blessing to the Chinese, this fruit is also a gold mine of vitamins. Rich in Vitamin C, Vitamin E, folic acid and bioflavonoids, the pomelo is an anti-oxidant superhero, neutralising free radical damage and enhancing the immune system. And that is just only a fraction of its true power!

## THE POWER OF POMELIN

Anti-bacterial. Anti-viral. Anti-parasitic. Three ways to describe the complete natural benefits of the Pomelin. Containing all the nourishment of the pomelo fruit, Pomelin is just a few drops away from giving you a healthier and happier life for the entire family!

- Using a bio-enhanced method of extraction unique to Pomelin – considered the best way to extract from natural fruits, plants and herbs – this nutritional food supplement contains vitamin rich pomelo extract and lemon extract as well as the natural sweetener, vegetable glycine to give you a completely natural body boost.
- Pomelin is 100 % vegetarian and natural.

## HOW POMELIN CAN HELP YOU ?

- Pomelin is your everyday natural defence against bacterial, fungicidal, viral and parasitic infections, having a multipurpose (broad spectrum) effect.
- Pomelin naturally detoxifies your body while enhancing and supporting your immune system.
- Pomelin's concentration of Vitamin C, Vitamin E and citrus bioflavonoid has an antioxidant action assisting in neutralising the damage made to the body's cells by free radicals.

## SUGGESTED APPLICATIONS

Mix Pomelin with the recommended amount of drops into drinking **water** or **juice** beverage



NORMAL USAGE		DURING SICKNESS	
Adults	Children (below 10 years)	Adults	Children (below 10 years)
🔴-🔴-🔴	🔴-🔴	🔴-🔴-🔴-🔴-🔴-🔴	🔴-🔴-🔴
<b>1-3 drops</b> per 100 ml of liquid	<b>1-2 drops</b> per 200 ml of liquid	<b>3-6 drops</b> per 100 ml of liquid	<b>2-3 drops</b> per 200 ml of liquid
<ul style="list-style-type: none"> <li>✓ Can be consumed with or without meals.</li> <li>✓ To be taken 2-3 times daily.</li> <li>✓ It is recommended to pre-mix 0.5-1 litre (500-1000 ml) of water and consume from there.</li> </ul>		<ul style="list-style-type: none"> <li>✓ Can be consumed with or without meals.</li> <li>✓ To be taken 3-5 times daily.</li> <li>✓ It is recommended to pre-mix 0.5-1 litre (500-1000 ml) of water and consume from there.</li> </ul>	

## CAUTION

- Always mix Pomelin into drinking water or juice beverage. Do not consume in its full strength.
- Avoid contact with eyes and skin. In the case of contact, rinse immediately with plenty of water for 5-10 minutes and seek medical advice.
- Keep out of the reach of children.

## Warning

There are no known side-effects of using this product. If you are allergic to citrus fruit, it is advisable to not use this product. If you do experience any side-effects, please consult your doctor.

## Disclaimer

This product is intended for use in conjunction with a healthy diet and sufficient exercise to maintain general good health. It is not intended for use in the treatment, cure or prevention of any illness or disease. This product is not meant to replace the advice of any physician, doctor or medical practitioner. If you experience any discomfort from using this product, immediately consult your doctor.

\* Pomelin is only available in Malaysia.

# InOcean

seacret nutrients from the sea



- InOcean Single Pack
- InOcean Triple Pack (3 x 50 ml)

## WHAT IS INOCEAN?

InOcean is a mineral complex designed to ensure the body's daily mineral needs are met. 100% natural and made from concentrated sea water, InOcean contains 96 macro and trace minerals, derived by natural processes from the ocean. Available in a water soluble form, just 1 teaspoon of InOcean diluted in your drinking water or any beverages can keep your mineral levels balanced, and your body protected.

## WHO SHOULD TAKE INOCEAN?

InOcean is for everyone. Every biological function of the human body relies on adequate levels of minerals and trace elements for a consistently healthy and disease-resistant body. Without the adequate levels of minerals and trace elements, the body's ability to function properly can be compromised. Especially for people who live active and energetic lifestyles, InOcean replaces the minerals that are lost during daily activities like exercise.

## WHY ARE MINERALS IMPORTANT?

Minerals such as calcium, potassium, magnesium and sodium are important because they create a healthy environment inside the body, in which vitamins, proteins, carbohydrates and fats we consume can effectively work to grow, function and heal cells. For example, minerals can help neutralise excess acids in blood as result of a high acid diet (which includes meat, dairy, eggs, wheat and refined and chemically preserved food). Because the body's existing minerals are also being used for this same process, often there aren't enough minerals available for other processes, which is why mineral complexes such as InOcean are vital.

## WHY SHOULD I TAKE INOCEAN?

- InOcean contains the highest number of minerals and trace elements (96) and is available in ionic form, which is more easily absorbed by our body.
- InOcean changes water in our body to an alkaline base immediately, which helps maintain pH levels.
- InOcean is a great source of magnesium, which is a vital mineral acting as a catalyst in breaking down fats and proteins; metabolising sugar; regulating heart rhythm; supporting a healthy immune system; building strong bones; and maintaining healthy blood pressure levels.
- InOcean strengthens and enhances the immune system and general well-being.
- InOcean is the only mineral complex to provide minerals from the ocean.





## WHAT ARE THE BENEFITS OF INOCEAN?

InOcean changes water in our body to an alkaline base, resulting in pH balanced water.

This helps to maintain a healthy pH level in the body.

The Mineral complex in InOcean is known to:

- Fight signs of ageing
- Balance the pH level of the body by changing water to an alkaline base
- Enhance immune system
- Promote healthy skin
- Improve brain activity

## HOW SHOULD I CONSUME INOCEAN?

The recommended amount of InOcean for adults is 15 to 20 drops per 1 litre of water daily and for children, 5 to 10 drops per 1 litre of water daily. Simply dilute InOcean with water or any beverage and drink as normal. You can have it all at one go or split the recommended daily dose into multiple intakes throughout the day.

### AMOUNT PER SERVING

Chloride	367 mg
Magnesium	137 mg
Sulphur as So4	137 mg
Sodium	56 mg
Sulphur	46 mg
Potassium	41 mg
Calcium	0.11 mg
Other Macro, Trace elements and Water	890 mg

### Disclaimer

This supplement is not intended to diagnose, treat, prevent or cure any disease. Please consult your health care practitioner for advice before using this supplement, or if you experience any chronic discomfort or illness from its use.





# HOME CARE

Eco-friendly, cost-effective and convenient, these products maintain high levels of hygiene and wellness; ensuring a clean and naturally balanced lifestyle for you and your family.



# HomePure

Your Fountain of Life



- HomePure 7-Stage Water Filtration System
- HomePure 7 in 1 Replacement Filter Cartridge
- HomePure 7 in 1 Replacement Filter Cartridge Duo Pack

## THE IMPORTANCE OF GOOD WATER

Everybody knows water is essential to our survival. The Earth needs it, and we need it. Water is all around us and in us, but still, most take it for granted. When it comes to the biological function of water for humans, its importance is critical.

As water makes up more than two thirds of human body weight, humans would die without it in a few days. Water also plays an important role in the mechanics of the body. In fact, every cell and organ function in our anatomy, and physiology depends on water to work efficiently and effectively.

Since water is such an important component to our physiology, it would make sense that the quality of water should be just as important as drinking eight glasses of water a day. Drinking water should always be clean and free of contaminants to ensure proper health and wellness.

## WHY DO WE NEED WATER FILTRATION?

Water on the Earth's surface is substantially more prone to contaminants due to heavy industrial and environmental pollution. People who may be exposed to these inorganic contaminants can become sick or susceptible to liver damage, cancer and other long-term health conditions. Organic contaminants such as bacteria, disease-carrying microorganisms, rotten plants and animal droppings are also likely to affect water sources. We have arguably, reached the point where all sources of our drinking water contain some level of contamination.



## SOME MAJOR CONTAMINANTS THAT CAN BE FOUND IN WATER TODAY:

### Toxic Metals (Lead, Mercury, Copper, etc.)

Toxic metals are also called inorganic contaminants. Many toxic metals have been linked to long-term health problems such as cancer and serious learning disabilities.

### Microbiological (E. Coli, Enterobacter, Klebsiella, Citrobacter, etc.)

Biological contaminants are living organisms such as parasites, bacteria, viruses, cysts, and spores.

### Petrochemicals (Herbicides, Pesticides, Detergents, VOC, Carcinogens, etc.)

Petroleum-based chemicals are also called 'organic' contaminants. Many have been linked to long-term health problems including many forms of cancer. Most have unknown long-term health effects.

With knowledge thus comes choice. A good filtration system installed in your home is one important way to proactively monitor and ensure the quality and safety of your drinking water. And although water filtration technology for households now prevalently exists, many people are unaware of the working principle behind the various systems. The first thing to keep in mind is that a filtration method cannot find its application in a single filtration stage. Only a good complete system can produce high-quality, safe drinking water.

## CHOOSING THE RIGHT WATER FILTRATION SYSTEM

There are a number of filtration products that employ various filtration methods such as the Reverse Osmosis (RO) and Ultraviolet (UV) systems.

It is widely held that Ultrafiltration (UF) systems are perfect for household water filtration applications using pre-treated water and has advantages over RO or UV filtration.



## COMPARING WATER FILTRATION SYSTEMS

	Ultrafiltration (UF)	Reverse Osmosis (RO)	Ultraviolet (UV)
<b>Reduction of bacteria</b>	Maximum reduction	Maximum reduction Breakdown of the membrane is possible	Medium reduction Bacteria can hide behind sediments or may only be paralysed
<b>Possibility of recontamination</b>	NO	YES (tank)	YES (water around the UV lamp)
<b>Demineralisation</b>	NO	YES	NO
<b>Need for a pump</b>	NO	YES	NO
<b>Need for electricity</b>	NO	YES	YES
<b>High maintenance</b>	NO	YES	YES

HomePure  
Your Fountain of Life

*The water filter can only be used with pre-filtered water from a water supply facility. The filter cannot be used with water from unsafe water sources such as rivers and wells. Use of a quality pre-filter is recommended to extend the shelf life of the cartridge.*



# 9 Reasons

## WHY YOU SHOULD CHOOSE HOMEPURE WATER FILTRATION SYSTEM

You can enjoy the special advantages of water filtration as well as good hygiene and wellness with a simple, single management of various filtration stages:

### 1 Gives you safe and clean water

The HomePure system provides clean drinking water.

### 2 Good minerals pass through, while contaminants are kept out

HomePure water filter produces water that is naturally balanced because it allows natural trace minerals to pass through filtration whilst ensuring certain contaminants are filtered out. The filter can absorb and remove 97% of chlorine; 99% of turbidity; 99% of the total 46 types of VOC (Volatile Organic Compounds) such as atrazine, carbofuran, lindane, simazine and toluene; as well as heavy metals (Hg, Pb, Cr, Fe, Al, Cu), herbicides, pesticides, and TTHM (Trihalomethane).

The heavy metals reduction is evaluated and supported by independent laboratory KEWWI (Korea).

### 3 Gives you good-tasting, odourless water

HomePure water is smoother, fresher, and better-tasting.

### 4 HomePure water is Pi-water

#### WHAT IS PI-WATER?

Well known especially in Japan, Pi-water is water that is very similar to living body water (i.e., water that constitutes a living body). It is water that can be found in all living bodies including humans, animals and plants.

Pi-water was discovered in 1964 by Dr Akihiro Yamashita during his study of botanical physiology. Dr Yamashita was trying to establish if hormone-like molecules were responsible for triggering flowering in plants, a phenomenon he and fellow scholars named as *Florigen*. He later found out that the change from bud to a flower was caused by 'body water', which contained a very small amount of Ferric Ferrous Salt (Fe<sub>2</sub>Fe<sub>3</sub>), the key element in controlling various functions of living bodies. After many studies and extensive research, Dr Yamashita succeeded in creating a bio-water with special properties that helped plants thrive well beyond normal expectations. He named this 'Pi-water'.

Pi-water is created by adding Fe<sub>2</sub>Fe<sub>3</sub> to water through ceramics. When Fe<sub>2</sub>Fe<sub>3</sub> is added to tap water, it suppresses the increase of excessive free radicals. This is what HomePure water filter does to provide you with Pi-water.

This claim has not been evaluated by NSF International, and is not supported by the NSF Certification of this product/component.

### 5 Easy installation and filter cartridge replacement

HomePure is a countertop filter that can be installed in seconds without the need for professional tools or plumbing. Its filter cartridge is also easy to change when it is due for replacement.

A smart indicator will show you when the filter lifetime has been reached through its:

- 1) Flow Metre, which counts water consumption (4,320 litres);
- 2) Timer, which counts the duration (12 months). Depending on whichever comes first, the smart indicator will signal when the filter cartridge has to be replaced.

### 6 User-friendly design

Sleek, modern and functionally designed, HomePure water filter is the perfect appliance for the modern kitchen. Its one-way stainless steel flexible pipe allows you to use the drinking water supply in a wider radius without moving your water filter, and also prevents bacteria or dust from coming back into the filter.

### 7 No electricity is needed

Unlike most Reverse Osmosis or Ultraviolet filtration systems, HomePure is a mechanical Ultrafiltration unit that does not need electricity, thus providing you clean water at minimal cost.

### 8 World-class quality/German engineering/ Japanese technology/Korean-made

Using the reliability of Korean manufacturing, HomePure is made of world-class quality components and parts, and uses a combination of advance German engineering plus Japanese technology.

### 9 7-stage filtration system

HomePure is a high-quality water filtration system that incorporates a mechanical seven-filter media Ultrafiltration (UF) system – meaning seven filter stages are combined into one single filter cartridge. The well-selected filter media and its specifications allow for a clean and safe filter performance that ensures water is filtered.



# 7-STAGE FILTRATION SYSTEM

## 1. Sediment pre-filter

Made of PE net and two-layered non-woven fabric material, the pre-filter effectively filters suspended solids such as rust residues, mud, and sand larger than 5 micron (5/1000 mm).

**Function:** Removes rust and sediments larger than 5 micron

## 2. Activated carbon block filter

The HomePure carbon block filter with developed technology provides greater chemical absorption and mechanical filtration. The HomePure activated carbon block also comprises a larger filter surface area, which is more efficient than a Granulated Activated Carbon (GAC) filter, thus providing better absorption of contaminants.

