



LOSE WEIGHT NATURALLY

Qafé is especially formulated with premium green coffee beans and Nutriose® prebiotic fibre, to give you the natural weight loss effect. The green coffee bean used in Qafé is one of the highest in Chlorogenic Acid (CGA) content (53%) in the market, which has the inhibitory effect on fat accumulation and helps burn fat naturally.

The weight loss effect is enhanced with the presence of Nutriose®, which is a scientifically proven prebiotic soluble fibre that reduces calorie intake and gives you an extended energy release. This prebiotic fibre enhances your gastrointestinal health by improving your gut bacteria.

BENEFITS

- Helps melt fat and prevents sugar spike
- Curbs and reduces hunger by 71%
- Blocks carbohydrate absorption by 33%
- Increases your metabolism
- Promotes growth of good bacteria for gastrointestinal health

HERE'S HOW YOU CAN MAKE THE BEST OUT OF OUR NUTRITION RANGE DAILY:

MORNING		NOON			NIGHT	
Pre-breakfast	After breakfast	Pre-lunch	Lunch	After lunch	Pre-dinner	Dinner
EDG3 (1) sachet 30 minutes before breakfast	H2GO (1) tablet in a 300 ml bottle water	Qafé (1) sachet in 180 ml of hot water	Olé (1) teaspoon with meal	H2GO (1) tablet in a 300 ml bottle water	Kenta (1) sachet one hour before meal	Olé (1) teaspoon with meal
						



OLIVE LEAF EXTRACT FOR OPTIMUM HEART MAINTENANCE AND IMMUNITY

Olive leaf extract is widely considered as the ultimate natural defender of your immune system, containing 40 times more polyphenolics than extra-virgin olive oil. Olive leaf extract is well known to help maintain a normal and healthy cardiovascular system, as well as assisting in the maintenance of normal heart function. Olé is also traditionally used to alleviate cold and flu, common cough, and the symptoms of asthma.

BENEFITS

- Promotes normal heart function
- Supports healthy cardiovascular system
- Lessens the damage caused by oxidation
- Strengthens immunity to fight cold and flu

ARE YOU GETTING ALL THE NUTRIENTS THAT YOUR BODY NEEDS TO THRIVE?

THROUGH QNET'S RANGE OF ESSENTIAL HEALTH AND WELLNESS PRODUCTS, ABSOLUTE LIVING IS WITHIN YOUR REACH



Exclusively available from QNET

LIFEODE



EDG3

ACTIVATE. BOOST. PROTECT.



ENHANCE WELL-BEING AND BOOST HEALTH AT ANY AGE

Glutathione is the master detoxifier and antioxidant that protects your cells from harmful toxins and free radicals. With glutathione, toxins in your body can be transformed into non-reactive compounds that can be eliminated. The trappings of modern life, like unhealthy food, alcohol, smoke, sleep deprivation, and stress, rob the body of this vital antioxidant. The effects? Your cells and organs become prone to various illnesses and premature ageing. That's why you need strong antioxidant protection.

Feel amazing with EDG3 as it contains a US patented amino acid blend formulated to help your body produce glutathione naturally, and fight free radicals and oxidative damage by protecting the DNA from within your cells. A glass of this berry-flavoured drink ensures a strong protection for your cells.

BENEFITS

- Protects against free radical damage
- Detoxifies the liver and cells
- Strengthens immunity
- Boosts energy levels
- Reduces joint discomfort
- Improves skin complexion and reduces pigmentation

KENTA

NATURAL FOOD FORMULA INSPIRED BY THE OKINAWA DIET

NATURAL ANTI-AGEING FORMULA

Kenta is a delicious natural formula beverage inspired by the Okinawa diet, famed for being extremely nutritious and promoting longevity. Okinawa in Japan is known as the "Village of Long Life". People there are recorded to have among the longest life expectancy in the world, and the secret lies in their traditional diet. Kenta ingredients (fermented soybeans, fermented soy paste, Japanese sweet potato, and fermented sweet sticky rice) stimulate the natural production in the body of the Human Growth Hormone (HGH), which is important for preserving youthful vigour, looks, and strength.

BENEFITS

- Boosts your body's natural anti-ageing potential
- Promotes better skin and muscle tone
- Stimulates natural production of the Human Growth Hormone (HGH)
- Improves hair growth for thicker and more lustrous hair



EDG3 JUNIOR

NATURAL IMMUNE BOOSTER FOR HEALTHY GROWTH & DEVELOPMENT



According to WHO, because children's bodies are still developing, they are more susceptible to health risks found in the environment. Children's bodies may not be able to break down and get rid of harmful contaminants as easily as adults can. Exposure to environmental toxicants at early stages of development can lead to irreversible damage in their central nervous, immune and digestive systems. Furthermore, unlike adults, children are often unaware of these risks, have little control over their surroundings, and are not as capable of making choices to protect their health.

EDG3 Junior is made from the US-patented amino acid blend used in EDG3, which consists of the key nutrients for the body to naturally generate glutathione, which works better than vitamin C. EDG3 Junior is easily absorbed by the body owing to its unique technology, and has been clinically proven to effectively improve children's immunity and protect their brain and nervous system development.

BENEFITS

- Strengthens immunity to prevent flu or colds
- Improves your child's memory, mental focus and concentration
- Promotes healthier vision
- Supports a healthy digestive system
- Protects against contaminants and pollutant damage

H2GO

INSTANT ENERGY BOOST WITH HYDROGEN-INFUSED WATER

Dehydration disturbs physiological functions and decreases the body's efficiency, lowering metabolism, energy levels, and causing brain fog and fatigue.

H2GO is made from a proprietary ingredient from the USA. H2GO is able to generate 2.0 ppm of hydrogen, which is one of the highest concentration among market products. Molecular hydrogen – the smallest element and lightest molecule – easily diffuses into cells, mitochondria and blood brain barriers to deliver its unique therapeutic benefits. It can provide an instant energizing effect. Hydrogen also has a beneficial effect on cell signalling, cell metabolism and gene expression. It also provides magnesium mineral, which regulates over 300 biochemical reactions in the body.

BENEFITS

- Increases energy, mental clarity and focus
- Helps prevent fatigue and provides an instant energy boost
- Promotes better athletic performance and rapid recovery
- Converts selective free radicals into water
- Increases cellular hydration