Dr. Michael Kucera, M.D.

Consultancy Center for Mitochondrial and Bio-Regulatory Medicine
Pricna 2, CZ36017 Karlovy Vary
Czech Republic
www.drkucera.eu

Dr. med. Michael Kucera

Dr Kucera is an internationally active medical doctor from the Czech Republic who is responsible for introducing the potential of Mitochondrial Medicine as a basic therapeutic tool. Dr Kucera monitors the efficacy of the therapy by heart frequency variability measurement. Dr Kucera was awarded the International Mitochondrial Medicine Association (IMMA) Prize in 2000.

Tests showed that when wearing the Amezcua Chi Pendant or drinking water treated with the Amezcua Bio Disc, users experienced reduced sympathetic activity of the nervous system, thereby reducing tension, increasing reserves of stress adaptation capabilities,increasing parasympathetic activity, and increasing energetic reserves. The test also showed a harmonising effect in cooperative relation between sympathetic and parasympathetic parts of the autonomic nervous system; this improves regulatory and adaptation mechanisms. Dr Kucera also showed that after one week of not using the Amezcua Bio Disc or the Amezcua Chi Pendant, the benefits to the users' cardiovascular function, regulatory systems and stress levels fell back to near default values.

Individuals involved in the tests manifested reduced symptoms, including better sleep, reduced tension, improved psycho-emotional disorders, and increased energy activities.

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