**Function:** Removes 97% of chlorine, 99% of turbidity, 99% of the total 46 types of VOC (Volatile Organic Compounds), TTHM (Trihalomethane  $\leq 0.1$  mg/L) and/or the other chemicals in Table 17 of NSF 53 (refer to User Manual)

## 3. Activated carbon ceramic balls

The activated carbon ceramic balls are made as special coating balls at a low-temperature process under very technical and delicate methods to keep all the benefits functioning inside. The balls are responsible for improving the taste of your water, promoting excellent absorption and deodorisation.

**Function:** Remove 97% of chlorine, 99% of turbidity, 99% of the total 46 types of VOC (Volatile Organic Compounds), TTHM (Trihalomethane  $\leq 0.1$  mg/L) and/or the other chemicals in Table 17 of NSF 53 (refer to User Manual); reduces bad taste and odour

## 4. Pi-water ceramic from Japan

The Pi-water ceramic neutralises the adverse effects of active oxygen, preventing the action of hazardous ions, and controlling the oxidation reduction reaction.

This claim has not been evaluated by NSF International, and is not supported by the NSF Certification of this product/component.

**Function:** Suppresses oxidation and disintegration

## 7. Antibacterial Silver-lite stone

Made of inorganic compound materials, the antibacterial Silver-lite stone is effective in preventing bacteria and algae growth due to its Silver ions (Ag+) that move throughout the filter. Hence, the remaining water in the filter does not become contaminated and bacteria are prevented from re-entering the filter.

**Function:** Antibacterial; cleans water; prevents algae growth

## 6. Ultrafiltration hollow fibre membrane

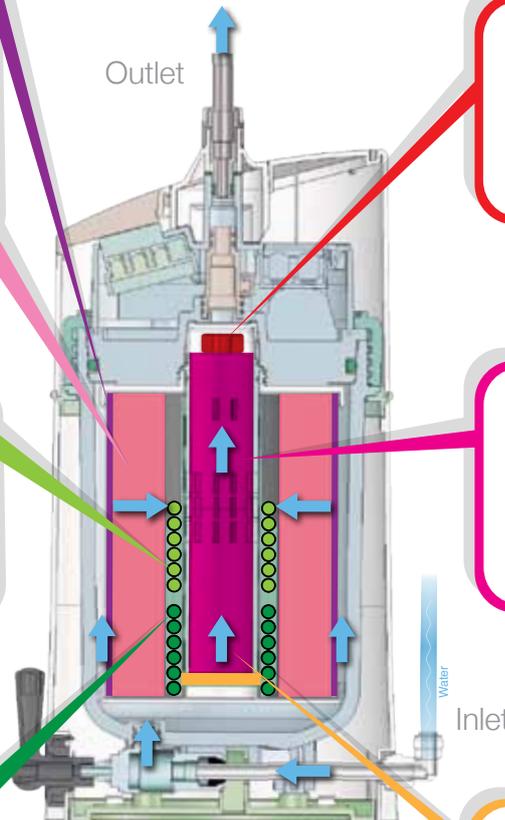
As the size of the smallest bacteria is 0.2 to 0.3 micron (a hair size is around 70-140 micron), the HomePure Ultrafiltration (UF) membrane ensures the reduction of bacteria and microscopic impurities due to its hollow fibre membrane having a pore size ranging from 0.01 to 0.1 micron. However, the UF membrane allows the passing through of beneficial water minerals.

**Function:** Removes 100% of total coliform and E. Coli; reduces bacteria and microscopic impurities

## 5. Tourmaline ceramic balls

The tourmaline ceramic balls reduce water clustering and have antibacterial and deodorising qualities that improve water filtration. They help give water a good taste and are a good source of mineral microelements that are beneficial for wellness.

**Function:** Reduce water clustering; is antibacterial; deodorise, ionise and alkalis water



Since 1944, NSF International, The Public Health and Safety Company™, is an independent, non-profit organisation committed in making the world a safer place for consumers by certifying products and writing standards for food, water and consumer goods.

NSF is the only third-party testing organisation to undertake a complete evaluation of every aspect of a product's development before it can earn the NSF Certification. Products bearing the NSF Mark are assured to have undergone extensive product testing and material analysis to comply with strict standards imposed by NSF and its product certification programmes.

- ✓ System tested and certified by NSF International against NSF/ANSI Standard 42 and 53 for the reduction of Taste/Odour, Chlorine, Turbidity, VOC

- ✓ One sample of water filter branded: HomePure has been tested by SIRIM QAS International Sdn Bhd. Sample of water after filtration was collected and has been tested for certain elements in the Twenty-Fifth Schedule of Food Regulations 1985. For details, please refer to Test Report No. 2010KL0408 dated 31 March 2010
- ✓ TÜV SÜD PSB, Singapore (Test Report: 719165835-CHM10-EKH)
- ✓ KEWWI Korea Environment & Water Works Institute, Korea
- ✓ Consolidated Laboratory (M) Sdn Bhd, Malaysia



# AlkalineStick

HomePure

## StayBalanced



- HomePure Alkaline Stick
- HomePure Alkaline Stick – Duo Pack

### THE ETERNAL SEARCH FOR BALANCE

We need balance. Our body is constantly looking for it, sometimes going to great lengths to achieve it. The consequences of an imbalanced system, especially regarding its internal acidity, can be devastating.

#### ACIDITY: AN UNKNOWN FOE

The body is very sensitive to its pH level. If our body's pH level becomes too acidic (pH below 7.35), proteins are denatured and digested, enzymes lose their ability to function, osmosis stops and even cell death may occur. Low energy, fatigue, excess weight, poor digestion, aches and pains can be a consequence of high blood acidity.

To stay balanced, the body must alkalise through minerals like calcium, potassium and magnesium, 'stealing' them from vital organs and bones.

Long-term acidity is like rust: slowly but surely, it corrodes our body. Making sure we keep a balanced internal pH is essential for our well-being.

#### PH MATTERS

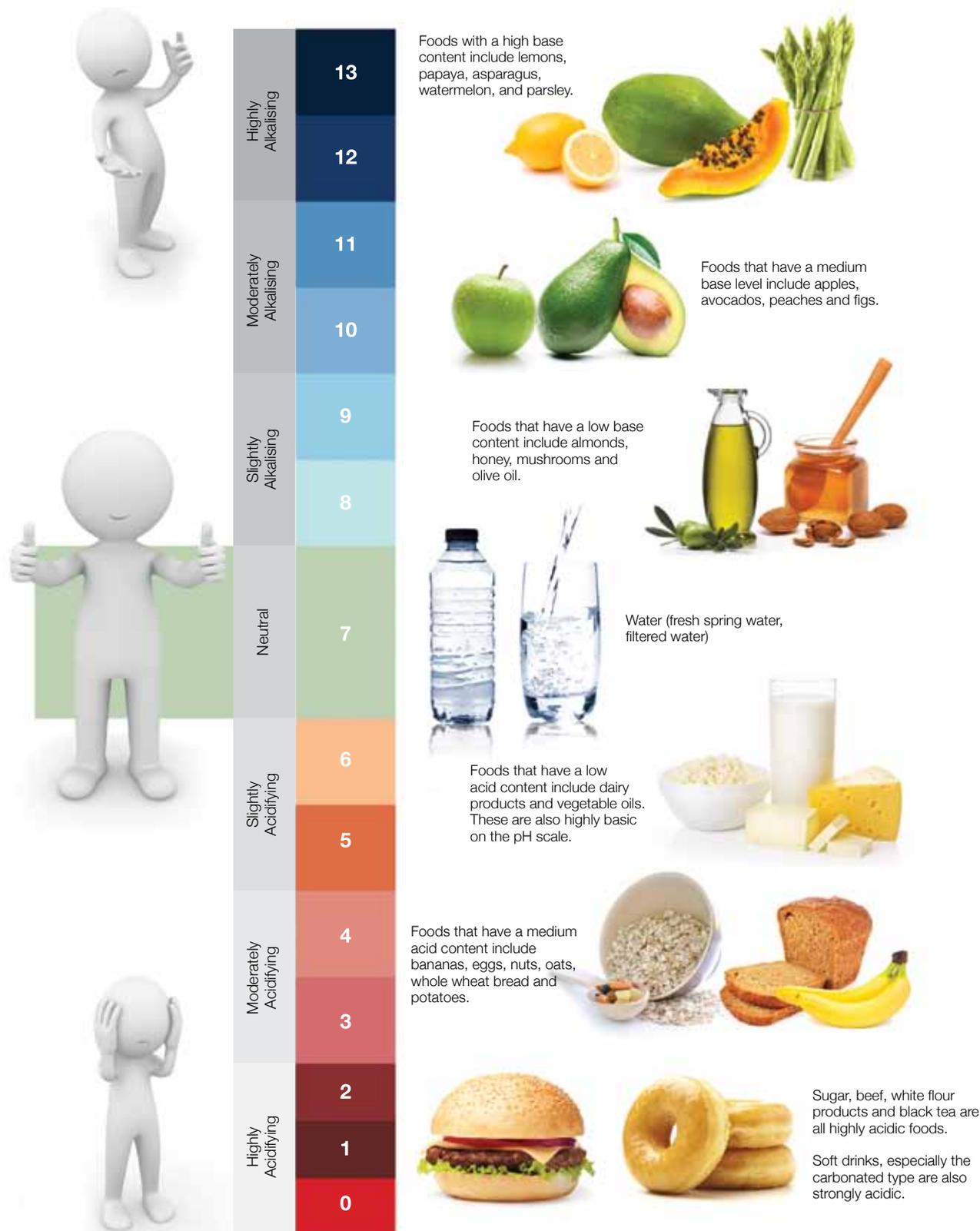
Most solutions are either acidic or alkaline. Alkaline are also known as 'base'. These solutions can be anything from body fluids, such as stomach acid and blood, to beverages, such as wine or coffee. Acidity and alkalinity are measured in pH (potential of hydrogen). The pH scale goes from 0 to 14, with 0 the most acidic, and 14 the most alkaline. The pH of stomach acid is 1, cola sodas are 2.5, water is 7 (neutral), venous blood is 7.35, arterial blood is 7.4, seawater is 8.5, and baking soda is 12. Ideally, our pH should stay on the alkaline side: between 7.35 and 7.45.



## HOW ACIDIC ARE YOU?

Most modern lifestyles are acidic. There are a lot of factors that contribute to high acidity levels, such as lack of exercise, stress, pollution and even our emotions. But mostly, it's what we eat and drink that has the biggest impact.

Some foods are alkalisng whilst others have acidifying properties. Check the diagram below to assess how acidic your lifestyle is:



## JOIN THE ALKALINE SIDE

Because 70% of our body weight is water, increasing the pH level of our drinking water could prove very beneficial to help our body find, and keep, healthy acidity levels.

And this is where the HomePure's Alkaline Stick comes into play. Lightweight and portable, the Alkaline Stick alkalises plain drinking water to promote your health and well-being.

## ALKALISE YOUR BODY WITH HOMEPURE'S ALKALINE STICK

Inside HomePure's Alkaline Stick, there are thousands of ceramic balls, tested and approved by NSF International for their alkalising properties. These ceramic balls react with the molecular structure of fresh water, creating an abundance of negative ions that counterbalance the body's acidity levels. Making sure we keep a balanced internal pH is essential for our well-being.

## FEATURES AND BENEFITS

- Antioxidant effect that helps prevent ageing
- Improves the quality of water at a molecular level, making the elimination of body waste more efficient
- Supplies minerals that promote better metabolism
- Stabilises and protects cells
- Improves water taste
- Mobile and portable
- Approved by the NSF
- Certified by the FDA and CE
- Anti-bacterial properties

## HOW DOES IT WORK?



1. Place the Alkaline Stick in a container of clean water and close the container.



2. Let the stick sit in the water for about 3-5 minutes for every 500 ml of liquid.



3. Remove the stick and drink the alkalised water within 3 days.



### CAUTIONS

- Do not use in polluted water.
- Do not disassemble.
- Keep away from fire.
- For better taste, use filtered water.
- Clean and wash the stick before using it. It is recommended to wash with water mixed with vinegar.
- Keep the stick dry when not in use. For hygienic reasons, always place it in the plastic container given.
- Replace every 3 months or every 300 litres of water alkalisied, whichever comes first, for optimal performance.

### Disclaimer:

This is not a water filter.

### PRODUCT EVALUATIONS AND CERTIFICATIONS





airpure  
Breathe Healthy



- AirPure
- AirPure Essential Oil – Calming
- AirPure Essential Oil – Breathe Easy
- AirPure Essential Oil – Antibacterial

AirPure lets you breathe healthy. Living in an urban society, you are exposed to an alarming range of pollutants which cause serious and long-lasting health problems. To safeguard your family's health, an air purifier is essential. AirPure uses the latest innovative technology to give you clean and safe air.

### **STOP TAKING YOUR FAMILY'S HEALTH FOR GRANTED!**

The air pollution problem in our cities and homes has reached an alarming level. Day by day, global warming leads to new, stronger, and more dangerous illnesses. Unclean air can cause respiratory problems, infections, bronchitis, pneumonia and viral infections, as well as irritation to the eyes, nose and throat. Other symptoms can include the reoccurrence of headaches, nausea, allergic reactions and serious long-term ailments. Sadly, the ones who suffer most because of unclean air are children. Respiratory problems in children are on the rise. On average, one out of every 10 school-age children has asthma and each year, 10.5 million school days are missed due to asthmatic related issues.

### **IS YOUR HOME KILLING YOU?**

Indoor air quality is a growing concern as modern homes are built to be airtight for energy efficiency through better insulation, weather-stripping, upgraded windows, and high-quality exterior doors. Unfortunately, this causes some dangerous side-effects – indoor air quality suffers as the exchange of indoor and outdoor air is limited. Indoor air pollutants get trapped inside and can build up to harmful levels. Thus, it is important to find a way to clean the air to help filter out as many pollutants as possible.



## WHY AIRPURE?

### BREATHE HEALTHY

A good quality air purifier removes harmful particulates such as dust, pollen, mould and bacteria from the air you breathe. Thanks to a unique filtration technology, AirPure provides superior air purification for a healthy and safe environment in your home, office, or any indoor space.

It's time to start paying more attention to the air you breathe in the same way you think about the food you eat. Your family's health is the most valuable thing in the world; make it your top priority.

### PURIFICATION/WATER SURFACE TRAPPING

The purification system consists of the dual principals of water current and vacuum-creation working together. Air coming from the inlet of AirPure is forced across water surface at a specific angle. Impurities such as dust, smoke and other pollutant particles are trapped in water. A fan in AirPure directs the air flow towards the water surface and also creates a vacuum effect. This stage can trap pollutants up to 10 microns.

- **AirPure** is efficient; its unique purification technology delivers pure air in just simple steps.
- **AirPure** does not use UV light (UV has a proven negative effect on health) and does not emit ozone (also harmful for health).

Airborne bacteria such as Acinetobacter, Bacilli, Flavobacterium and Streptomyces; mould spores, human and pet hair; yeast cells; pollen; tobacco smoke, oil smoke and smoke from synthetic materials; coal dust, grain dust, dust mites, atmospheric dust, tea dust, talcum dust, insecticide dusts; burning wood; paint pigments, smouldering or flaming cooking oil, and liquid droplets.





## AIRPURE ESSENTIAL OILS

Exclusive essential oils have been developed for use with AirPure. The oils are simply added to the water in the water tank and the healing essential oils' scent is diffused gently throughout the room. Three uniquely formulated AirPure essential oil blends are available for you.

### BREATHE IN THE SCENT OF AIRPURE ESSENTIAL OILS

100% pure unique blends of AirPure Essential Oil brings your body back into balance. Three exclusive scents available!



#### Breathe Easy

- A blend of eucalyptus, peppermint, rosemary and lemon.
- Promotes alertness and mental focus.



#### Calming

- A blend of rose geranium, lavender and patchouli.
- Helps relax the mind and body whilst providing a calming and uplifting effect.



#### Antibacterial

- A blend of tea tree, pine, lemon, thyme and kaffir lime.
- Known for its great antiseptic properties and helps to sterilise and deodorise the air.





• WFA

### ADVANTAGES OF WFA



Eco-friendly – reduces the need for plastic bottles



Dispenses hot and cold water immediately



Produces up to 40 litres of high quality drinking water per day



Doubles up as a dehumidifier



Low electricity consumption



Minimal maintenance cost



Easy installation – no messy plumbing or connections



After-sales support

### YOUR WFA SYSTEM IS MADE UP OF TWO UNITS:



#### Water Condenser

This unit condenses water from the air and pumps it into the purifier.



#### Water Purifier

This unit purifies and dispenses hot and cold water.



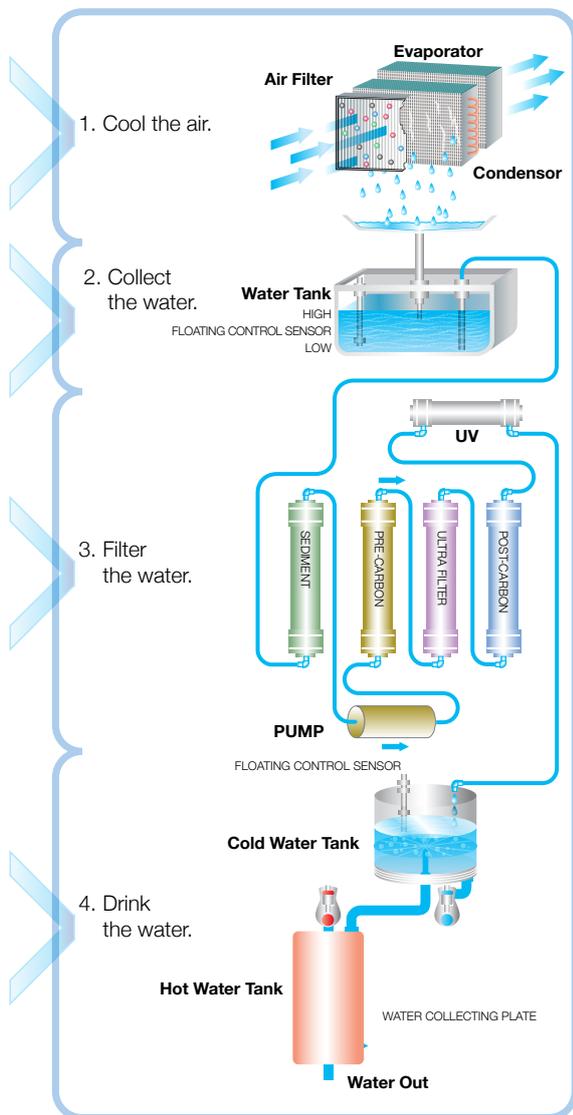
#### Advanced Filtration System

Unlike other conventional filtration systems that only have one or two filters, WFA has a built-in 7-stage filtration system that is so advanced that it is capable of filtering out all sediment particles, chemicals and bacteria down to one hundredth of one millionth of a metre (0.01 micron), assuring you a continuous supply of fresh clean drinking water, both hot and cold.

### THE SYSTEM COMPRISES TWO UNITS

Desktop Model	<ul style="list-style-type: none"> <li>• 4.5 litres of 5°C cold water</li> <li>• 1.3 litres of 97°C hot water</li> <li>• Full Purifier holds 6 litres</li> <li>• Full capacity 16 litres</li> </ul>
Suitable for 3-5 persons in a family or office	

## HOW DOES IT WORK?



## WFA UNITS CAN BE INSTALLED IN THE FOLLOWING PLACES:



**Residential properties**

Houses, apartments, dorms, etc.

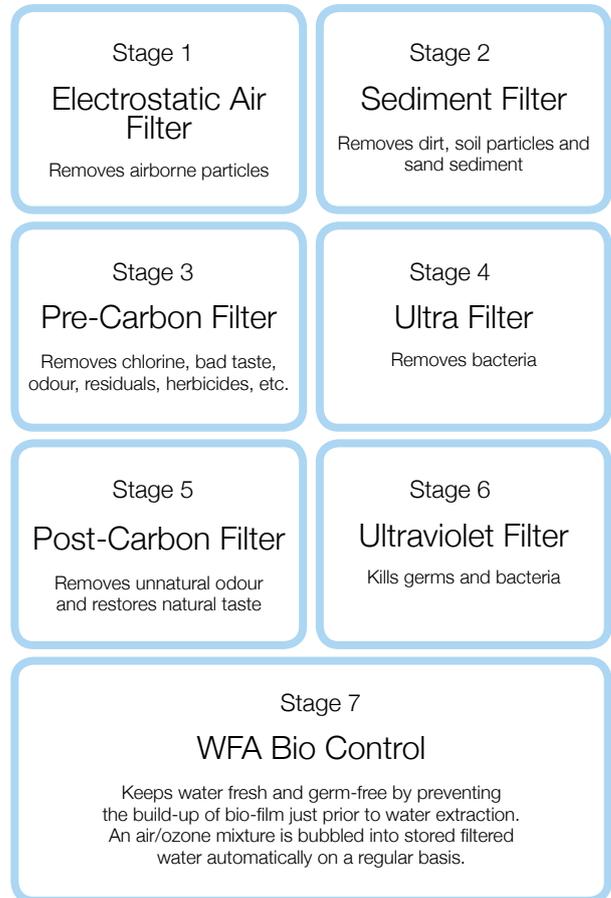
**Commercial properties**

Offices, shopping malls, hotels, resorts, restaurants, etc.

**Public facilities**

Hospitals, schools, etc.

## WFA'S ADVANCED 7-STAGE FILTRATION SYSTEM



WFA Water has been tested by SIRIM QAS International Sdn. Bhd. Sample of water after filtration was collected and has been tested for all elements in the Malaysian Food Act 1983 for Drinking Water. For details, please refer to Test Report No. 2011KL1278 dated 12 October 2011. WFA Equipment has also been tested by SIRIM QAS International Sdn. Bhd. One WFA unit was sent and based on IEC Standards 60335. For details, please refer to Test Report No.2011EL0359 dated 12 August 2010.



## WATER QUALITY SECTION

- Water Quality certified by SIRIM
- WFA is alkaline water with pH level approximately 7.9.
- Tested and Validated by the Water Quality Association

\* WFA is only available in Malaysia.





# PERSONAL CARE

Patented personal skin care products for pampering and improved hygiene; formulated to provide advanced care and nourishment for your skin.



# PHYSIO RADIANCE

Paris

- Physio Radiance Age Defying Patch Single Pack (12 patches)
- Physio Radiance Age Defying Patch Triple (3 x 12 patches)
- Physio Radiance Replenish<sup>H</sup> Pack
- Physio Radiance Replenish<sup>H</sup> Comfort Emulsion Cleanser (80 ml)
- Physio Radiance Replenish<sup>H</sup> Remineralising Toner Lotion (120 ml)
- Physio Radiance Replenish<sup>H</sup> Extreme Anti-Oxidant Serum (35 ml)
- Physio Radiance Replenish<sup>H</sup> Enhancer Day & Night Fluid (50 ml)





## WHAT CAUSES AGEING SKIN?

Everyone wants to look younger than his or her age. However, your skin is abused each day by poor environment and an unhealthy lifestyle.

Do any of the following factors apply to you?

- Living in a big city surrounded by pollution
- Exposure to UV radiation (e.g. walking along the street, doing outdoor activities, etc.)
- Smoking
- Drinking alcohol
- Lack of sleep
- Lack of exercise
- Suffering from stress

If so, you are unfortunately speeding up your ageing process, which results in fine lines, wrinkles, crow's feet, dark spots, and much more.

Now, it's time to help your skin learn how to fight against ageing!

## USING THE CONCEPT OF PHYSIOLOGY

The human body has the tremendous ability to self-regulate, self-regenerate and self-repair. Physio Radiance relies entirely on a deep understanding of skin physiology. Instead of feeding your skin with short-lived compensation actives that often have devastating long-term effects on the body, Physio Radiance products instead utilise the body's own functions, in order to stimulate the natural rejuvenation of the skin.

## SAY 'NO' TO TOXIC INGREDIENTS!

Absolutely paraben- and preservative-free, Physio Radiance is the only high-end, hypoallergenic, unisex skin care range that helps your skin self-regulate, self-regenerate, and self-repair at a cellular level. By utilising the world's smallest antioxidant, its patented technology gives back the original characteristics of youthful skin cells that have been lost due to ageing.

*"Preservatives are used in skin care products to protect ingredients from spoiling. But nowadays we know that some preservatives can be harmful to our health. This is obvious in the case of parabens, which may lead to some kinds of cancer and allergic conditions. So it's essential to include hypoallergenic ingredients in cosmetics to lower the possibility of an allergic or adverse reaction."*

– Philippe Humbert, MD, PhD

## 'HYPOALLERGENIC' SKIN CARE FOR SENSITIVE SKIN

Does your skin care product contain these ingredients?

- Parabens
- Mineral Oil, Paraffin, and Petrolatum
- Sodium Laureth Sulfate (SLS) or Sodium Lauryl Ether Sulfate (SLES)
- Benzyl Alcohol

These ingredients are part of a list of potentially dangerous chemicals that can be found in most skin care products. These chemicals can cause toxic and allergic reactions such as skin rashes, headaches, dizziness, and/or respiratory problems. In addition, parabens are widely used as preservatives in over 13,200 skin care products. There have been numerous studies that have identified the connection between parabens and cancer.

A number of hypoallergenic skin care products are available in the market to lower the possibility of an allergic or adverse reaction. Regulations list 26 official allergens that all hypoallergenic products sold in the market must not possess, in order to qualify as being hypoallergenic.

However, the hypoallergenic quality of Physio Radiance goes above and beyond this standard list, as it blacklists more than 80 harmful ingredients that are known to be allergens or toxic. When formulating Physio Radiance, our aim is to develop an evolving list of ingredients used in our products to ensure the health and well-being of all our customers, no matter their skin sensitivities.





**PHYSIO RADIANCE**  
Paris

**Replenish<sup>H-</sup>**  
Activate Your Skin Cells



**ULTIMATE SKIN REJUVENATION FORMULA**

Physio Radiance is exclusively produced and developed by Laboratoires Schwartz, a renowned laboratory in France, with carefully prepared textures that fully respect the physiology of the skin.

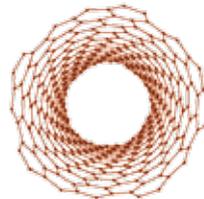
Years of extensive Research and Development (R&D) on the natural mechanisms of protection against the premature ageing of cells have resulted in a select group of anti-ageing, physiologically targeted active ingredients that are contained in Replenish<sup>H-</sup> – an ultimate skin rejuvenation formula contained only in Physio Radiance.



**THE KEY ACTIVE INGREDIENT YOU NEED TO KNOW ABOUT!**

**Negative Hydrogen (H<sup>-</sup>): The Ultimate Skin Antioxidant**

Negative hydrogen is known as the smallest antioxidant in the world. Due to its size being much smaller than a nanotube, it can effectively be absorbed and penetrate deep down through multiple skin layers. So how does negative hydrogen benefit your skin?



NANOTUBE (4 nm)



H<sup>-</sup> (0.053 nm)

Comparison between H<sup>-</sup> and Nanotube

**• Free Radical Scavenger**

As a powerful antioxidant, negative hydrogen neutralises harmful free radicals which damage the body's own cells. This can effectively help slow the natural ageing process.

**• Cell Energy Booster**

Negative hydrogen also acts as an energy booster for your skin cells. It provides the spare electrons to assist in cellular energy production without turning itself into a free radical. The result? Your skin blossoms and performs better.



## MICROENCAPSULATION TECHNOLOGY



Some skin care companies claim that they have negative hydrogen in their products. However, all skin care products contain water, and it is a fact that negative hydrogen automatically neutralises itself when in contact with water and thus negates its own effectiveness.



1. The hydrophobic balls containing  $H^-$  enter the compartment.

2. When the pump is pressed, these hydrophobic balls are crushed.

3.  $H^-$  is released at the last moment, retaining its own efficacy.



Hydrophobic Ball  
Containing  $H^-$

To prevent this contact between water and negative hydrogen, Physio Radiance uses a patented microencapsulation technology that protects the negative hydrogen in small hydrophobic balls. When the pump mechanism – specifically researched for Physio Radiance products – is pressed, these hydrophobic balls are crushed, thus releasing the negative hydrogen at the last moment right before application to the skin. As such, the negative hydrogen is utilised without degradation.

Physio Radiance enhances its efficacy by utilising a state-of-the-art airless bottle to protect the product from temperature changes, oxidation, light exposure and contamination, such as from bacteria, viruses, and fungi.

## OTHER POWERFUL ANTI-AGEING INGREDIENTS

### • Fucoidan: Firmness

Fucoidan is a highly sought-after brown seaweed natural extract. It was discovered during a research study on the exceptionally long-lived inhabitants of Okinawa Island, Japan. Studies indicate that the regular consumption of fucoidan can help strengthen the immune system, prevent disease and extend life span. Rich in nutrients and possessing healing properties, the powerful and natural fucoidan extract contained in Physio Radiance products not only provides the skin with high levels of protection against infection and free radicals, but also helps the skin regain its density and firmness.

### • Calcium: Hydration

Not only is calcium good for your bones, it is also an excellent cell cohesion activator that naturally decreases with age. It plays a vital role in restructuring the skin to intensely comfort and hydrate the skin all day long.

### • Aquaxyl: Moisturising

Aquaxyl helps balance all of the skin's natural systems to enhance moisture, increase water reserves, limit water loss and protect the skin from external elements.

### • Matrixyl 3000: Elasticity

Matrixyl 3000 is recognised as the best fibroblast activator, and thus enhances collagen and elastin synthesis.

## REPLENISH<sup>+</sup> SET



### Emulsion Moussante Démaquillante Comfort Emulsion Cleanser

The Comfort Emulsion Cleanser is a breakthrough in terms of make-up removal. This creamy cleanser has a pH equivalent to that of tears and directly emulsifies when coming into contact with damp skin. Your skin will be clean, soft and fresh, and your complexion will be enhanced in just a matter of seconds.



### Lotion Tonique Reminéralisante Remineralising Toner Lotion

The Remineralising Toner Lotion, free of alcohol, creates an immediate feeling of freshness and plays a role in the process of remineralising the skin. Designed to prepare the skin for further treatment, it tones the face and ideally complements the Comfort Emulsion Cleanser.



### Serum Anti-Oxydant Absolut Extreme Anti-Oxidant Serum



Behind the finesse and smoothness of the Extreme Anti-Oxidant Serum lies an extreme concentration of powerful, anti-ageing active ingredients. This concentrated skin care product brings firmness and density to your skin.



### Fluide Jour & Nuit Revelateur Radiance Enhancer Day & Night Fluid



The fine, light and silky Radiance Enhancer Day & Night Fluid provides a protective veil that cares for your skin throughout the day. Use for deep and visible results day after day.



**PHYSIO RADIANCE**  
Paris

**Age Defying Patch**



### WAKE UP TO FLAWLESS SKIN

Start your day with the youth and luminescence that you have always wanted. The Physio Radiance Age Defying Patch brings you to a whole new level of anti-ageing skincare.

The Physio Radiance Age Defying Patch helps smoothen and reduces your fine lines, wrinkles and crow's feet around the eyes, forehead and lips without undergoing the risks of invasive treatments such as cosmetic surgery or chemical skin peeling. The Physio Radiance Age Defying Patch helps to bring back a younger looking skin with visible results after your first time use!



### ANTI-WRINKLE ACTIVE INGREDIENTS

#### Negative Hydrogen ( $H^-$ ), Evening Primrose, Vitamin A, C and E

Containing negative hydrogen ( $H^-$ ), the world's smallest antioxidant that acts as an energy booster for your skin, the Physio Radiance Age Defying Patch utilises the benefits of the evening primrose's gamma-linolenic acid (GLA), and other vital active ingredients such as Vitamin A, Vitamin E and Vitamin C. The patch's fine hypoallergenic polymer material laid on a non-woven matrix encloses and protects all these active ingredients, increasing their effectiveness, giving you an all-in-one solution to your maturing skin.

Once you have applied an Age Defying Patch onto the wrinkled area of your face or neck, its powerful active ingredients will gradually penetrate deep into your skin. As the only patch in the market that is dry and adhesive, you can enjoy the luxury of this non-wet patch that stays on your face overnight. Love your skin with a younger-looking you every day!



### 5 KEY BENEFITS TO USING THE PHYSIO RADIANCE AGE DEFYING PATCH

1. Intensive care for the desired wrinkled skin area
2. Safe and chemical-free
3. Effective results after first time use
4. High penetration rate of active ingredients
5. Convenient and easy-to-use

### 3-STEPS TO ENJOY THE PHYSIO RADIANCE AGE DEFYING PATCH

- 1 Clean and dry your skin.
- 2 Apply a patch onto the desired area and continue with your usual daily skincare routine around the patch area. Leave the patch on for 6 to 8 hours (overnight is recommended).
- 3 Gently remove the patch in the morning after waking up.

For best results, apply the Age Defying Patch two nights a week during the first week as an initial treatment, and then one night a week thereafter. Start noticing results immediately and enjoy younger looking, flawless skin.



### MAKE PHYSIO RADIANCE YOUR SKIN CARE ROUTINE

To get the best results, apply the quick and easy steps of Physio Radiance skin care routine daily. See positive difference after only three to four weeks of treatment!

 <p><b>Normal – Dry skin (day &amp; night)</b></p>	 1.Cleanser	 2.Toner	 3.Patch	 4.Serum	 5.Day & Night Fluid
 <p><b>Oily skin – Day time</b></p>	 1.Cleanser	 2.Toner	 3.Patch	 4.Day & Night Fluid	
 <p><b>Oily skin – Night time</b></p>	 1.Cleanser	 2.Toner	 3.Patch	 4.Serum	 5.Day & Night Fluid

**LISTEN TO WHAT A LEADING DERMATOLOGIST SAYS:**

*“A Good Line of Skin Care For Everybody”*

Leading dermatologist Prof. Philippe Humbert says,

“Our organs, cells and tissues change as we age. The number of cells decreases while the density of collagen and elasticity of the skin progressively lose its functioning capacity. However, it’s possible to reactivate the function of the cells, such as the cells in epidermis and fibroblast collagen production, for example. These cells can be reactivated by different active ingredients contained in cosmetics.

“Since Physio Radiance is formulated to reduce the risk of allergies by avoiding preservatives, parabens and other potentially irritative chemicals, while at the same time including active ingredients which can be useful for the skin, I feel that Physio Radiance is a good line of skin care products for everybody.”



*Professor Philippe Humbert is the Head of the Dermatology Department at Besançon University Hospital Centre, in France. He is also the Director of the Centre’s Skin Engineering and Biology Laboratory; and President of the International Society for Biophysics and Imaging of the Skin.*

*Philippe Humbert, MD, PhD*



**PHYSIO RADIANCE BRAND AMBASSADOR**

“Beauty is not about looking young. It’s about looking good from the inside out.”

– VP Rosemarie Glenn



## WHAT OUR PHYSIO RADIANCE USERS HAVE TO SAY:



"I'm very happy with the product... my wife and I have been using the full range. I have found that the dark circles and tightness around my eyes have disappeared and my laugh lines are gone too. I have a combination of oily and dry skin so I used to get small pimples

around my 'T-zone'... but Physio Radiance has now balanced my skin and it is less problematic. In less than three weeks of using the products, I am already convinced that they are amazing. So since then, I have been promoting it to my whole team!"

– Neeraj Chhibbar  
Dubai



"Even though I'm only in my late 20's, my skin has already developed signs of premature ageing. I tried many different skin care products – even the expensive ones. However, my skin was becoming more sensitive and inflamed.

"After attending QNET's product training, I really like Physio Radiance's concept of self-regulation, self-regeneration and self-repair. So I decided to try the products. Upon application of the Comfort Emulsion Cleanser on my skin, the primary sensation was very comforting. I felt that it cleansed my facial skin thoroughly without making it dry or greasy. The Remineralising Toner Lotion absorbs instantly again, making my skin perfectly balanced. The Extreme Anti-Oxidant Serum and Radiance Enhancer Day & Night Fluid were absorbed quickly and did not make my face greasy or oily like other brands. My skin felt soft and hydrated all day long.

"I love seeing my face in the mirror and feel excited to see the continuing improvements. Even my fiancé loves it and says that I finally found a perfect skin care solution for my skin. Now he has started using it and I notice that he even looks younger."

– Amelia Djajadi  
Indonesia



"I have spent a lot of money on skin care products over the years and always felt very disappointed in them, as they had only temporary positive results. I still had wrinkles and fine lines on my face, particularly around my eyes and lips.

"I came across Physio Radiance during the Physio Radiance Ambassador Training Programme organised in September 2010. I've been using Physio Radiance ever since, and I've noticed that my skin is more radiant. The fine lines on my forehead and the wrinkles over my face are fading. Physio Radiance gives me a more youthful look, all the while keeping my skin soft and healthy looking. This is the best skin care product I have ever used!

"Thank you Physio Radiance. You are like a time machine that brings back my youthfulness!"

– Punitha Narayanan  
Malaysia



"My face used to be so oily in the summer and very dry and reddish in the winter. However, after using Physio Radiance for a month, I noticed a positive change!

"Since my first application of Physio Radiance, I felt that my skin was softer and smoother than before. During winter, I usually had to apply moisturiser from other brands on my face at least three to four times a day. But now with Physio Radiance's Radiance Enhancer Day & Night Fluid, I apply it only one time in the morning, and believe it or not, my skin is hydrated all day long – even if I wash my face during the day. My skin is much healthier!

"What I like most about Physio Radiance is that it is paraben- and preservative-free. It also has the ability to activate our skin cells. Physio Radiance is truly amazing!"

– Elis Rusnawati  
Hong Kong

### Disclaimer:

- 1) The information provided herein, including and without limitation to all information relating to medical and health conditions, products and treatments, is provided for informational purposes only and often in summary or aggregate form. It is not intended as a substitute for advice from your physician, dermatologist or any healthcare professional.
- 2) You should not use the information provided herein for diagnosis or treatment of any health concerns or for prescription of any medication or treatment. Each person reacts differently to a particular product and you should consult your physician, dermatologist or any healthcare professional in this regard and regarding any interactions between any medications or healthcare products you are currently taking.
- 3) The Company shall not be responsible for the use and/or misuse of the products on your part. You shall be responsible in ensuring that the products are used in line with the guidelines, instructions and/or recommendations provided by the Company in connection with the use of the products.

# BioSilver

SILVERSOL TECHNOLOGY®



- BioSilver 22 Gel (1 Tube)
- BioSilver 22 Gel Triple Pack (3 Tubes)

## ADVANCED SKIN CARE SILVERSOL TECHNOLOGY®

BioSilver 22 Gel utilises scientifically proven and exclusively patented SilverSol Technology®, which has antibacterial properties. Not only does BioSilver 22 Gel provide thorough cleansing and sanitising of your hands and body, it also ensures good care for your skin given the realities of living a modern life. With BioSilver 22 Gel, you can adequately and conveniently cleanse yourself and go about the day without being afraid to interact with your environment.

## HOW DOES SILVERSOL TECHNOLOGY® WORK?

SilverSol Technology® uses a two-pronged approach:

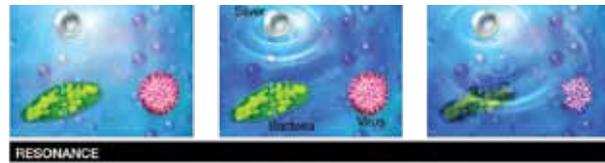
### 1. Silver Oxide

The silver oxide coating has antibacterial properties which assist in neutralising bacterial cell membrane.



### 2. Resonance

SilverSol resonates at 890-910 terahertz, the same antimicrobial frequency used in laboratories with antibacterial properties via ultraviolet lights.



## KEY BENEFITS OF SILVERSOL TECHNOLOGY®

- Contains antibacterial properties.
- Promotes effective cleansing on the skin.
- The gel is clear, odourless, non-greasy, contains no alcohol or preservatives, and does not dehydrate the skin.

## APPLICATION OF BIOSILVER 22 GEL

- BioSilver 22 Gel is for external use only.
- BioSilver 22 Gel can be used for sanitary and cleansing applications.

## DID YOU KNOW?

- Silver is used on cutting boards, table tops and refrigerators to prevent food contamination.
- Silver is used in athletic and military clothing against bacteria that cause body odour.



# Brille



- Brille Single Pack\*
- Brille Duo Pack (2 Packs)\*
- Brille Toothbrush-Family Pack (x 4)
- Brille Toothbrush-Family Combo Pack (x 8)

\*One pack consists of Brille Natural Whitening, Brille Sensitive Teeth, Brille For Kids and Brille Anticavity.

## THE BRILLE SYSTEM

A complete, all-natural dental solution for your family.

The Brille system is a revolution in family dental health care. For the first time, your family has access to a complete dental health clinic on-hand, right in your bathroom! This completely new concept has been created to ensure that everyone's specific needs are addressed.

### COMPLETE DENTAL SOLUTION

Why should everyone in the family use the same toothpaste when each person has different dental needs?

Some toothpaste makers claim that with just one product they can solve all dental issues, but this is not true. Dentists agree that specialised products are needed for the treatment of sensitive teeth, for fighting cavities, for whitening and for children's teeth. So how do you choose one toothpaste product that will cover the whole family and give them the results that they need? The answer is simple: you don't.

Brille provides a systemised solution for everyone's dental health and protection, allowing you to tailor four separate specialised products to the needs of your family. Your family can also enjoy the confidence of lasting freshness and a deep clean while receiving the care that they need.

## BRILLE BENEFITS

- Strong cavity protection with Green Tea
- All-natural ingredients
- Long-lasting freshness
- No harmful ingredients
- Fights bacteria
- Strengthens teeth & gums
- Great taste
- Fast-action whitening (Brille Natural Whitening)
- Treatment for sensitivity (Brille Sensitive)

**Brille Anticavity** gives strong protection from cavities by fighting bacteria that lead to a build-up of cavity-causing plaque.

**Brille Natural Whitening** will give your teeth a whiter appearance while still fighting tooth decay, gum disease and giving long lasting freshness.

**Brille For Kids** is formulated to provide gentle protection and care to young teeth and gums and to provide a fresh clean without the harsh taste.

**Brille Sensitive Teeth** will relieve your teeth's sensitivity including pain caused by hot or cold food and drinks.





## BRILLE IS ALL-NATURAL

All natural ingredients and free from harmful additives.

When you use Brille, the first thing you will notice is the taste – a unique and original, fresh, organic flavour – then you will discover a long-lasting, clean and pure freshness unlike any product you have ever tried. The secret to Brille's amazingly clean feeling is our specially formulated herbal blend, which includes Green Tea, Eucalyptus, Echinacea, Sage and Xylitol.



## FREE FROM HARMFUL ADDITIVES

Brille not only provides a smarter, more advanced system of dental care but it does this using only the safest ingredients so that your family is protected from the large number of harmful toxins found in other brands. Some harmful additives commonly found in toothpaste but **NOT** found in Brille include:

### **TRICLOSAN, SLS-SLES (SODIUM LAURYL SULFATE), FOOD DYE, FLUORIDE**

Fluoride is being increasingly recognised as a highly-poisonous and unnecessary additive which causes dental fluorosis, depresses thyroid activity (leading to serious thyroid problems), premature ageing of the body, joint and bone weakening and even bone cancer. Green Tea, on the other hand, is a perfect healthy alternative for preventing and fighting cavities.

## WHY NO FOAM?

When using Brille, you may notice that it doesn't foam in your mouth the same way that some other brands do. This is because almost all major brands use a chemical called Sodium Lauryl Sulphate (SLS or SLES), a strong and harsh detergent used in the industry as a degreaser and a powerful wetting and foaming agent. This is the same chemical which is used to clean your car's engine! As you can imagine, the effects on your body can be quite serious, ranging from skin irritation and burns, to cancer.

So if you're wondering why Brille feels different, it's because you're getting a healthier clean – all of the protection and freshness with none of the harmful chemicals.

Now, doesn't that feel better?

## THE RIGHT TOOTHBRUSH FOR YOU



The secret to good dental health is routine. Brushing at least twice daily will ensure strong healthy teeth. Do you know what? We are much more likely to stick to this routine if we are using a toothbrush which is comfortable and leaves our mouth feeling thoroughly clean.

For use with the Brille toothpaste range, THREE advanced toothbrush designs have been specially developed to provide a deep clean and a comfortable and satisfying brushing experience.



**Brille Adult Brush:**  
Superior clean and advanced whitening cleaner.

**Brille Travel Brush:**  
A fold-up design specifically created to provide the best care while you're on the go.

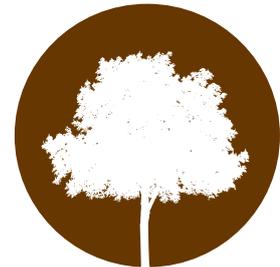
**Brille Kids Brush:**  
Brille Kids Brush's fun lion design makes brushing enjoyable and is created especially for small teeth and mouths.

Use Brille toothbrushes with Brille toothpaste for a complete dental care solution.



- Argancare for Men
- Argancare for Women

# Argan Care



## A TOUCH OF GOLD IN A MODERN WORD

The argan tree (*Argania spinosa*), commonly known as the 'Tree of Life', is found sparsely amidst the Berber villages of rustic Southern Morocco. Due to living in harsh weather conditions, the Berbers embrace the earth's natural remedies to maintain their forever ageless and fresh appearance. Lacking any synthetic ingredients that can cause irritation, argan oil is one of the richest sources of naturally occurring Vitamin E. Vitamin E is a powerful antioxidant that fights and neutralises damage caused by destructive free radicals in our environment. Thus upon application of the oil, the skin is able to revive and restore its firmness and youth, the core anti-ageing essence of the Berbers secret behind their exquisite healthful glow.



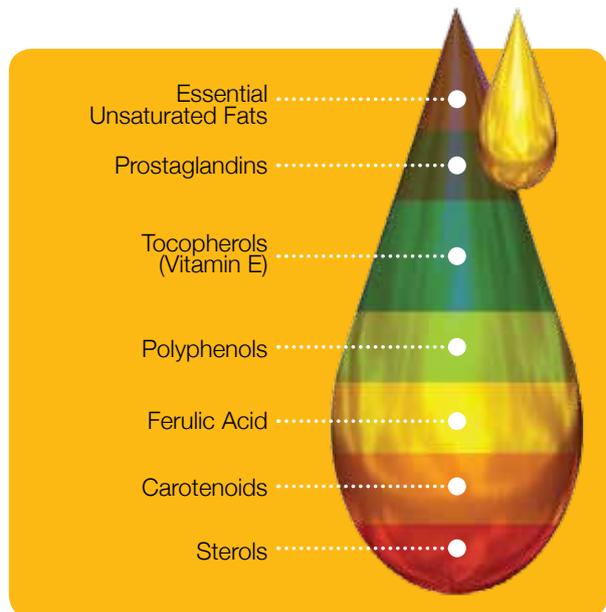
## PAMPER YOURSELF WITH LIQUID GOLD

Take yourself and your family into a world of beauty and all-round wellness; release your inner glow with Argancare.

From the kernels of the argan nut, this rare oil has often been referred to as the 'Liquid Gold' of Morocco. With today's modern technology, mechanical extraction methods are used to produce this barely resourced oil.



## ARGAN OIL'S COSMETIC COMPONENTS



## ARGANCARE & HEALING AND PROTECTION OF SKIN

- It is an effective treatment for skin inflammatory conditions experienced during childhood, adolescence or adulthood such as Acne, Chickenpox and Psoriasis as it reduces red dots or patchy blotches.
- Argancare is suitable for naturally dry and oily skin types. Its amazing abilities to self-regulate the secretion of sebum out of the skin's sebaceous glands keeps the skin wet and protected from dryness, whilst making sure secretions are kept to manageable levels to avoid excess oiliness.
- The oil is rapidly absorbed by the skin, therefore is non-sticky and does not leave the skin feeling oily.

## ARGANCARE & ANTI-AGEING OF SKIN

Argan oil, extracted from the raw kernels of the Argan nuts whose protective case preserves nutrients very well, is a strong contender for regeneration of tired and aged skin.

- 80% unsaturated fatty acid content is a wonderful aide to retain essential moisture preventing signs of inflammation caused by the degeneration of skin cells.
- Saponin content acts in minimising and reducing wrinkles, 'crow's feet' (wrinkles that appear at the corners of the eyes) and 'bags' under the eyes.
- Argancare has one of the highest naturally occurring tocopherols compositions, commonly known as Vitamin E. Vitamin E is a powerful antioxidant agent that fights and neutralises free radical damage caused by varying factors including pollution, harmful rays of the sun, atmospheric chemical exposure, and damage caused by skin products that contain free-radical procuring chemicals, i.e. certain aerosols and sprays.

## ARGANCARE & HAIR CARE

- Argancare has a high antioxidant content that allows strengthening of hair from root to tip for any age group.
- Possessing a very rich content of Vitamin E (tocopherol), it does wonders to restore and repair hair damage caused by destructive agents such as heat, over-styling, colouring treatments and oxidation.
- Its rich composition of unsaturated fatty acids like Omega 3 and Omega 9 provide hair with additional nutrients to strengthen the protein-bond structures in the root pores and hair strands, boosting overall strength and healing split ends.
- Its high diffusibility infuses deep into the hair follicles promoting shine and lustre and giving your hair a silky feel, whilst reducing frizziness.
- It can be used as an aide to reduce dandruff.
- Its richness and density can give a 'wet-look' to hair to complete your desired look.

## SUGGESTED APPLICATIONS

### For Face and Body



- Use as your daily facial cream for wrinkles, scar tissue, visibly irritated skin and stretch marks. Apply 3-4 drops daily to your skin in the morning and at night and massage gently until absorbed.
- Use Argancare as your daily moisturiser after a bath or shower. Rub small amounts in your palms and massage your body using upward strokes.
- Suitable for all skin types including dry, oily and sensitive skin.

### For Hair



- Styling after shampoo and conditioning: Apply 4-5 drops of Argancare and work through damp hair. Style as usual.
- Frizz control and protection: Apply 2-3 drops of Argancare to dry hair from root to tip, as often as needed.
- Enhancing hair colouring: Before colouring, apply 1 teaspoon (5 ml) of Argancare directly to hair, gently massage through each strand to enhance overall ability of colour absorption. Add another teaspoon (5 ml) of Argancare to the colour mix and continue colouring as usual process (You do not need to rinse hair before applying the colour mix). This process will improve the shine, softness and depth of colour.
- Reviving, hydrating and detangling: Apply a few drops to hair, wigs and hair extensions.

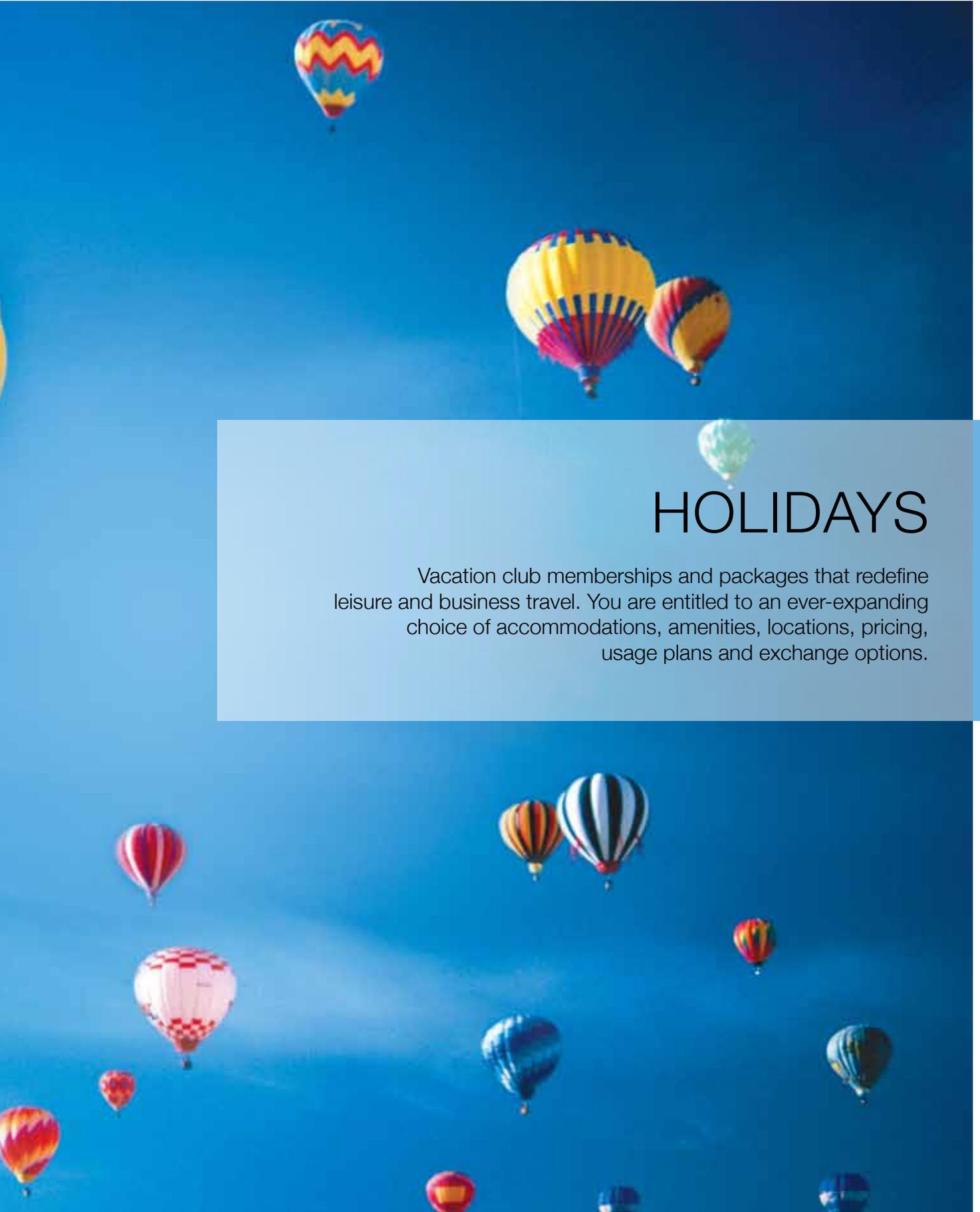
### For Children and Infants



- Apply 3-4 drops of Argancare to hair and body and massage gently before and after baths.
- Use Argancare during weekly massages for infants to soothe and relax the skin.

**Argancare** is safe for the whole family and all ages.  
**Argancare** is safe to use during pregnancy.  
**Argancare** has a shelf life of 24 months.  
 Results are visible in 3 to 4 weeks.





# HOLIDAYS

Vacation club memberships and packages that redefine leisure and business travel. You are entitled to an ever-expanding choice of accommodations, amenities, locations, pricing, usage plans and exchange options.





## WELCOME TO QVI CLUB!

QVI Club's vacation club memberships open the door for you to explore the world and experience the beauty of different cultures, traditions and ways of life – at very affordable prices. Through our holiday memberships that range from 5 to 30 years, you'll have access to more than 2,000 resorts worldwide, ranging from beach retreats to countryside inns to mountain top hideaways. You can be as adventurous or as relaxed as you want to be. This is what vacation membership is really all about: fun, flexibility, long-term value, and the opportunity to truly explore your world!

### WHAT DO YOU GET?

- Great vacations for up to 30 years at today's prices
- The ability to transfer membership ownership to children, grandchildren and loved ones
- The option to share or loan your vacation membership to family, friends and associates
- An exclusive selection of QVI Club Home Resorts and Limited Collection Resorts
- An exclusive membership to XchangeWorld that will take you to exciting destinations



30-year Diamond Vacation Club Membership with 60 weeks of vacation



30-year Platinum Vacation Club Membership with 30 weeks of vacation



30-year Gold Vacation Club Membership with 15 weeks of vacation



10-year Silver Vacation Club Membership with 6 weeks of vacation



5-year Bronze Plus Membership with 3 weeks of vacation PLUS 1 year access to QVI Points

For more information on QVI Club and XchangeWorld, please visit [www.qvclub.com](http://www.qvclub.com) and [www.xchangeworld.com](http://www.xchangeworld.com).  
For India, please visit [www.vanamala-india.com](http://www.vanamala-india.com).

**QVI CLUB HOME RESORTS**



**Doğan Hotel, by Prana Hotels & Resorts  
Antalya, Turkey**

In the midst of the old city of Kaleiçi in Antalya, sits the charming historical Doğan Hotel which has been carefully restored in traditional Turkish style. The guest rooms are spread out across four low-rise buildings that centre on a flower-filled outdoor dining terrace and a sunlit swimming pool.

Just 100 m from the resort is the waterfront with its variety of restaurants, cafés, shops and a secluded beach. As you spend the day wandering along the numerous small lanes that wind amongst quaint shops, heritage buildings, houses and market places, you'll come across the occasional remnants of the fortifications that used to surround the old city.

Prana offers a unique opportunity to experience total rejuvenation amidst a refreshing combination of stunning nature, beautiful Thai-inspired accommodation and wholesome vegetarian cuisine.

Surrounded by turquoise waters and panoramic views of the sea; spending lazy days by the pool overlooking the beach; seeking shady spots under frangipani trees in which to read and relax; and having attentive staff to see to all your needs – all these make a stay at Prana the perfect tropical getaway.



**Prana Beach Villas  
Koh Samui, Thailand**

Each one-bedroom apartment at the Patong Tower Condominium is fully furnished with partial kitchen facilities, a dining area and a cosy lounge room that comfortably accommodates four people. It is your home-away-from-home, perfect for a family getaway, with all the comfort and convenience of home, even while on holiday.

The condominium is set right in the centre of all the action of Phuket. Patong Beach, in particular, offers an incredible range of sightseeing, shopping and water activities, including waterskiing, diving, snorkelling and paragliding. There will be something for everyone in the family without having to venture too far from your holiday apartment.



**Patong Tower Condominium  
Phuket, Thailand**

Each spacious suite in the Centurion is beautifully appointed with its own lounge, writing area and kitchen. The interiors are modern and tastefully furnished with quality fittings throughout.

The best part is the hotel's location in Sea Point, offering easy access to the ever-popular V&A Waterfront and City Centre, where a variety of shops and excellent restaurants await your pleasure. The hotel's proximity to the azure waters of the Atlantic Ocean, with its alluring beaches and the many other natural wonders of the area, makes it the ideal base from which to experience the Cape.



**The Centurion All Suite Hotel  
Cape Town, South Africa**



## QVI CLUB LIMITED COLLECTION RESORTS

Here we feature three of our popular Limited Collection resorts. For a full list, visit [www.qvclub.com/limitedcollection.html](http://www.qvclub.com/limitedcollection.html).

Sitting on its own enchanting private sandy beach, just 7 km from Hammamet town centre, the resort has a bright and welcoming exotically-styled lobby which will make you feel instantly at home. The hotel offers traditional Tunisian hospitality, great food and a host of facilities designed to keep everyone in your family entertained. Whether you're single and looking for a break, or a couple wanting to spend time together, or a family going on a vacation, the resort can cater to all your holiday needs.



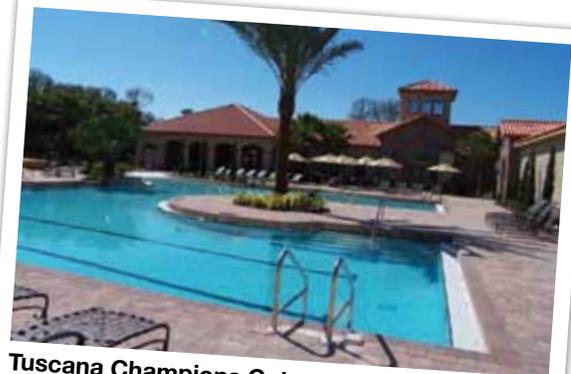
**Caribbean World Venus Beach  
Hammamet, Tunisia**



**Citin Loft  
Pattaya, Thailand**

Nestled in a residential neighbourhood in the heart of downtown Pattaya, this hotel of contemporary design, is a leisurely 15 minute walk to the beach and waterfront promenade. Nearby is a host of ethnic restaurants featuring everything from Italian pasta, French cuisine to local Thai favourites. Wander to one of the upscale new shopping malls such as the Central Festival Pattaya Beach or Royal Garden Plaza, or if you're an aspiring race driver, head to Go Kart, Pattaya's oldest and most established go-kart circuit.

Tuscana Champions Gate Resort is perfect for all families. You'll have the best of both worlds – enjoy the peaceful and tranquil surroundings, and also spend time exploring all of Orlando's attractions – Disney World, Sea World, Aquatica, Universal Studio, Islands of Adventure, Busch Garden, Kennedy Space Center and Disney's World of Sports, plus fabulous shopping outlets and malls. At the end of the day, when you return to Tuscana, you will definitely be in the right place to recharge your batteries. Relax by the pool, have a refreshing beverage in the Tuscana Tavern Bar, watch a movie or simply take a stroll around Tuscana's private grounds.



**Tuscana Champions Gate  
Orlando, Florida**



**Heritage Resorts Coorg  
Karnataka, India**

26 well-appointed cottages dot the lush green slopes of this quietly gorgeous hillside retreat in Monnangeri Village in Galibeedu. Each is set apart from the others to guarantee privacy. Within, the sense of peace continues in the charmingly cosy interior with natural stone floors, wood and native fabrics. Outdoors, lounge by the infinity pool that overlooks mist-shrouded hills, explore hiking trails on foot or by bicycle, visit a nearby plantation or go kite-flying. And when all these activities pique your appetite, the resort's restaurant will more than satisfy your cravings with its cuisine that ranges from indigenous Coorg, to southern Indian, northern Indian and continental.

## XCHANGEWORLD

As a QVI Club member, you'll have access to more than 2,000 resorts worldwide through our own exchange network, XchangeWorld. For a full list of XchangeWorld resorts, visit [www.xchangeworld.com/search\\_resorts/search\\_listing.html](http://www.xchangeworld.com/search_resorts/search_listing.html).



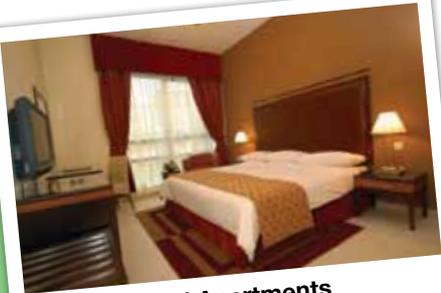
**Dreams Vacation  
Sharm El Sheikh, Egypt**

This lovely resort sits on 40,000 m<sup>2</sup> of unspoilt grounds in the heart of the beautiful Um El Sid Cliff. Five swimming pools with waterfalls and fountains are delightful play areas for adults and children. Similar to its sister property, Dreams Beach Sharm El Sheikh, the resort is near Ras Muhammad National Park and Naama Bay.

Lily Sarovar Portico is one hotel in Nashik that allows its guests the luxury of staying in perfect comfort while being easily connected to the major areas in the town. It's convenient access to places like the railway station, the industrial areas and other important locations gives an edge to the business travellers who stay here. The easy location is also an advantage for the leisure tourist as it makes it easy for them to start their tours in the city and around



**Lily Sarovar Portico  
Nashik, India**



**Xclusive Hotel Apartments  
Dubai, United Arab Emirates**

These beautiful apartments are located in the historic downtown Bur Dubai area, just 20 minutes from the airport, close to the famous Dubai Creek, and only a short walk away from shopping malls, traditional Arab souks and restaurants. Stay at the Xclusive Hotel Apartments to enjoy the freedom of your own luxurious holiday space, equipped with all the facilities and services you'd expect from a top hotel.

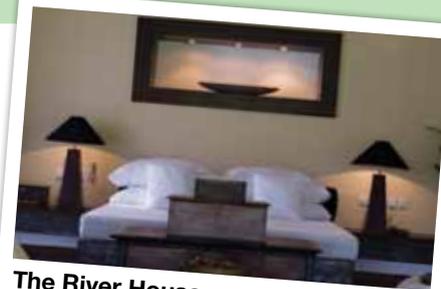
## EXCLUSIVE BOUTIQUE COLLECTION

XchangeWorld also offers a category of resorts for those who want a more special, intimate holiday experience. The Exclusive Boutique Collection features smaller elegant resorts that focus on discreet, superlative service and utmost privacy. Perfect getaways for romantic occasions or for celebrating anniversaries, these exquisitely designed resorts are set in some of the most beautiful, desirable locations in the world.

This sprawling 19<sup>th</sup> century manor has been carefully refurbished to preserve the intricate details and style of the colonial era. Situated on a three-acre hill with huge courtyards, sun-dappled verandahs, a swimming pool, and tropical gardens, Tamarind Hill has just 10 rooms and two suites, offering the ultimate in comfort, stylish design and modern amenities, juxtaposed with the charm of a bygone era. An exclusive resort perfect for luxurious getaways.



**Tamarind Hill  
Galle, Sri Lanka**



**The River House  
Balapitiya, Sri Lanka**

Set by a lake in seven acres of lush tropical land, this five-suite luxury villa/ boutique hotel promises a private, tranquil and intimate ambience. It is undeniably one of the most beautiful properties in Sri Lanka, featuring original craftsmanship of wood, stone and polished cement, seamlessly blending contemporary comfort and antique splendour. Each suite has a private garden or terrace, with an indoor/outdoor plunge tub or pool. Outdoors, tranquil gardens, peaceful sunlit terraces and a shimmering pool beckon.



## UNFORGETTABLE EXPERIENCES



I am so proud and happy to be a QVI vacation owner. The QVI team was extremely helpful and prompt in arranging my vacation for me at Prana Resorts in Koh Samui, and Citadines in Bangkok, in a turnaround time of less than two weeks!

– Sonali Goenka, India



It was truly a fantastic and memorable trip for my guests and me at Club Olympus in Tenerife, Spain. Even my friends are interested in becoming QVI Club members after seeing the beautiful pictures and videos taken during my trip. I hope my photos and testimonial will convince you to be a member too!

– Nader Sharafi, UK



We had our New Year Eve's dinner at L'Opera Restaurant, in the Dreams Beach Sharm el-Sheikh Resort. It was the most unusual, exotic and wonderful evening of our lives! The variety of food, the animation show, the disco, the friendly staff... that's just a short description of Egyptian hospitality!

– Ainur Abisheva, Kazakhstan

### PLANNING YOUR HOLIDAY? CONTACT OUR CUSTOMER EXPERIENCE AMBASSADORS AT:

#### International call centre:

Tel: +603 7949 8288  
(all languages; line open 24/7)

#### For reservations, please email:

[customercare@qviclub.com](mailto:customercare@qviclub.com)

#### In India:

Tel: +91 22 6139 9500  
For reservations, please email  
[customercare@vanamala-india.com](mailto:customercare@vanamala-india.com)

[www.qviclub.com](http://www.qviclub.com)



Find us on Facebook: QVI Club – Official

For a presentation on QVI Club or to view the Resort Directory and Members' Brochure:

[www.qviclub.com/resources](http://www.qviclub.com/resources)

In India:

[www.vanamala-india.com/downloads.html](http://www.vanamala-india.com/downloads.html)

A Quick Fact Guide can be found here:

[www.qviclub.com/qfg](http://www.qviclub.com/qfg)

Various service fees are chargeable:

[www.qviclub.com/fee-guide](http://www.qviclub.com/fee-guide)

In India, view fees at:

[www.vanamala-india.com/memberships.html](http://www.vanamala-india.com/memberships.html)



# Q-breaks

escape. explore. discover.

Q-breaks is all about helping you escape, explore and discover the world. Do you enjoy taking several short breaks in a year instead of one long holiday? Are you adventurous and like discovering new destinations? If you're any of these, then Q-breaks will make all your vacation dreams come true!

## ESCAPE, EXPLORE, DISCOVER!

We'll take you on journeys to sun-soaked beach holidays, romantic getaways, fun vacations for the whole family, spa retreats, and much more. Q-breaks vacation packages have an average validity of a year, allowing you greater flexibility when planning your holidays. You can purchase more than one package at a time, so you have a variety of experiences and destinations to suit every member in your family.

## GREAT VARIETY AND AFFORDABILITY

Just imagine – taking your family on the Fun-Filled Orlando package right to the heart of spectacular theme parks like Disney World and Epcot Center; or whisking your loved one off to a romantic getaway on the 3-night Bali Luxury Escapade; or gathering your friends to discover South Africa through our Sawubona Cape Town package\*. The destinations are numerous, the prices affordable, and the possibilities endless!

For more details visit [www.q-breaks.com](http://www.q-breaks.com)



Orlando, Florida, USA



Bali, Indonesia



Cape Town, South Africa

\* The variety and type of Q-breaks packages available are subject to change without prior notice.



# QVI Points

Explore even more

QVI Points opens up a whole new world of travel, lifestyle and vacation options for you. This easy-to-use holiday redemption product lets you customise your holiday – choose where and when you want to go, what you want to see and do, then pay with pre-paid Points, and receive instant confirmation on your reservations!

Start by buying a quantity of Points from the QNET eStore, then login to the QVI Points website with your password, and begin planning your dream holiday!

## VARIETY, FLEXIBILITY AND CONVENIENCE

Your choice are limitless – select from more than 340,000 accommodations worldwide, from resorts to hotels to apartments and even villas; deliberate among 6,500 cruises in 30 regions; and pick and choose from over 4,500 exciting experiential activities, and numerous tours and excursions.

There's something for everyone in the family to enjoy

## PLAN YOUR VACATION THE WAY YOU WANT!

Best of all, you get to design your own holiday. Choose from nightly stays or weekly stays, select the star rating of your hotel, decide if you want breakfast included, rent a car, go on a tour, buy tickets for amusement parks and attractions... It's all at your fingertips! And once you've made your selections, click 'Submit' and wait for your instant confirmation.

To see how easy it is to plan your holiday with QVI Points, visit [www.qvipoints.com](http://www.qvipoints.com) and use the demo login password to take a look around.

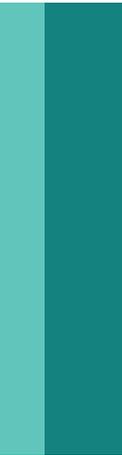






# COMMUNICATIONS

A range of universal communication packages and services available through affordable and technologically advance solutions.





## Creating Connections



- 3-month subscription
- 6-month subscription
- 12-month subscription

Welcome to your new digital office, 'ello'! Built to work hand-in-hand with Microsoft Office software, ello brings you all you need to operate your business communications online in an easy-to-use package.

With its mobile apps feature, access your ello communications on your mobile devices such as computers, browsers and mobile phones, allowing you to be reachable 24 hours, 7 days a week! As well as combining all your communications into one account, ello also offers you storage on-the-go that you may take with you anywhere, anytime!

Upgrade your communications and thus upgrade your business, to your network and the world. ello brings you to a whole new level.





## FEATURES



### YOUR OWN USERNAME

ello gives you the chance to create your own unique username, so you don't have to worry about remembering your IR ID number! Plus, use your unique username with other QNET services in the future.



### INSTANT ACCESS TO EMAILS

ello allows you to have 24 hours a day, 7 days a week access to your business email account wherever you may be. And enjoy email access from any of your portable devices, from your laptop, to your mobile phone – how you read your emails is your choice.



### INSTANT MESSAGING

ello is your around-the-clock instant messenger allowing you to be in contact with your network and your team members around the globe! No more having to safeguard phone numbers and relying on phone calls and emails to get a hold of your business colleagues. Now, all you simply need to do is Log In!



### INSTANT CALLING

ello enables your communications to reach beyond borders! Enjoy all day everyday calls to your business contacts, clients and networks in any location across the world. And as your calls are connected through your Internet connection, talk for as long as you want for FREE!



### INSTANT CONFERENCING

ello helps you create a borderless meeting room for any meeting needs. You can create, moderate, join pre-planned and on-the-fly audio, video and web meetings with members from inside or outside of your organisation.



### INSTANT STORAGE

ello is also your storage compartment for important documents and emails, which goes everywhere you go. Be in the office while you are at home, on a train, at a concert or on the beach; ello will be with you anytime, any place.



### CONNECTING ELLO AND SKYPE™

Do you use Skype™ to keep in touch with your friends, family members, teammates and prospects? By choosing ello as your work communications tool, you will now have the ability to connect your ello with your Skype™ contacts. This enables ello users to take advantage of the global reach of Skype™ and communicate with hundreds of millions of users worldwide.



# QNET *LifeSite*

- 3-month subscription
- 6-month subscription
- 12-month subscription

My **Life.**

My **Site.**



Do you want to give your business an edge... give it a hint of your own personality? Do you want to name your own website? Or choose what you want to sell and how you want to sell them?

Well, why not? You can. It's Your Life. It's Your Site. So... YOU DECIDE!

**QNET Life Site** is your answer to doing online business. It's your ultimate one-stop website for reaching out to new prospects and managing Downlines, giving you access to the best online tools to manage your business, maintain network communications and, most importantly, promote your products and grow sales.



## GROW YOUR BUSINESS WITH AMAZING ONLINE TOOLS

- **Unique QNET Life URL:** Choose your own unique URL within the QNET Life Site domain to brand yourself and your business.
- **Personal Profile:** Let your business be an extension of yourself... create your own profile, share your thoughts and tips with others.
- **Unique Product Pages:** Capture and record volunteered information given by your prospects through unique product landing pages for each product.
- **Contact Manager:** Manage and keep track of your contact information, including prospects that sign up through the QNET Life Site.
- **Email Marketing Campaigns:** Stay connected with prospects and colleagues using pre-written product email marketing campaigns and seasonal eGreetings.
- **Integrated Calendar:** Integrate your personal events with your professional life, including events posted by QNET which will instantly be displayed.
- **Resource Library:** Promote your favourite QNET products with product training videos, manuals, product portfolio and more.
- **Task Manager:** Be proactive and productive by tracking tasks and follow-ups. Now you can get more done in one go!
- **Orders and Sign-Ups:** Retail customers, prospects and Downlines can buy products or sign up for QNET via QNET Life Site.
- **24/7 Video Tours:** Prospects can check out product videos 24 hours a day, 7 days a week, 365 days a year.



The QNET Life Site is available in English, Arabic, French, Russian and Turkish, making it a global networker's best friend. You can now convert prospects into Downlines and Retail Customers and increase sales... with the click of a button!

With 3, 6, and 12-month subscriptions, the opportunities QNET Life Site offers are endless. It has never been easier, faster or more fun to give your business a personality while growing your network.

You are just one step away from success. Get your QNET Life Site subscription today!

Visit [www.qnetlife.net](http://www.qnetlife.net) for more information.

## PRODUCT EVALUATIONS & CERTIFICATIONS

### • SAINT PETERSBURG RESEARCH INSTITUTE OF PHYSICAL CULTURE, RUSSIA

*The Ministry of Sport, Tourism and Youth Policy of the Russian Federation*



The Saint Petersburg Research Institute of Physical Culture was founded in 1933, making it the oldest sports research institution in Russia. The Institute and its researchers are well known in both Russia and abroad for their cooperation and collaboration with many international sport organisations and for taking part in international scientific conferences and seminars.

For more than seven decades, the advanced investigations of Institute researchers have been involved in helping Soviet and Russian athletes secure 54 Olympic gold medals, 400 European Championships and 200 World Championships.

#### Increased Physical Performance; Accelerated Recovery after Physical Performance

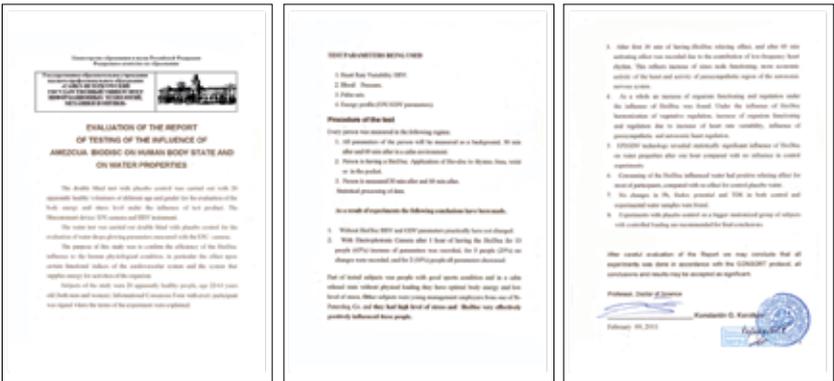
The purpose of the study conducted by the Institute was to confirm the efficiency of carrying the *Veloci-Ti* pendants near the neck area, in particular the effect upon certain functional indices of the cardiovascular system and the system that supplies energy to the body for activities. Highly skilled sportspeople were used as participants in the study.

After a measured period of intense physical loading and activity, various bodily systems and functions were measured in the athletes, such as heart rate variability (HRV), blood pressure, pulse rate, velocity of muscle reactions, body tissue conductivity, and energy profiles (EPC/GDV parameters).

Based on the test results, *Veloci-Ti* pendants increase the adaptation abilities of the human body, preparing the body better for the physical challenges met by sportspeople, improving energy levels, endurance and general physical performance. After the tested participating athletes had worn the *Veloci-Ti* pendants for 24 hours, the pendants were found to have increased the overall capability of the body and helped accelerate recovery after physical activity.

### • THE NATIONAL RESEARCH UNIVERSITY OF INFORMATION TECHNOLOGIES, MECHANICS AND OPTICS (UNIVERSITY ITMO), RUSSIA

*The Ministry of Education and Science of the Russian Federation*





The National Research University of Information Technologies, Mechanics and Optics (University ITMO) is one of the best and oldest higher education institutions in Russia that has a long history over a period of more than 100 years.

As an institute of knowledge and learning, the school provides training in advanced science and technology, as well as providing competitive advantage and development for the Russian economy and social sphere. It is based on an entrepreneurial approach to science, education and innovation in information and optic technologies.

**Decreased Energy Imbalances in the Human Body; Positive Effect over Water**

The purpose of the study conducted by the University was to confirm the efficiency of the Amezcua Bio Disc's influence on the human physiological condition, in particular the effect upon certain functional indices of the cardiovascular system and the system that supplies human energy for activities of the organism. Based on the test results, the Amezcua Bio Disc helped decrease the energy imbalances and harmonised the adaptation resources of the human body, as well as had a positive effect over water.

**• ELECTROCHEMICAL QUALITY CONSULTING CORPORATION (EQC), GERMANY**



The Electrochemical Quality Consulting Corporation (EQC) is a laboratory specialising in electrochemical measurements on food, soil and compost. Recently and notably, the company obtained results about the immediate connection between redox potential in the soil and the redox potential of the products grown on that ground. All these measurements are an indication that the quality of foods and beverages can be verified by means of redox potentials.

The redox value shows the relation between oxidation and reduction, which explains how many electrons are taken up, and conversely, released. Food and beverages that have a lower redox value will have a higher quality, helping improve the body's inherent order and providing more electrons to neutralise free radicals. Moreover, the lower the redox value, the lower the oxidation potential of food and drinks, which helps increase the shelf life and boosts the taste of your groceries.

**Positive Effect on Beverages**

The measurements taken by EQC show that a reduction of the redox value within the Amezcua DRINK was visible, which is considered to be thermodynamically positive.

**Positive Effect on Food**

Test results conducted by EQC also show that the Amezcua EAT can lower redox value, which is considered to be thermodynamically positive.



• **INSTITUTE OF ELECTROPHOTONIC, GERMANY**



The Institute of Electrophotonic, the European centre of EPC (GDV) Technology, is engaged in the activity and the further development of the energy field measuring method of Electro Photonic Captor (EPC)/Gas Discharge Visualization (GDV). Wadim Säidow, head of the Institute, physicist and basic researcher, collaborates with the Technical University Berlin, the Charité Berlin, the REHA Clinique Berlin, the European University Potsdam, the Institute of Chemistry of the University Ljubljana, the Technical University St. Petersburg, the Lomonosov University in Moscow and other institutions.

**Positive Influence over the Human Body and Water**

Tests run by the EPC (GDV) Camera and the EPC (GDV) Fifth Element included placebo comparisons to take measurements of water and the human body state. Test results of the Amezcua Bio Disc show that the product has an energetic and positive regulating and harmonising influence on the human body and water. Also, Amezcua Chi Pendant is affirmative to positive energy influences on the human body and water and is suitable for daily use.

The measurements conducted with the EPC (GDV) Camera and the EPC (GDV) Fifth Element show that Veloci-Ti pendants have an energetic influence on water and a positive energetic regulating influence on the human body.

**Positive Influence over the Human Body and Water; Harmonise Energy Level of the Human Body**

The measurements of the human body state were conducted in a placebo-controlled environment and in a double blind test with the EPC (GDV) Camera and the EPC (GDV) Fifth Element. Tests revealed that the Himalayan Crystal Tri Angle Pendant has an energetic influence on water and an affirmatively regulating influence on the human body. Further test results of the Himalayan World Pendant, Himalayan Pendulum Pendant and Himalayan Crystal Love Collection indicated that the products have a positively energetic regulating and harmonising influence on the human body.



## • CENTRE FOR BIOFIELD SCIENCES, INDIA



The Centre for Biofield Sciences (CBS) promotes a sustainable preventative healthcare model, where naturopathic information medicine is selected as a preferred approach to health care. The Centre focusses on bio-energetic research and its scientists and doctors research and train in technologies and techniques designed to rebalance the disharmony that can lead to physical and mental disease. The Centre utilises modern holistic technologies, such as Polycontrast Interference Photography (PIP), the Electro-Scanning Method (ESM), Bio-Energetic Stress Testing (BEST), Gas Discharge Visualization (GDV), and Resonant Field Imaging (RFI); all enabling the integrated therapist to find the root cause of disease and therefore administer the most precise treatment necessary.

### Positive Effect on the Human Body; Balances Chakras and Energy Centres in the Human Body

Tests were carried out to determine the effect of the Amezcua Bio Disc and Amezcua Chi Pendant over the human body, and the efficacy of the products in balancing energy centres. The tests were double-blind and placebo-controlled groups were utilised. The tests revealed that both products are very effective methods of energising and balancing the human biofield, decreasing energy imbalances and redistributing pooled energy.

It was also noted that during experiments with the Amezcua Chi Pendant, the changes witnessed were particularly fast and positive. Further, test results of the Amezcua Bio Disc indicated that the product has a 'profound positive effect on individuals at an energy level.'

### Balanced Energy Dynamics of the Human Body; Increased Physical Performance and Energy Levels

The test results show the positive effects of Veloci-Ti pendants that indicate the increase in energy equilibrium and body balance. From this research, the Centre for Biofield Sciences concluded that the Veloci-Ti pendants are an effective means of balancing the energy dynamics of the human body as well as increasing daily physical performance and energy levels.

Tests were carried out to determine the effect of the Himalayan Crystal Collection™ over the human body, and the efficacy of the products in balancing energy centres. The tests indicated that the Himalayan Crystal Collection™ helps in conducting, increasing, balancing, and transferring energy to the user. From the test results, we can conclude that the Himalayan Crystal Collection™ is a very effective mode of balancing the chakras or the energy centres as well as the biofield.



• DR MED. MICHAEL KUCERA, CZECH REPUBLIC



Dr Kucera is an internationally active medical doctor from the Czech Republic who is responsible for introducing the potential of Mitochondrial Medicine as a basic therapeutic tool. Dr Kucera monitors the efficacy of the therapy by heart frequency variability measurement. Dr Kucera was awarded the International Mitochondrial Medicine Association (IMMA) Prize in 2000.

**Increased Energy and Harmony Levels in the Human Body; Decreased Stress Levels in the Human Body**

A preliminary observational study indicated that when wearing the Amezcua Chi Pendant or drinking water treated with the Amezcua Bio Disc, users experienced reduced sympathetic activity of the nervous system, thereby reducing tension, increasing reserves of stress adaptation capabilities, increasing parasympathetic activity, and increasing energetic reserves. The test also showed a harmonising effect in cooperative relation between sympathetic and

parasympathetic parts of the autonomic nervous system, improving regulatory and adaptation mechanisms. Dr Kucera also showed that after one week of not using the Amezcua Bio Disc or the Amezcua Chi Pendant, the benefits to the users' cardiovascular function, regulatory systems and stress levels fell back to near default values.

Individuals involved in the tests manifested reduced symptoms, including better sleep, reduced tension, improved psycho-emotional disorders, and increased energy activities.

• PROGNOS™, MEDPREVENT GMBH & CO, GERMANY

PROGNOS™ is a diagnostic and therapy system based on traditional medicine that uses a painless method to create a picture of the energetic state of the body. This is measured through the subject's meridian system, which is the energy course of the human body. PROGNOS™ and its manufacturer, MedPrevent, have been accredited with EC and ISO certifications by the EUROCAT Institute for Certification and Testing.

**Positive Energy Field**

PROGNOS™ machine tests show that the Amezcua Bio Disc, the Amezcua Chi Pendant and the Amezcua Energy Shell all possess a positive energy field. Test results also showed that after drinking water treated with these products or when wearing the Amezcua Chi Pendant, the user's energy levels were increased and the disharmony of their meridian system was thereby reduced.



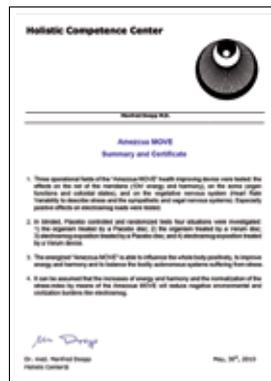
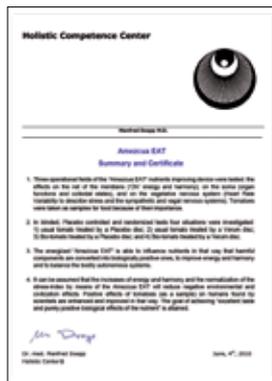
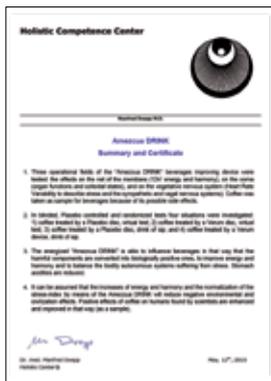
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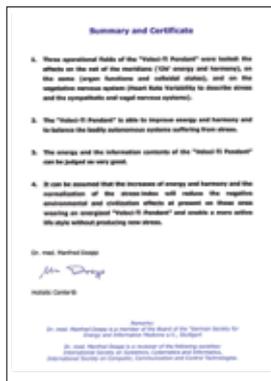
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**Example of the Amezcua Bio Disc PROGNOS™ test results:**

The user's energy levels were increased and the disharmony of their meridian system was thereby reduced from 48% to 34%.

• DR MED. MANFRED DOEPP, GERMANY





Dr. med. Manfred Doepp is a member of the Board of the German Society for Energy and Information Medicine e.V., Stuttgart. He is also a reviewer of the International Society on Systemics, Cybernetics and Informatics, as well as the International Society of Computer, Communication and Control Technologies.

**Improved Energy Medical Criteria; Reduced Impact of Perturbing Technical Radiation**

The Amezcua E-Guard has been scientifically tested using meridian diagnostics and segmentary diagnostics to assess the bio-energetic, bio-informational, bio-functional and bio-colloidal effects. A positive result was significantly and reproducibly demonstrated, noting that the Amezcua E-Guard helps improve energy medical criteria such as energy, information, functional and sol-gel state and reduces the impact of perturbing technical radiation on the organism.

**Increased Energy Levels in Water and the Human Body**

The effects of the Amezcua Bio Discs, the Amezcua Energy Shell, and the Amezcua DRINK on the quality of water and the bioenergetic state of the human body were tested by Dr. med. Manfred Doepp at the Holistic Center in Germany, using meridian diagnostics.

The test results showed that the Amezcua Bio Discs, the Amezcua Energy Shell, and the Amezcua DRINK all have successful operational areas in the energetic-informational treatment of liquids and water containing nutrients. Water treated with the Amezcua Bio Discs, the Amezcua Energy Shell, and the Amezcua DRINK also has an increased level of energy and harmony.

**Protection Against E-smog**

Electrosmog is a negative effect of electromagnetic fields created by electronic equipment in our environment such as mobile phones, computers, lighting, air-conditioners and other electrical appliances. The meridian diagnostics test shows that the Amezcua Chi Pendant, the Amezcua E-Guard and the Amezcua MOVE is able to neutralise the negative effects of electrosmog, as well as improve and harmonise the energy levels of the user.

**Positive Energy Field**

The tests conducted by Dr Doepp show that the Amezcua Bio Disc, Amezcua Chi Pendant, Amezcua Energy Shell, Amezcua E-Guard and Amezcua Lifestyle Set all possess a positive energy field. Test results also reveal that when the Amezcua Bio Disc, Amezcua Chi Pendant and Amezcua MOVE are held, the holder's energy and harmony levels show a significant increase. PROGNOS™ machine tests show that Veloci-Ti pendants are able to improve energy and harmony while also balancing the bodily autonomous systems suffering from stress. The test results have shown that the energy and harmony effects of Veloci-Ti pendants compile a 'total balance'.

**Improved Harmony Levels**

The effects of Veloci-Ti pendants on the bioenergetic state of the human body were tested by the automatic electronic diagnostic device Amsat-HC™. The results of these tests indicate an improvement in users' harmony levels after wearing a Veloci-Ti performance pendant.

**Improved Stress Index**

The measurements conducted by the KardiVar™ device show that Veloci-Ti pendants can improve the stress index of the wearer's body and also enable increased agility without creating any new stress.



### Positive Effect on Beverages

Based on the test results conducted, the Amezcuca DRINK helps improve energy and harmony, while also balancing the bodily autonomous systems that are suffering from stress.

### Positive Effect on Food

The energy tests show that the Amezcuca EAT is able to influence nutrients found in food to improve energy and harmony, while also balancing the bodily autonomous systems that are suffering from stress.

### Positive Influence over the Human Body

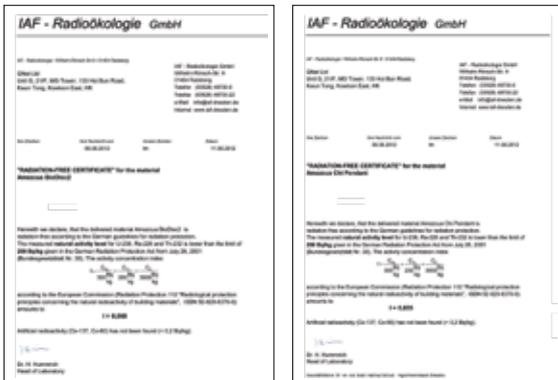
Conducted tests on the Himalayan Crystal Collection™ revealed that the energy content of the collection is 'very good'. For example, upon wearing the Himalayan Crystal Love Pendant, the wearers experienced an average of 21% increase in their total energy and harmony balance. Similar results were reflected when other pieces within the Himalayan Crystal Collection™ were worn during the test

### Optimise and Restore the Body's Energy Equilibrium

The test results showed that the crystals used in the Himalayan Crystal Collection™ are able to optimise and restore the body's energy equilibrium. The Himalayan Crystal Collection™ also has a positive effect on the energy and harmony levels within the human body.

## • IAF RADIOÖKOLOGIE GMBH, GERMANY

*Laboratory for radio nuclear analytics and Radio-ecological surveys*

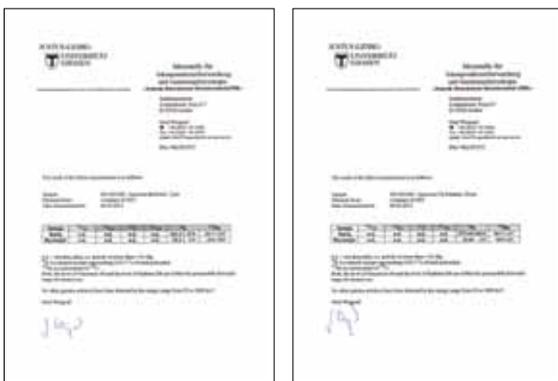


The IAF – Radioecology GmbH is recognised as a measuring entity from the German State of Saxony's Ministry of Social Affairs and Consumer Protection in accordance with the regulation on the quality of water intended for human use (drinking water regulations – Drinking Water 2001).

#### Radiation Safety

According to the German guidelines for radiation protection, the glass body of the Amezcuca Bio Disc and the Amezcuca Chi Pendant are radiation-free.

## • JUSTUS-LIEBIG UNIVERSITY OF GIESSEN, GERMANY



#### Biotechnical Central Operating Unit

Located in the central west region of Germany, the Central Biotechnical Operating Unit (ZBB) is a technical centre of the Justus-Liebig University of Giessen's (JLU) specialised radiation centre. Established over four centuries ago, JLU has a very rich history of achievements. It offers its clients methodologies, advice, equipment, laboratory space, scientific management of research projects, consulting on special measuring requirements and software development in various fields and supports interdisciplinary research.

#### Radiation Safety

The tests show that the material of the Amezcuca Bio Disc 2 and Amezcuca Chi Pendant contains an amount of energy radioactive emission within permissible/allowable range for human use.



### • NATIONAL ENVIRONMENT AGENCY (NEA), SINGAPORE



The National Environment Agency (NEA), the leading public organisation responsible for improving and sustaining a clean and green environment in Singapore, develops and spearheads environmental initiatives and programmes through its partnership with the people, public and private sectors. It is committed to motivating every individual to take up environmental ownership and to care for the environment as a way of life.

#### Radiation Safety

The NEA tests show that the material of the Veloci-Ti products and the Himalayan Crystal Collection™ contains a trace amount of low energy radioactive emission and certifies that it should not cause any health effect to the human body.

### • PSB LABORATORY, SINGAPORE

PSB test reports are widely recognised by manufacturers, third-party buyers, and government authorities in Singapore. Its laboratories are also accredited under the Singapore Accreditation Council – Singapore Laboratory Accreditation Scheme (SINGLAS) to ISO 17025.

#### Water Surface Tension Value

Results show that after treatment by the Amezcua Bio Disc and the Amezcua Energy Shell; the water surface tension value moved closer to that of pure water. The change in surface tension value renders the water more bioavailable, thus improving the compatibility of water molecules with the body’s cells. It also means that treated water carries detergent thoroughly into materials, again due to its surface tension value being close to that of pure water. This means a more efficient and effective washing of your laundry or dishes, allowing you to reduce the amount of detergent used. With less detergent used, wastewater discharged from the washing machine is more environmentally friendly.

### • I.H.M. INSTITUTE, JAPAN



Water not treated with the Amezcua Bio Disc\*\*

The I.H.M. Institute in Japan was founded by Dr Masaru Emoto, a Doctor of Alternative Medicine. Dr Emoto achieved international acclaim through his extensive research of water around the world. He is also the President Emeritus of the International Water for Life Foundation.

#### Energy Levels in Water

Research has revealed a correlation between the formation of water crystals and the quality of water, in terms of the degree of pollution. In recent I.H.M. Institute research, it became clear that energy could affect the formation of water crystals. Thus, water crystal formation reflects not only physical but also informational or energetic aspects of water. Water samples with a good balance of minerals and energy tend to produce beautifully formed crystals.



Water treated with the Amezcua Bio Disc\*\*

A water crystal experiment conducted at the Institute showed that water treated with the Amezcua Bio Disc produced beautiful and good water crystals, compared to normal distilled water. The treated water was found to have less ‘depressed’ water crystals.

\*\*Authorisation Number 080320702. Copyright © 2008 by Office Masaru Emoto, LLC.

### • SCHOTT AG, GERMANY

SCHOTT AG has achieved the EN ISO 9001:2000 standards for its quality management system.

#### Manufacturing Quality

The Amezcua Bio Disc and the Amezcua Chi Pendant glasses are manufactured in the SCHOTT AG facility in Germany.



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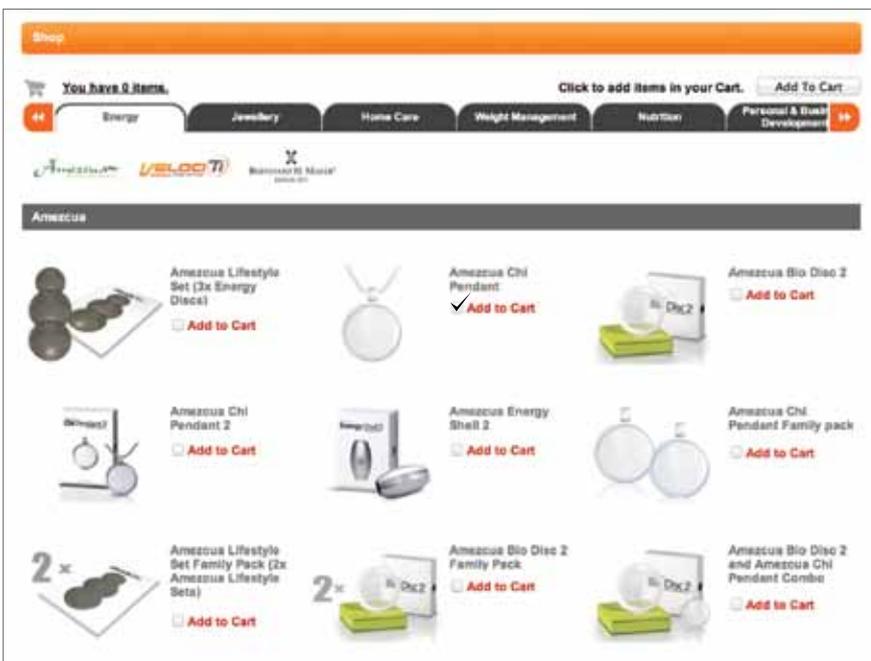
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**24/7 Global Support Centre****International**

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Indonesia	: 001 803 601 923
Malaysia	: 1 800 880 983
Philippines	: 1 800 1 601 0053
Saudi Arabia	: 800 860 1806
Singapore	: 800 601 1425
Sweden	: 020 795 050
Taiwan	: 00801 601 347
Thailand	: 1 800 060 102
Turkey*	: +90 212 414 1780
UAE	: 800 0600 212
USA	: 1 866 578 6077

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English Edition

